

### President's Message - Lorraine Robson

Having returned from Italy last week, my head is full of beautiful images. When I travel, I love to see how people live in other parts of the world, try new kinds of food, visit gardens, historical sites, art galleries, and museums, practice my language skills, and interact with the locals. I am chuffed when I request a latte macchiato (steamed milk "kissed" by espresso) in polite Italian and the barista compliments me with "Perfetto!" At the same time, I realize that I must sound far from a native speaker because when I correctly order a drink in English at home, no one ever praises me for getting it right.

At the Executive meeting this week, Sarah asked me what was the highlight of the trip. It was celebrating my dear sister-in-law's 65th birthday by renting a boat to take us and our husbands around the stunning limestone island of Capri to all the caves, including the ultra-touristy Blue Grotto which she declared to be the "best tourist trap ever!" We also enjoyed the cross-cultural pollination of seeing little children dressed in Hallowe'en costumes popping in to high-end shops like Fendi, Chanel, and Ferragamo on Capri's main street to collect candy in their plastic pumpkins. I wanted to tell them about the advantages of using a pillowcase, but my Italian isn't up to that.

Fortunately, many Italians we met speak English better than my Italian, so we could communicate. Whenever I travel, I am struck by the realization that, whatever the differences of language, culture, religion, history, and geography, the things people share in common are far greater than any differences. I will remember our conversation with Donatella who brought us coffee on our hotel terrace each morning in Sorrento when she told us that she'd be having a day off tomorrow. When we asked how she'd spend it, she told us that she would visit her daughter and little granddaughter who had caught a cold during her first week at daycare. She was confident the little one would be fine, but worried about her daughter feeling torn about needing to go back to work and wanting to be with her child. Or our conversation with Luigi, our young hotel clerk in Naples, who wasn't thrilled with the children adopting the North American tradition of Hallowe'en and invited us to come back at Christmas to visit his grandfather's home to see what a real Italian family holiday was like. His pride in his culture was as sincere as his friendly offer.

A highlight of returning home was hearing that the members at the October General Meeting had literally applauded the idea of filling and decorating Christmas hampers for others instead of making something for ourselves. Please read more about what to bring to the December 8 party elsewhere in this issue. We'll update the party plans at our AGM this month along with voting on six motions including the proposed budget, the proposed donations, and the candidates for executive officers and committees. Please read those details in this issue and come to the AGM on November 17 to vote. We'll also enjoy a talk by Christine Thuring from the Native Bee Society on "Let's Make Bees our Primary Clients." While it's lovely to travel, it's always great to come home, too. See you soon!

**Executive 2022** 

LVGC MEETINGS
3rd Thursday of each
month (except July and
August) currently at
Mount Seymour United
Church
1200 Parkgate Ave,
North Vancouver,
BC V7H 2X9
(604) 929-1336
Meetings start promptly at
7:15 PM

## SPEAKER CHRISTINE THURING: LET'S MAKE BEES OUR PRIMARY CLIENTS

November 17

If you need to contact anyone at LVGC please use email or phone! If you must send a thing – phone to get the address and send it to a VIP (list is on the next page)

PLEASE USE ELECTRONIC ACCESS Your emails are welcome! lynnvalleygardenclub@gm ail.com

# President Lorraine Robson x Vice President Gillian Konst x Secretary Sarah-Jane Gray x Treasurer Donna Wasylik x Membership Barb Downman x

Members at Large (MAL)
Penny LeCouteur x
Ann McKinnon x
Courtney Mitchell x
Marilyn Bullock x
Brenda Reid x

### Committees

Newsletter Editors Maria Issa x Margaret Campbell x

Plant Table Norma Buckland x

Hospitality
Sharon Carabetta x
Susan Nicholls x
Daphne Page x

Sunshine / Door Prizes Rosamond Hughes x

Website Aline Burlone x

Executive Meetings
Will not happen in December



Newsletter items to <u>lynnvalleygardenclubnewsletter@</u> <u>gmail.com</u> by Nov.30

Thanks to LEAF contributors: Rosemarie Adams, Norma Austin, Judith Brook, Margaret Canpbell, Tom Davis, Irene Dudra, Barbara Frisken, Rita Marshall, Jackie Morris, Bonnie Noakes, Lorraine Robson, Wayne Smith

### **SPEAKER**

### Christine Thuring from the Native Bee Society of BC: LET'S MAKE BEES OUR PRIMARY CLIENTS

Christine Thuring is an inter-disciplinary plant ecologist with a passion for enhancing conditions for biodiversity and healthy communities, with expertise in the built environment. Christine holds a PhD from the Department of Landscape at University of Sheffield (2016). She is very interested in urban ecology, and especially curious about creating native bee habitat in cities, whether through gardens, green roofs, or other forms of green infrastructure. Christine is a founding board member of the Native Bee Society of BC.



