

Links - February 2026

The Cyclamen Society - www.cyclamen.org

From Jane Sherrott's article:

SatinfLOWER nurseries outside Victoria, <https://satinfLOWER.ca/>

Northwest MeadowsCapes, Port Townsend, <https://northwestmeadowsCapes.com/>

Adaptive Seeds, Sweet Home, Oregon, <https://www.adaptiveseeds.com/seed-tag/new-returning/>

Full Circle Seeds, Sooke <https://fullcircleseeds.com/>

Row 7 seeds - <https://www.row7seeds.com/>

Salt Spring Seeds, <https://www.saltspringseeds.com/>

If you are interested in finding other BC seed suppliers, Farm Folk City Folk has a list on their website <https://farmfolkcityfolk.ca/find-seeds/bc-seed-suppliers/>

BC Eco-seed Co-op

https://www.bceoseedcoop.com/?srsltid=AfmBOorWRb_e8gMXFMuzx2RKpv3EE_U2z-Uj00nHnaykCkWMMdRjXCZs

HOW LUCKY WE ARE <https://www.instagram.com/reel/DUt-44liKMf/?igsh=MWO3czZxYXZ6bTjiag==>

Comox Valley Horticultural Society : <https://comoxvalleyhortsociety.ca>

Vancouver Hardy Plant Group: <https://www.vancouverhardyplant.org/>

Vancouver Master Gardeners: <https://mgabc.org/vancouver/>

VAN DUSEN GARDEN GUIDE: <https://app.betterimpact.com/PublicOrganization/5757625f-27eb-4d6c-9df5-ff3182c978da/Activity/49b4a4eb-9aba-417f-9b32-a36d6dcbc30d/1>

VEGGIES/EDIBLE

Seasons matter

<https://www.instagram.com/reel/DT8I4UmjB55/?igsh=eG0xZ3jidXVjMGZ1>

Veggie pots - companion planting in small spaces - great for balconies

<https://www.instagram.com/p/DTeQ8aGD1Y1/?igsh=bHYwZHZtaGJtc3px>

13 veg to grow in 5 gal post - great for balconies

<https://www.instagram.com/p/DT9DwtpEgml/?igsh=OHY2ZDdjlrOXEw>

Perennial veggies - seeds from Canada

<https://www.instagram.com/reel/DUHo-2bkbeY/?igsh=MTJtbzRzazh1N2lidw%3D%3D>

Perennial veg - sea-kale

<https://www.instagram.com/reel/DURw73pkOd4/?igsh=MTZ6dDZ5cXZncnRiYw%3D%3D>

Walking onions

https://www.instagram.com/reel/DS09Uq_E0cF/?igsh=MXdoZ2E2cWVwdzcyZQ%3D%3D

How to get early potatoes

<https://www.instagram.com/reel/DT5k4DLjPj6/?igsh=MXZjZTJ2YTAxdTBsaA%3D%3D>

No-dig potato tower

<https://www.instagram.com/reel/DUNMV3lAtzX/?igsh=MWx4M240cHJsdXByaQ%3D%3D>

Or another potato tower

<https://www.instagram.com/p/DULZXQJEU2o/?igsh=eGtvZDR5eXk2d21x>

9 plants to grow with strawberries

https://www.instagram.com/p/DUJNK0sj_Ga/?igsh=bW16M3Ftc24yOG8z

Tricks to growing Chillies and Peppers from seed

<https://www.instagram.com/reel/DTnh48cCJSQ/?igsh=NnNzaTYwY3Zidm5t>

Hugelkultur/raised beds for veggies

https://www.instagram.com/p/DT2m8czjNCv/?img_index=11&igsh=ZTjjZGExN2pmMW16

Victory Garden layout for maximizing veg

<https://www.instagram.com/reel/DTzETsujH85/?igsh=MXVhYTE2NXO4YW9iZO%3D%3D>

And check out his website and get the free pamphlet

<https://lilliehousekzoo.wordpress.com/2026/01/22/victory-garden-makeover-free-pamphlet/>

