November 2026 Links

FROM THE LEAF

1. Minutes of the 2025 AGM
   https://docs.google.com/document/d/1D9IpmTuFPVkEa8LQxmK70CvQnBGpza2c/edit?usp=drive_link&ouid=113843299895018555821&rtpof=true&sd=true

2. VOTE for Backpack Buddies
   https://ia.ca/donations-contest?vcrmeid=fogfPnZ46ECIzhb22EjMhA&vcrmiid=8m9vmaqL9ki6v6c7EbFi-g

3. Does anyone want SAFFRON?
   https://www.instagram.com/p/DfCwR3jxyQY/?mdxt=MWU5cmlsN3R3OG9sYw%3D%3D

4. Plant supply store
   https://www.jonsplantfactory.com/about-us/

5. BC Council of Garden Clubs Newsletter *"The Bulletin"*
   https://bcgardenclubs.com/wp-content/uploads/bulletins/2026/bulletin-2026-11.pdf

6. Green Roof Infrastructure Network –
   grinbc.org

7. Soil Seminars
   https://www.instagram.com/p/DfNNWm6gY08/?srtk=MXY5MHdtam05ZnNqOQ%3D%3D

8. Photosynthesis simplified
   https://www.youtube.com/watch?v=Le7KOX91w7U

9. Pollinator dependent food
   [1] https://www.fs.usda.gov/managing-land/wildflowers/pollinators/importance

10. Tenzin Seldon – New Economic Model to replace GDP > Gross Domestic Regeneration
    https://www.instagram.com/reel/DdwzU_3sY90/
    https://www.ndtv.com/video/can-gdr-change-how-the-world-measures-economic-growth-tenzin-seldon-s-big-pitch-1189672

BOTANY & BIODIVERSITY

11. Biodiversity – plants and microbes
    https://www.instagram.com/reel/DeASwZlDeA6/?rpxt=MTNmZWp2ZmNpMTJ1Mw%3D%3D

12. Michael Pollan – Plant senses
    https://www.instagram.com/reel/DfhrQ-9gPbJ/?dlrf=NTh3djd4bXVjcWF0

13. Where does a tree come from?
    https://www.instagram.com/reel/DfXRLWCOwPV/?psln=NjFvNmNwajE3aHNl

14. A little pond for little critters
    https://www.instagram.com/p/DfSejTQDKo6/?img_index=6&xtok=MWNleTc3em5ydGJ3aw%3D%3D

15. The biomechanics of trees
    https://www.instagram.com/reel/DdtaTVnJuMt/?xtok=MWZoeTFpdTlwZmltdQ%3D%3D

16. Mycorrhyza
    https://www.instagram.com/reel/DfNCT8xSZzS/?rpxt=bzVuMjR4YzY0MDdx

17. The science of agroecology/system science
    https://www.instagram.com/reel/DfIZtIzijf6/?dlrf=MXFzaW9sbmd2N3ZlcQ%3D%3D

18. Botany and fall in love with the world
    https://www.instagram.com/reel/DcjuHWqJp0K/?exln=bjFscG9wc2IzZm52

19. Plant Baby, plant!!
    https://www.instagram.com/p/DfDebEIjr3y/

20. Red maples are dioeicious
    https://www.instagram.com/reel/DeACX9vsvJW/?xtok=a293emMxdGpjb291

21. Apple varieties
    https://www.instagram.com/reel/De7y2WMTzQK/?obrf=MWg3djNkZWlxbjRpeg%3D%3D

22. More apples
    https://www.instagram.com/p/DfKbc6NFnVc/?dlrf=cDU0ZjBta2lpdm00

23. Ivy does not kill trees!! (and I cut mine down ☹)
    https://www.instagram.com/reel/DeZbXvsOcgd/?xtok=Nno3aGgycWJ0dWN6

24. Nut farm near Kelowna – genetic diversity
    https://www.instagram.com/reel/DeW6I5CNsEh/?dlrf=MWo0NHJxY2k3YWVnZA%3D%3D