### **2022 ANNUAL REPORTS**

### President's Report - Lorraine Robson

The Lynn Valley Garden Club continues to adapt and thrive despite the ongoing challenges of COVID and the disappointment that our previous meeting place at St. Stephen's (from September 2018 till the whole world shut down in March 2020) is still unavailable. We carried on with Zoom meetings from January to June of 2022 while I searched for an alternative meeting place. Many potential sites didn't even bother to return my calls which is a measure of how many requests the limited number of spaces receive. When Mt. Seymour United Church actually responded and was available at a decent price for all but one of the dates we requested, I was thrilled. We held our first meeting there in September.

Our new meeting space is big with clear sightlines, a soaring ceiling, built-in projector and screen, and comfortable padded seating. Those of you who remember the challenges of finding a good seating spot at our earlier meeting place at St. Clement's where your view was not blocked by a pillar, might agree that the new space is more comfortable and preferable in most ways except for its being outside Lynn Valley. Remember the ordeal of unstacking and restacking the chairs in both our previous meeting places? Remember the tiny storage cupboard at St. Clement's and the complete lack of storage at St. Stephen's? Mt. Seymour has provided us with ample storage for our many large totes of LVGC "stuff" and our unwieldy Plant Sale signs, too. Thanks to Courtney Mitchell for sorting, packing, and labelling so much of our stuff.

While the LVGC is already known for the quality of its speakers (*vide infra*), meeting on Zoom allowed us to invite wonderful speakers from even farther afield, such as Kristin Miskelly from Vancouver Island, Kevin Kelly from Pennsylvania, and Antonia Issa on her way home from Mexico. Though we missed meeting in person, we tried increasing interaction of members by using breakout rooms to add that social element. It was wonderful to chat with old friends and meet newer members. In October, we tried our first hybrid meeting combining Zoom and an in-person speaker. I hear there were some technical challenges with the sound, but full credit to Maria Issa and Aline Burlone for setting it up and trying it out. None of us has experience doing this, so we are figuring it out and adapting as we go. (If you do have experience, how are you helping?)

We had one of the coldest, wettest springs ever which lasted right into June. Happily, the sun arrived just in time for the Friday set up of our Plant Sale on the May long

weekend and lasted throughout the weekend! Like magic, donated plants and volunteers showed up with the sunshine to contribute to a very successful Plant Sale. Members and customers alike were beaming. Many thanks to our MALs, Ann McKinnon, Penny LeCouteur, Courtney Mitchell, Brenda Reid, and Marilyn Bullock, for their excellent organizational skills and hard work. Warm thanks as well to our generous site hosts: Kathy Stubbs, Linda Schell, Maria Issa, Judy Lashley, Carol Ferryman, and Sharon Carabetta, and to Jennifer Sydenham for collecting the proceeds and making multiple bank deposits. It felt truly wonderful to be working together again after being isolated at home for so long. Our efforts raised enough money that we could donate a record \$5,600 this year!

One of the challenges of planning events during a pandemic is that we're never sure what the rules and health protocols will be when the event happens. Would bus travel be safe? Or even allowed? We adapted by planning a combined Bus-less Field Trip and Members' Garden Tour in July. We met at Maplewood Flats for a visit to their native plant nursery and a guided walking tour focussed on native plants to attract birds and pollinators. The District of North Vancouver chose the day of our tour to pave Fairway Drive, so our visit to Delphia Johnstone's garden had to be postponed till after lunch. Donna Wasylik and Barb Downman adapted to the change in schedule, welcoming us to their lovely gardens a few minutes away. Those members patient enough to wait for the road surface to dry enjoyed a treat when they visited Delphia's. All in all, it was a lovely day.



We'll hold an election of LVGC officers at our November AGM with the following members having volunteered to stand for election:

- Vice-President: Judith Brook.
- Treasurer: Jennifer Sydenham
- Membership: Ann McKinnon & Alison Parkinson (2 positions)
- MALs: Jane Sherrott, Linda Downs, Jacquie D'Auria (3 positions)
- Hospitality: Miriam Scott and Leneen Webb (as a back-up person as needed).
- Plant Table: Cath Rickey.

Nominations for these positions will also be taken from the floor during the meeting and a vote will follow.