Tansy to protect your veggie garden

https://www.instagram.com/p/DTJp017Ew_3/?igsh=emFkZDdycnM1eTh1

Industrial veggies

<https://www.instagram.com/reel/DOgnr-5jgnZ/?igsh=OHk2bW1yZndsc3Q0>

Pruning cucumbers for better yield

https://www.instagram.com/reel/DT_nU0Xk8Ts/?igsh=MnllajlsNWU5N2Fn

Hydroponic potatoes

https://www.instagram.com/reel/DRb2KIYDUv_/?igsh=cnZkbHV6MzdyYTVw

Propagating spring onions

https://www.instagram.com/reel/DT7KwY_FV_9/?igsh=MXVjdn15Ym1vdjN3Zg%3D%3D

Plants to grow under cucumbers - for mutual benefit

<https://www.instagram.com/p/DUTllykEhlo/?igsh=OW1jemZ2aGw3YmFj>

<https://www.instagram.com/p/DULZlapk6lt/?igsh=MWg5YzhibWdwNTN3OOQ%3D%3D>

<https://www.instagram.com/p/DU mavfhE7zX/?igsh=ancxbTA0bmNiODd0>

Different fertilizers for different veggies

<https://www.instagram.com/reel/DRa18h7k7xA/?igsh=MTI4anpqNjRvNWs2Yg%3D%3D>

Choose ugly produce - it's more sustainable

https://www.instagram.com/p/DULoHluCcNS/?img_index=6&igsh=cGZremxkdmgyYWkw

Easy veggie containers for small spaces

<https://www.instagram.com/reel/DSZ9xomjZge/?igsh=MzVhNDQ4c2dyanNt>

Home-made pest repellent

<https://www.instagram.com/reel/DUBYRIIAJ32/?igsh=dWd0M3BmdGFmcXVi>

Edible trees and berries for Canadian growers

<https://www.instagram.com/p/DTiuS7qABXh/?igsh=MXFsYm84OGpmZW84OO%3D%3D>

Many ways to store herbs

<https://www.instagram.com/reel/DQwt1tpiPzz/?igsh=MWd2MmExd21ramJiYg%3D%3D>

PRUNING - to do now

But before you do - CLEAN YOUR PRUNERS like this

<https://www.instagram.com/reel/DUHPRE-kq2x/?igsh=MWxnaWoxZ2R5Y2FnMw%3D%3D>

Climbing roses

<https://www.instagram.com/reel/DUB67CcDDY6/?igsh=MWNqaTc0ejNhZmFxZA==>

<https://www.instagram.com/reel/DUD79-TiLHn/?igsh=OWE4cDNzcjkw3hu>

Basic rose pruning - easy and clear

<https://www.instagram.com/reel/DTuVaArDOUi/?igsh=Nzk3aDgwcWpiMTQ%3D>

<https://www.instagram.com/reel/DTgOiYcDOoJ/?igsh=MWVsOW52MXJvdGgycg%3D%3D>

Propagating roses from pruned cuttings (I have several pots going!!)

<https://www.instagram.com/reel/DUKq9RrjKRC/?igsh=MWRyazB5dWhweGw4Mw%3D%3D>

Pruning moss roses

<https://www.instagram.com/reel/DTqOv9ajbTr/?igsh=MXVzeTJnZTZ2cHloMQ%3D%3D>

Winter-prune Wisteria

<https://www.instagram.com/reel/DUD91QejAqF/?igsh=OGhvczB1bWI1eW5i>

Plants to prune in winter

<https://www.instagram.com/p/DTorGBSk7jd/?igsh=MWRqbndobWU5MTd1cg%3D%3D>

Pruning red-twig dogwoods

<https://www.instagram.com/reel/DT0W6JZjGnD/?igsh=MXRucm0xN2j0dDI0Yg%3D%3D>

Pruning Dogwood - and making a hardwood cutting for propagation

<https://www.instagram.com/p/DURel4ljiiD/?igsh=amJoeHZIZGlmNGty>

Pruning Acer (Japanese Maple)