25. Plants and salmonids
    https://www.instagram.com/reel/DfFf79KgSKj/?dlrf=MWFjc2c4OHRnd2I2eA%3D%3D

26. Stony creek in Burnaby - salmonids
    https://www.instagram.com/reel/DffWlWHCZQi/?rpxt=MTc1czRmMW1pNmswcQ%3D%3D

THE BASICS, TIPS AND TRICKS

27. Spray pants before bringing them back inside for winter
    https://www.instagram.com/p/DeiDky9gc4H/?srtk=d2RzNnJxNHI5eWFl

28. Plant planning for spring: what to plant together.
    https://www.instagram.com/p/DfexR9yCGGw/?img_index=6&rpxt=dndrdnFzYWY0aGFs

29. A new concept – chaos gardening, anyone?
    https://www.instagram.com/reel/DcyWJ0sRwqj/?dlrf=NXZ1NmRqaG83eXg1

30. How to clean your pruners – quick and easy – and it works: I've tried it.
    https://www.instagram.com/reel/DevzcyesdgF/?cplk=NHQ1ejQ1dmJidDBx

31. F1 on a seed packet- heads up!!
    https://www.instagram.com/p/Dezk5DTFo2U/?img_index=1&xtok=MXkwdmdyeWQ5emI4Mw%3D%3D

32. Quick ripen tomatoes – while you still can
    https://www.instagram.com/reel/DecGWd7oafE/?cplk=MXQ4aXFybTdzZWxqNQ%3D%3D

33. Winter sowing to get ahead
    https://www.instagram.com/reel/De6vj1khJOH/?obrf=OG5nbnM4dHV6MGRl

34. What to fall prune and what to NOT
    https://www.instagram.com/reel/DeJxCp5R-qq/?mdxt=MWpoYTRhbGdhOHc5ZQ%3D%3D

35. Pruning trees and creating habitat for critters
    https://www.instagram.com/reel/DfnCzM6O4LQ/?vrfl=MXdrcGFqNzNjdnA5Ng%3D%3D

36. Winter garden art
    https://www.instagram.com/reel/DfMR9bIIn6d/?xtok=MWJ4dzJwaHF5dnNsaA%3D%3D

37. How to deter cabbage moths – this is cool and funny
    https://www.instagram.com/reel/De7iy9kDSTe/?obrf=MTVudnVmMWVkeXllbQ%3D%3D

38. Tomatoes grown in a container
    https://www.instagram.com/p/DfSejTQDKo6/?img_index=6&xtok=MWNleTc3em5ydGJ3aw%3D%3D

39. Soil and what's in it
    https://www.instagram.com/reel/De_TCqEIBhD/?srtk=cDEzc3hibGdyOTdr

40. How to plant trees correctly
    https://www.instagram.com/reel/DeLByb0M3Uk/?dlrf=MTlmYnljZDFxMzN6cw%3D%3D

41. 9 Plants to plant under tomatoes for healthier soil and fewer pests
    https://www.instagram.com/p/DfGdDZtyYmm/?cplk=N2s1OXkwcWoyZGV0

42. 10 plants you only need to buy once
    https://www.instagram.com/p/DfDB4wNDP6A/

43. 7 plants the slugs spit out
https://www.instagram.com/p/DeYfKXwCiV2/?img_index=2&psln=MTZmeWYydmozMWQ0eA%3D%3D

44. Slug fest
https://www.instagram.com/p/Demz3JDCt3a/?img_index=12&rpxt=MTk5bDB0dXZ3b3JneQ%3D%3D

CHANGE THE WORLD!