https://www.instagram.com/reel/DTI0dmEDb_a/?igsh=MTkxdmd4anNyOGJvag%3D%3D

Pruning different types of hydrangeas

<https://www.instagram.com/p/DURxZBvk9m3/?igsh=MTVyZzJyODhpbDNrbg%3D%3D>

GENERAL GARDENING - winter/early spring

The case of the lost garden tools

<https://www.instagram.com/reel/DUaDKN1jN8J/?igsh=OXpnYnFocGdiZ20%3D>

Growing your own tools - yes, you read right!!

<https://www.instagram.com/reel/DTf0S1kjCfv/?igsh=MWFvNWxmeXU0Zm12aQ%3D%3D>

Natural fertilizer cheat sheet

<https://www.instagram.com/p/DULeqQhE2rR/?igsh=MzNoaW1idG95YnZw>

Don't clean up till it gets warm

<https://www.instagram.com/p/DTZCx0D0D5F2/?igsh=c2djcTA2aHlueXh3>

Hilarious gardening tip

<https://www.instagram.com/reel/DT9rQrPjaiG/?igsh=MThkeTBqMDB0YXUycw%3D%3D>

Award-winning snowdrops

https://www.instagram.com/p/DUfgLgrDOoC/?igsh=MXBzMXJsMDMwcTd6bg%3D%3D&img_index=10

Splitting snowdrops

<https://www.instagram.com/reel/DUUpbzOmDaFL/?igsh=MTNncjdwYW80Mmx3Zw%3D%3D>

RHS - Snowdrops - all sorts of varieties

https://www.instagram.com/reel/DT-3pm_DLeK/?igsh=eXdscXVpcTY1aDlJp

No-dig garden beds

<https://www.instagram.com/reel/DUuBTXYSiMNI/?igsh=aG9icTFsYW1scjQ4>

White clover instead of lawn

<https://www.instagram.com/p/DUJg6yyEWnL/?igsh=MjRnbXJtZ3NIM2dv>

What to plant and sow in January (OK February)

<https://www.instagram.com/p/DTI2WYAiIru/?igsh=MXc0N2pvdnU3MDVjcg%3D%3D>

Hellebore clean-up

https://www.instagram.com/p/DTIJP017Ew_3/?igsh=emFkZDdycnM1eTh1

Gardening tips we learned from Monty Don

https://www.instagram.com/p/DUSSIerCrP4/?img_index=3&igsh=cTZwOXpkaXF2YXpy

A winter garden

<https://www.instagram.com/reel/DR39IQtiILl/?igsh=NWd6bXkwaXVwaHRj>

Native seedheads to feed winter critters

<https://www.instagram.com/reel/DUG9TQIDyyQ/?igsh=dzVmdHFkc3p6MW1r>

Garden design

<https://www.instagram.com/reel/DUNyIw3Abvg/?igsh=MWFsMDhpM2pmd2QxZw%3D%3D>

Easy free plants - get sad nursery perennials now

https://www.instagram.com/reel/DUO_nFzjYjw/?igsh=MXZqdDF3cDAzeGU1aA==

Native coneflowers for wildlife

<https://www.instagram.com/p/DUA3R4UgG3u/?igsh=MXJiM3FiczMyY3QyMQ%3D%3D>

Easy plants to propagate from cuttings

<https://www.instagram.com/p/DTxu6-MDuwz/?igsh=MWRibmY2Z2g3ZG42Ng%3D%3D>

Cyclamens in winter

<https://www.instagram.com/reel/DUSwVYODf5f/?igsh=MXR4ZDByMjhrNTJu>

Plants and the bugs they repel

<https://www.instagram.com/p/DUQgrBpAbZ8/?igsh=NnplcGVqjduN3h6>

RHS- Chelsea flower show - things to look for

<https://www.instagram.com/reel/DUIT26oDLKB/?igsh=MWlqcjI0b2d2YmkxdQ%3D%3D>

From the RHS - Climbing plants

https://www.instagram.com/p/DUGDrYQDIu1/?img_index=4&igsh=YzE2bXFtNHNncDIp

RHS - All about Crocuses

https://www.instagram.com/p/DT2m8czjNCv/?img_index=11&igsh=ZTjjZGExN2pmMW16

RHS-Dahlia clinic - (sweep right to left)