45. Deforestation, species extinction, climate change – what to do?
https://www.instagram.com/p/DdXGQG6MbSs/?dlrf=eXo3eTFxd2Z2dm8w

46. Fix drought-blasted agriculture with orange peels
https://www.instagram.com/p/DefNwjDlEm9/?img_index=1&xtok=MWNiNGJmeGM5bTEyMw%3D%3D

47. How the Brazilian election saved of the world – Amazon deforestation slowed..
YOU REALLY NEED TO LISTEN TO THIS
https://www.instagram.com/p/DdXGQG6MbSs/?dlrf=eXo3eTFxd2Z2dm8w

48. Sustainable – biodiversity – Un-lawn
https://www.instagram.com/reel/DfGhXDYhM_N/?mdxt=ZWJ6dWU0M3NheXE0
https://www.instagram.com/p/DdA4sEvFK6A/?stkn=OWd4emIwNnpsZzdo&img_index=2
https://www.instagram.com/p/DfkRIiwCBwH/?rpxt=MXRrbHU1MGFzdWx0YQ%3D%3D&img_index=1

49. Before lawns
https://www.instagram.com/p/Dfdp2kPzMyG/?dlrf=Z3lmdm43M29zOHZi

50. Micro forest instead of lawn
https://www.instagram.com/reel/DesxzwThNEZ/?vrfl=dTYzYmVsZ2Nvdjg5

51. Remove tiles – to mitigate climate change
https://www.instagram.com/reel/DfLGf8pyzEW/?mdxt=dW9weGdjeDZsNmp0

52. Green lane
https://www.instagram.com/reel/Ddadh6hpg-m/?mdxt=eGNvODgwZ2J1MTJ5

53. Barillo reclaimed in Peru
https://www.instagram.com/reel/Deg9kbkAgAr/?obrf=aXVhOHR1aWZudGJ1

54. Native or not?
https://www.instagram.com/p/DfDAf6JIJc_/?img_index=1&psln=MWE4NnBrdG9wM2s5YQ%3D%3D

55. Gardening - going with the flow
    https://www.instagram.com/reel/DfwWFv3o_f5/

56. The young gardening mindset
    https://www.instagram.com/p/Dev7milCB1N/?img_index=9&obrf=MWh2MjExaHpraDF2MA==

57. Why weeds are weeds
    https://www.instagram.com/p/DfVH3-BDmS3/?img_index=1&dlrf=emN4azRhYWZiNXly

58. Leave the leaves – but do it right
    https://www.instagram.com/p/DezDYJRoGAn/?xtok=MW1nNDFyeHNtMGo5Yw%3D%3D

59. Leave the leaves – and why
    https://www.instagram.com/reel/DfKR3ErDKFB/?mdxt=MWI0Ymc0cHN3ZGtzag%3D%3D

60. What lives under the leaves
    https://www.instagram.com/reel/DexPNRsODCM/?cplk=MWJqdWV1MmV2aHk1dg%3D%3D

61. Leave those leaves!!
    https://www.instagram.com/reel/De7HZULxJz5/?psln=ZHFya2Rjd2E0ZmN3

62. DON'T do this to your leaves – think of all the critters.
    https://www.instagram.com/reel/DfUoIIRRx8L/?mdxt=MWl0OTB2YjlldTlsdA%3D%3D

63. Mangroves and why they are necessary
    https://www.instagram.com/reel/DfIZABCDNJC/?srtk=a21ucnc5ajViNXdh

64. Restoring Sao Paulo forests
    https://www.instagram.com/reel/DfFzhrOIWFe/?cplk=MXA0MHByNWR0eXh6NQ%3D%3D

65. Grow blazing star to help migrating monarch butterflies
    https://www.instagram.com/p/De3IXrZyErf/?exln=dWo4aGw0OG5mdzB4

66. Milkweed – fibers used instead of down
    https://www.instagram.com/p/DdUrdWGgLHH/?xtok=bjFzYzlxenFuNTRl

67. We're missing the bugs
    https://www.instagram.com/p/DeXVUgBINYo/?obrf=MWswcGxucDI2amdoeA%3D%3D

HEALTH & BEAUTY & FOOD

68. What gardening does to your body and brain
    https://www.instagram.com/p/De41WfBES7Z/?exln=MXQ2Nm13ODFibmpwaQ%3D%3D&img_index=2