https://www.instagram.com/p/DUqhwcRDNqU/?img_index=1&igsh=bGxhZ3U1OWZmbzUw

Best and worst flowers for cottage gardens

<https://www.instagram.com/reel/DUBsrZJD4A7/?igsh=MTd1OWpIYWwzMzMxdQ%3D%3D>

Easy cottage garden flowers

<https://www.instagram.com/reel/DT-s4jbgSR7/?igsh=Z2oyazJhM2t6dGw2>

Grasses for a cottage garden

<https://www.instagram.com/p/DTfl2Aslf53/?igsh=OXByZDRsNHg5bnBp>

Flowers great for cutting

<https://www.instagram.com/reel/DTe8AEjiNWD/?igsh=cnVzZmgwazM0bXps>

Sow Nigella now

<https://www.instagram.com/reel/DTORw-yjtkT/?igsh=MTIxcDd5d2R4YjhpZw%3D%3D>

Feed your Pieris

<https://www.instagram.com/reel/DUqNcTvjkjU/?igsh=MWp5ZW5lb3BkZ2lmYg%3D%3D>

12 groundcovers that keep weeds out

https://www.instagram.com/p/DT2m8czjNCv/?img_index=11&igsh=ZTjjZGExN2pmMW16

Groundcover

<https://www.instagram.com/reel/DOgrn-5jgnZ/?igsh=OHk2bW1yZndsc3Q0>

12 plants for shade

<https://www.instagram.com/reel/DTC3LixDMS7/?igsh=ZGg5cXg0cXRlbHJ4>

Planting fruit trees in winter

<https://www.instagram.com/reel/DTC-b25DDtq/?igsh=MXR5cWo2b2xqc3l3Ng%3D%3D>

Lamb's ears

<https://www.instagram.com/p/DTtyWKcD0oW/?igsh=MWx4cnkwcmYyenIyaw%3D%3D>

Flowers that are good dried

<https://www.instagram.com/reel/DTZdScJjxV2/?igsh=MTUyaGZzaTFhOG9wcg%3D%3D>

Sunflowers from birdseed

<https://www.instagram.com/reel/DO57CXeDWN4/?igsh=OXU3Y2w2NG9pYmZ0>

Why the wisteria didn't bloom

<https://www.instagram.com/reel/DUVXjwjtjU3B/?igsh=eGx6eWx6d3djbXQ0>

Cercis Canadensis

https://www.instagram.com/p/DUK13ioDs1c/?img_index=5&igsh=d2V0d2NybmtdOWV6

Dahlia tubers - HUGE

<https://www.instagram.com/reel/DTh04z6DLXN/?igsh=ZjYwYmp0eDIya3B0>

Calcium to feed plants and keep snails off

<https://www.instagram.com/reel/DTamQXVF1In/?igsh=MWFqajN2YTVwMnh1bw%3D%3D>

Houseplant tips - the cheap version

<https://www.instagram.com/reel/DO57CXeDWN4/?igsh=OXU3Y2w2NG9pYmZ0>

Monstera fruit

<https://www.instagram.com/reel/DTzIJ4fCGKu/?igsh=bW15eGdwemNuNGLn>

DIY - Drip watering for houseplants

<https://www.instagram.com/reel/DUdMb5PCv21/?igsh=MXF2b2wwc2NuODUxag%3D%3D>

More houseplant tips

<https://www.instagram.com/reel/DRH23YiEdFo/?igsh=YXFxYmozNzR6dXli>

Propagating houseplants/tropicals

<https://www.instagram.com/reel/DRC9eDXjq8D/?igsh=OHUzdTZtNXO1ZHB6>

Houseplant pot size

<https://www.instagram.com/reel/DRMwUB6DSvV/?igsh=MTc0dGxrMjBjbDM4aQ%3D%3D>

Why the amaryllis didn't bloom

<https://www.instagram.com/reel/DTQJVaICQ5c/?igsh=MWQ2cHZseGwdjRIYg%3D%3D>

SUSTAINABILITY-POLICY - POLITICS

Growing your own food

https://www.instagram.com/reel/DUrO-TUAQ_7/?igsh=MXUzciIwb2hzbDQ4dA%3D%3D

Turning deserts into arable land

<https://www.instagram.com/reel/DS7UeyeE2Ju/?igsh=MTluY2k5Mzk3a2V4OQ%3D%3D>

Desert to lakes & fields - Tchad

https://www.instagram.com/reel/DUQ_ZiBEsME/?igsh=MXh3YXAxM2dza21hcw%3D%3D

Floating gardens for food production

<https://www.instagram.com/reel/DUCnNzFjFFc/?igsh=MWFwNnAybjBvZDdmdA%3D%3D>

Landscape architecture for the future

<https://www.instagram.com/reel/DUqYgxzjJxu/?igsh=MXZnczBvMDMya2JmNg%3D%3D>

HEALTH

Another reason gardening is good for you - the dirt under your nails

<https://www.instagram.com/p/DUQnguxE6hO/?igsh=b2RnbGswMjcybTJ6>

Thyme and its health uses

<https://www.instagram.com/reel/DUI9xSRjGL-/?igsh=zBleTd1ajNvZWp4>

Medicinal properties of Broadleaf Plantain - it's not a weed!

<https://www.instagram.com/p/DTopriZCTaB/?igsh=M2U2Zzhjb3EydGNr>

...and the narrow-leaf Plantain

<https://www.instagram.com/reel/DTc3LixDMS7/?igsh=ZGg5cXg0cXRlbHJ4>

Antimicrobial deadnettle

<https://www.instagram.com/reel/DUDxImQDBdI/?igsh=MW91NmlxMnkwOHlyZA%3D%3D>

Garlic - as an antibiotic

<https://www.instagram.com/reel/DTTJrebAJZY/?igsh=MXg0bmx6OGduenJmZg%3D%3D>

Healing properties of Calendula

<https://www.instagram.com/reel/DTsfneEDJTn/?igsh=MW1jMGw4ZGR6dzZqbA%3D%3D>

Calendula for healing

<https://www.instagram.com/p/DUGsS-EE1x1/?igsh=bGt2NXNmMGd2YTdm>

Healing herbs - poster

<https://www.instagram.com/p/DTsCK55iCss/?igsh=MWI4bDY0OXR0NmVtdw%3D%3D>

Chickweed as food and medicine

<https://www.instagram.com/reel/DUQrAk-DPi8/?igsh=bGNsNTZ4cWxzbjNi>

Dandelions - every part is healthy!

<https://www.instagram.com/p/DUReL4JjiiD/?igsh=amJoeHZIZGlmNGty>

In defense of the dandelion

<https://www.instagram.com/p/DTUeGkYiu6Q/?igsh=dHZhcHdoN3ltM3Jk>

Healing herb

<https://www.instagram.com/reel/DT18sSCYTJ/?igsh=YnFmdWhaTFtbmdr>

How to wash pesticides off fruit

<https://www.instagram.com/reel/DUSwVYODf5f/?igsh=MXR4ZDByMjhrNTJu>

SCIENCE- BOTANY

Plants think - neural networks

https://www.nbcnews.com/health/health-news/coffee-benefits-dementia-risk-lower-tea-benefits-two-three-cups-rcna257853?utm_source=nautilus.beehiiv.com&utm_medium=newsletter&utm_campaign=coffee-and-dementia-risk&_bhlid=0290ab25936437a85f2eb9a5c6339b2318615ead

Photosynthesis video

<https://www.instagram.com/reel/DUQKqXuDPm1/?igsh=c3N0bW0wbHdrYmUw>

Viviparous seeds/plants

<https://www.instagram.com/reel/DUGiRjwAIII/?igsh=MXBmZW55bnN5dnhxcA%3D%3D>

Trees that keep their leaves - and why

<https://www.instagram.com/reel/DSLALqEYvU/?igsh=MW83cm85Y2l6ZWdiaA%3D%3D>

Stomata - opening & closing - a cool video!

<https://www.instagram.com/reel/DTqohLmkqJP/?igsh=dG8xd3kxeWc4bm91>

Glass Gem corn - [Barabara McClintock got the Nobel prize - eventually, after 50 years of being told she is crazy - for discovering 'jumping genes']

<https://www.instagram.com/reel/DUnQ7osjFLU/?igsh=MXJvNnZzdWMxOHgzaA%3D%3D>

Horsetail spores under the microscope

<https://www.instagram.com/reel/DUPFb86DDec/?igsh=Y21rcXowMGVjdDg0>

Snowdrops treat Alzheimer's

<https://www.instagram.com/reel/DSx6gB8DS-4/?igsh=MTJmcXBwOwV0OTcyMQ%3D%3D>

Dandelions kill cancer cells

https://www.instagram.com/p/DTqhrfqka_8/?igsh=MTdpOGY1enVxcDI5Yw%3D%3D

Plant-based chewing gum that kills viruses

<https://www.instagram.com/p/DUGkbwxCFVG/?igsh=MTVvcmE1dTBxczZ6dA%3D%3D>

Bryophytes/mosses - these are glorious - don't forget to click on the arrows

https://www.instagram.com/p/DT0fMOPDGN3/?img_index=11&igsh=MWpmejRyNGIwNHpoNA%3D%3D

Speciation of birches

<https://www.instagram.com/reel/DSgXS4Dgff/?igsh=MXB6OWp3angwdjd4bg%3D%3D>

Apical dominance

<https://www.instagram.com/reel/DUa8NsejObN/?igsh=cTFubmJvYnZoNXNm>

Bacterial wilt in a warming world

<https://www.instagram.com/p/DUImQQdj2LS/?igsh=emllbWdlanBwNWJp>

Laurel vs Laurel

<https://www.instagram.com/reel/DTs7AO9jexk/?igsh=MWUzazhucmpqZWNkYQ%3D%3D>

Star anise - one healing the other toxic

<https://www.instagram.com/reel/DT3Un08Eczh/?igsh=eGd1d2dubzkxc2dx>

Yew tree toxicity

<https://www.instagram.com/reel/DTU3ebZCNrb/?igsh=cmFrOHlibmRld2V5>

Banana flower recipe

<https://www.instagram.com/reel/DTX7E3ZE9d5/?igsh=MWQzN2F0anJrNjAwMQ%3D%3D>

Invasive Arum plants

<https://www.instagram.com/reel/DURBYmTjcup/?igsh=MWszNjNuYjBjbWtvbA%3D%3D>

Plants that look safe, but are deadly - and we have them in our gardens

https://www.instagram.com/p/DULr8yKjela/?img_index=5&igsh=N3RiZDMxZDIzMjIx

Protect rainforests - I checked this out and it's not a scam site. It is a legitimate non-profit.