69. The wisdom aging and gardening
    https://www.instagram.com/reel/Deu1voXSOI-/?dlrf=MWt3OXJxYjVjdmlzOQ%3D%3D

70. Dandelions – food, medicine – all edible.
https://www.instagram.com/reel/Del1OyFoIIY/?xtok=YjkzYmdwdjh5cW9i

71. Nettles!!!
https://www.instagram.com/reel/Dfjh5luy-g4/?mdxt=MTh2Y3ZnMHZqYWt4cg%3D%3D

72. Johnny Jump up – anticancer drug
https://www.instagram.com/reel/DfqUgUDPvpv/

73. Thyme – and how to use it – to soothe coughs and colds – anti-inflammatory.
https://www.instagram.com/reel/Dd3w4Hwj3XS/?dlrf=MW94cGhsYmwwdm13OQ%3D%3D

74. Herbs and health and how to use them – stuff we have around for cooking.
https://www.instagram.com/p/Dey4Rmogj64/?img_index=5&dlrf=NXhsczFoNTA5bTVt

75. Strawberry leaves are healthier than the fruit
https://www.instagram.com/reel/DeBhzOBpv3h/?obrf=dHR3ZnV2cnNlcnBu

76. Nutrition – Mulberry (I miss them…delicious!)
https://www.instagram.com/reel/De0Ygf3R-SK/?exln=MWxtYnFxMXR6dHJuMA%3D%3D

77. Free nutrition – *Apios americana*-have you ever heard of it or grown it?
https://www.instagram.com/reel/DchIUqKDaKG/?psln=NzI5dnI5aXp5anRn

78. How to make rosewater – simple and smells wonderful.
https://www.instagram.com/reel/DcEGBQ9Btvg/?psln=MWw0ZHoyN3RobXJyeg%3D%3D

HISTORY

79. The daffodil king – RHS – use the side arrows to read the whole thing
https://www.instagram.com/p/DfcxrqWADkP/?img_index=2&vrfl=MTBxZDQzenVzYW9oNQ%3D%3D

80. Tree rings – from year 7774 – a sunburst documented in biology
https://www.instagram.com/reel/Dewd0CTs0J8/?srtk=bGR4eHMzYjU3OG90

81. Artemisia – the naughty wormwood.
https://www.instagram.com/reel/DfnMnG-o87I/

82. She hunts fruit from 16th century paintings – and finds trees declared extinct – but still exist!
https://www.instagram.com/p/DfpHUmKFmHi/?img_index=1

COOL WEIRD STUFF

83. The irrepressible plant
https://www.instagram.com/reel/DfZSKiSBPbw/?xtok=cWdiNno2a3czcjBi

84. The oldest pot plant in the world – (and encephalitis is inflammation of the brain – not this)
https://www.instagram.com/reel/Dfc53hgg93z/?rpxt=MWx3Z2w5bzVud3Z3aw%3D%3D

85. HUGE weird trees in Senegal – in French but the pictures are incredible.
https://www.instagram.com/reel/DfW1SeOte4t/?vrfl=MWx0d2oxNjhvZWlobQ%3D%3D
https://www.instagram.com/reel/Deu1voXSOI-/?dlrf=MWt3OXJxYjVjdmlzOQ%3D%3D

86. Braided banyan roots
https://www.instagram.com/reel/DfPApjQxdo6/?vrfl=MWZyeTZib2xjYmswZA%3D%3D

87. Cool HUGE trees
https://www.instagram.com/p/DfDbWsYhpYW/?mdxt=bXdodmdiM2lmYThy
https://www.instagram.com/p/DezDYJRoGAn/?xtok=MW1nNDFyeHNtMGo5Yw%3D%3D

88. The most beautiful trees in the world
https://www.instagram.com/p/DfTBQZMiTvH/?dlrf=djhybTE3d204ZWZ3

89. Huge flower – not sure what it is – looks like a Baobab
https://www.instagram.com/reel/DenKFrrxJdI/?cplk=MXVpZzM1Y3pvN29sdA%3D%3D