<https://www.instagram.com/p/DUNZuRtDI-N/?igsh=MXUybXd4ZWQybHFlaw%3D%3D>

Zoochory - plants propagated by animals

<https://www.instagram.com/reel/DUBtpO8DfRK/?igsh=Z3k3Zmd0Ynp2NXg%3D>

HISTORY

The Victorian language of flowers

https://www.instagram.com/p/DUnRFDRkIVG/?igsh=NnZlcXVrbWlsNDJv&img_index=8

The story of Sissinghurst

<https://www.instagram.com/reel/DTqk0yAAgyO/?igsh=dXlrY3FkZmVmeDdr>

Monty Don's favourite British gardens

<https://www.instagram.com/reel/DUaETYDDGTI/?igsh=MTVwYXphdHNIZXd0eQ==>

Heart-shape means love - and the Sylphium plant - this is super interesting

<https://www.instagram.com/reel/DTVvpkmgCxE/?igsh=MW81Zm5sdWh1bW94bg%3D%3D>

Why eggplants are called that

<https://www.instagram.com/reel/DTVsovxABo9/?igsh=MTI3M2x1NzVjaW9hcw%3D%3D>

Hellebores

<https://www.instagram.com/p/DTpu8LPjBLZ/?igsh=MWY4dW9rdWdsODg2YQ%3D%3D>

Cherry Laurel

<https://www.instagram.com/reel/DTnh48cCJSQ/?igsh=NnNzaTYwY3Zidm5t>

Avocado history

<https://www.instagram.com/reel/DRnKDgMEXEn/?igsh=MWZkeGdwZjRhM2I3Ng%3D%3D>

Osage orange

<https://www.instagram.com/reel/DTvaxzRgITT/?igsh=dTdmMXJhaXZxNGo2>

WEIRD PLANTS

Namibian desert lilies

https://www.instagram.com/p/DUoiA3UEmLP/?igsh=MTBvZW5pdDFnb3VjZg%3D%3D&img_index=2

Iconic flowers

<https://www.instagram.com/p/DUTjtwuDSTX/?igsh=MWx5OTJ4Y3ByeHpmeA%3D%3D>

GATfruit - not catfruit

<https://www.instagram.com/reel/DUfb-57jB9h/?igsh=eGZ5enprbWsxWxv>

Kew new - many species new for 2025 - and they are all weird!!

<https://www.instagram.com/p/DTP4NlgCnwD/?igsh=NWRxejgxaWRhNW01>

Giant Groundsels - these are really really weird

<https://www.instagram.com/p/DTfHOzPkTFn/?igsh=Nzhrejk2azduaDVh>

The cork oak

<https://www.instagram.com/p/DTQTRXLCHV/?igsh=dnlwcjludnZ4c3di>

The TK tree that blooms on its trunk

<https://www.instagram.com/p/DT1yqvXCJHX/?igsh=MW0waHgXOW4yNmZ5cQ%3D%3D>

Pride of Burma - the rarest flowering tree

<https://www.instagram.com/reel/DT1MRxqkdfc/?igsh=MXFzNXVxbmt0bGZ3MA%3D%3D>

1000 year old plant

<https://www.instagram.com/reel/DT5VelpElUv/?igsh=eDNzcnk1cmR5bmw2>

Its botany

https://www.instagram.com/p/DUbeIBbCDDa/?img_index=8&igsh=MTRmZHU4emtlZHg5MA==

Monkey-puzzle tree

<https://www.instagram.com/reel/DUIX-wDjTFb/?igsh=MWxteTFuMDJ5NGViOQ%3D%3D>

Amazing multi-colour Bougainvillea

<https://www.instagram.com/reel/DRUeBddj8HF/?igsh=enBpYm1nYThvNm80>

Dictamnus

<https://www.instagram.com/p/DT9DwtpEgml/?igsh=OHY2ZDdjlrOXEw>

Fireworks plant - thought to be extinct...

<https://www.instagram.com/reel/DUEAUrxieAT/?igsh=MTZ6OHU4ZncybWgweA%3D%3D>

Amazing combo Plumeria

https://www.instagram.com/p/DTL9g5LCMOI/?img_index=14&igsh=cGM0cW9ycXo5OWhj

Enormous zucchini

<https://www.instagram.com/reel/DSOEjI7iZ0E/?igsh=MWw0N3E4eWQ3N3kw>

FLOWER ARRANGEMENTS

Weird but cool - totally not what you'd expect

https://www.instagram.com/reel/DTx-XwyDZ_v/?igsh=aHlycDI4ZjRidTh0

Conventional but funny

<https://www.instagram.com/reel/DRGVWm0ESE8/?igsh=aTI5a2Vsd3RibG1z>

Succulents

<https://www.instagram.com/reel/DTF2JrqEcKo/?igsh=Ym93dXhsemFmMjVj>

Elegant with berries

<https://www.instagram.com/reel/DUA9phRDjax/?igsh=MThnaGx2OXM1bzB2OA==>

CRITTERS

Good slugs that eat other slugs

<https://www.instagram.com/reel/DTphSrpDLUX/?igsh=Z2d3ZmlodTNrcWt4>

Photosynthesis not unique to plants - here's a sea slug

https://www.instagram.com/p/DT3hC0VAHgz/?igsh=MTE2NDFpNH05OTQzaw%3D%3D&img_index=6

How bees make honey from nectar

<https://www.instagram.com/reel/DUVolqXjFAP/?igsh=MWZ1cG8ycDE3bnJpbw%3D%3D>

How a bee's tongue works

<https://www.instagram.com/reel/DUQOyzLjH7O/?igsh=MW5nM2tibXowcGJvcA==>

Leafcutter bees - architecture

<https://www.instagram.com/reel/DUZGkQ-AVLb/?igsh=MXF3OTdzZ3Yybhtbw==>

Moths up close - these are incredible!

https://www.instagram.com/p/DUGYTyQDBTC/?img_index=1&igsh=MXhzeDIxM2oxeW90bw%3D%3D

Wonderful wildlife photography

<https://www.instagram.com/reel/DUDRghKjLG2/?igsh=MTB1MXEweDJ3enZzZA%3D%3D>

Amazing time-lapses of fungi growing

https://www.instagram.com/p/DUMepQRCOIK/?img_index=2&igsh=dW95eGY4czJwd2Vq

Micro-fungi - up close photos

https://www.instagram.com/reel/DULeSv_CEOs/?igsh=MTl5d3lja3dudTEzYw%3D%3D

Fungi time-lapse videos: glorious!!

<https://www.instagram.com/reel/DUs18ysgA2H/?igsh=NG56cW4wem5ldTlu>

JUST BECAUSE

Coffee keeps dementia away!!

https://www.nbcnews.com/health/health-news/coffee-benefits-dementia-risk-lower-tea-benefits-two-three-cups-rcna257853?utm_source=nautilus.beehiiv.com&utm_medium=newsletter&utm_campaign=coffee-and-dementia-risk&_bhlid=0290ab25936437a85f2eb9a5c6339b2318615ead

Gardening - beautiful words

https://www.instagram.com/p/DTcWj_3Daau/?img_index=1&igsh=MWx3Nmlmdm4wOTA2Zg%3D%3D

More gardening words

https://www.instagram.com/p/DT90lf3jePh/?img_index=4&igsh=bzh1bXA0ZTjiNjh4

Interesting words of wisdom

https://www.instagram.com/p/DTL9g5LCMOI/?img_index=14&igsh=cGM0cW9ycXo5OWhj

Buying Canadian

https://www.instagram.com/p/DTiyVWUgH_H/?igsh=MW9lMWg5bzI2eGczOQ%3D%3D

Plants cure baldness

<https://www.instagram.com/reel/DQHaaEAj797/?igsh=bThpaGh3Y2hlyWZs>

Phases of a gardener

<https://www.instagram.com/reel/DUa71iYDHSB/?igsh=eDEwZmNxOHV3N25s>