FLOWER ARRANGEMENTS & COOL CHRISTMAS CRAFTS

90. Modern architectural
https://mail.google.com/mail/u/1/#inbox/FMfcgzQjggsZtdQFscsxTrBCMmFkZZdL

91. Red roses
https://www.instagram.com/reel/DdETUU5p8e9/?srtk=MTl2NWZkM3lydWd3ZQ%3D%3D

92. Beautyberry
https://www.instagram.com/reel/Dd1NtqNJ8ol/?srtk=MWQzNWNlb2ZzY3lyYQ%3D%3D

93. A very Zen arrangement
https://www.instagram.com/reel/DePH5hFyFHA/?srtk=MXFqeHhsOHRjYXlwcQ%3D%3D

94. Red Lotus
https://www.instagram.com/reel/Dc_c9JuN71S/?srtk=ZnBsemF6anBlYjV2

95. Eggplants anyone?
https://www.instagram.com/reel/DbAvWSApH3x/?xtok=MW9vN2llc2RqczdpZA%3D%3D

96. Orange berries
https://www.instagram.com/reel/DcD45nypOkn/?srtk=Y25xOTdzdTgwNTZh

97. Elaborate Japanese – (too much for me)
https://www.instagram.com/reel/DfPljIETchH/?exln=MTVuOWR0YzU1OGJ4dQ%3D%3D

98. Ginormous arrangement!!
https://www.instagram.com/reel/De5v5MYJ7K-/?exln=ZmQxNmluOWJqMzZ4

99. Packing with flowers
https://www.instagram.com/reel/De18GhYjSHH/?psln=MXJtYmZia3NrMW9icQ%3D%3D

100. Collect cones now for these Christmas crafts
https://www.instagram.com/reel/Ddz58FGC1Wn/?psln=MWh6OTQwY2hpNDNrag%3D%3D

ONLY GARDENERS UNDERSTAND THIS…

101. Gardening philosophy
https://www.instagram.com/p/DffTDOclXaY/?vrfl=MXhwdjczbm00bjg%3D&img_index=7

102. How to have the best garden on the street
https://www.instagram.com/p/Dem5zmDSHdX/?rpxt=MXdoYnRnY2k5aW82Zg%3D%3D

103. How to spot a gardener
https://www.instagram.com/p/DeWt6MpCm-4/?cplk=MXg4dGxlZDNkMW03dA%3D%3D&img_index=2

104. Things we get excited about (use arrows to scroll thru)
https://www.instagram.com/p/DfM5bbgjWgx/?xtok=MTg5c2lkNjUzNXN3ag%3D%3D

105. Gardeners when they get home from vacation
https://www.instagram.com/reel/DcqqmTyKhMF/?dlrf=dWxoM2duNXA1MjVu

106. Yoga for gardeners
https://www.instagram.com/p/De7aI1iDduj/?rpxt=MWNzYmN5bmFhOXBjdg%3D%3D&img_index=2

107. Gardening money
https://www.instagram.com/reel/Dd-xyeZsjTg/?cplk=cDZmYWYyNThzb2E5

108. Me and my pots
https://www.instagram.com/reel/Dc3O44pjTPB/?dlrf=ZmVmaDZzNXZlMnN2

109. Lies we tell ourselves
https://www.instagram.com/reel/DesxzwThNEZ/?vrfl=dTYzYmVsZ2Nvdjg5

110. How to scare a gardener
https://www.instagram.com/p/DfIZCNgEZ7p/?img_index=8&mdxt=MWg4cXhtamdyenByYg%3D%3D

111. What others think gardening is
https://www.instagram.com/reel/DdCjGY4yliI/?psln=bnMyaGYyNHFxenVj

112. How to sneak another plant in
https://www.instagram.com/p/DfFKytnHMRK/?img_index=1&mdxt=aTM1ZDF3aTRkd3ly

113. How to translate a gardener
https://www.instagram.com/p/De632jIkdAu/?img_index=1&vrfl=ajlyNTk3a2xibXht

114. Opportunity to maintain Japanese gardens
https://www.instagram.com/p/DfPFN9luPxP/?obrf=aWNiaDJpYm80MjBt

NOTHING TO DO WITH PLANTS – but interesting food for thought… the effect of social media. The perspectives in the comments are also interesting.
https://www.instagram.com/reel/DeJdzOoNFDy/