Thank you to everyone on the executive and committees for being a pleasure to work with and for working so tirelessly on behalf of the club. I have so enjoyed getting to know you all better.

### Vice President's Report - Gillian Konst, with Judith Brook

Aline Burlone has kindly created a list of ALL THE SPEAKERS since 1997 - Please see the list appended to this LEAF.

It is quite amazing in terms of the variety, the expertise, and the excellence that we have been able to tap into. Thanks to Aline for compiling the list and a BIG thanks to all our past speakers who have taught us, entertained us, and opened new doors to knowledge. This month's speaker fits right in there – as do our upcoming speakers.

**January**: Heather Edwards: Eco Sculpture program in Burnaby

**February**: Brian Minter. He has a list of topics and we have requested "Exciting Plants for a Changing Climate and What the Future Holds."

[Although our excellent VPs are past masters of the artform, be it known that it is always challenging to wrangle speakers, and it takes persuasion, persistence, tact, diplomacy, logistics, organization, a sense of humour, a discerning eye, a huge network – and did I say persistence and persistence? – ed]





### Treasurer's Report - Donna Wasylik

Bank Balance as of November 5 \$19,548.35 In Petty Cash \$100.00 Total \$19,648.35

Please also see the Proposed 2023 Budget (at the end of this Leaf) that you will be voting on at this coming November meeting which is the ANNUAL GENERAL MEETING.

### Membership Report - Barb Downman

LVGC has been at the full club capacity of 150 members throughout 2022. The spaces left vacant by members who

chose not to renew for 2022 were quickly taken up by new members and the club was full again by mid-January 2022.

There continues to be strong interest in joining the LVGC - we currently have a **waitlist of 28 people**. Since we typically have fewer than 12 to 15 spaces open up each year due to lapsed memberships, it is unlikely that we will have room in 2023 to welcome into the club everyone currently on the waitlist. To avoid this scenario, I strongly encourage you to vote in favor of the AGM motion to increase the Constitutional membership "cap" to 175.

LVGC would greatly benefit from the active participation that these new members will likely bring to the club. In order for our club to continue to thrive, we need more potential volunteers (for the plant sale, for plant rescue digs and for future roles on Committees and the Executive team).

To date, 63 of our current members have renewed their memberships for 2023. **Remember you have until December 31, 2022** to renew your membership for 2023. After that date "vacant" membership spaces will be offered to the people on the waitlist. Both new and lapsed members will be accepted on an equal basis until the member limit is reached.

Most of the meetings during 2022 were via Zoom and we averaged 59 attendees. We returned to in-person meetings on September 15 at our new temporary location, Mt. Seymour United Church, with 46 members in attendance. The October 20 meeting had a total of 71 members in attendance (45 in-person and 26 via Zoom).

Many thanks to Doreen Marbry for helping me with membership in 2022. I couldn't have done it without you!

Yes, it is membership renewal time again! As we did last year, we are running a **contest** to encourage members to complete their membership renewals early. The renewal form is included in this issue of the Leaf at the very back. The contest will be open to members who submit their completed renewal form and payment by **Friday, November 18, 202** (this coming Friday!!). Renewal forms and payments can be dropped off at the Membership Table at the November 17th meeting. If you can't attend the meeting, you can mail (or drop off) your completed renewal form to Barb Downman,

The winner will be drawn at random from all the membership renewals received by 5 p.m. on November 18, 2022. The prize will be a \$25 gift card to Maple Leaf Garden Centre.

### Why are we having an early renewal?

Early renewal helps to spread the administrative work related to membership renewal over more weeks, allows the Membership Committee to complete the bulk of the work before the start of the busy Christmas season and lets us get new membership cards out to you earlier in the new year. It also makes for a smoother transition to the new membership team taking over the role in January 2023.

What happens if I don't renew by November 18, 2022?
As an existing member you have until December 31, 2022 to submit your renewal form and payment.

After that date, you will be considered a lapsed member and will be accepted on an equal basis with new members drawn from the wait list until the member limit is reached.

#### Can I pay my membership fee by e-transfer?

While cheques are the preferred form of payment both cash and e-transfers are accepted. If you wish to e-transfer your payment, please sent it to <a href="LVGC.Treasurer@gmail.com"><u>LVGC.Treasurer@gmail.com</u></a> (don't forget the "dot" between LVGC and Treasurer). Please enter "2023 membership fee" in the comments box so your payment can be properly allocated by the Tre

### LVGC Annual General Meeting - November 17, 2022

### **Proposed Motions:**

1. To change the address of the LVGC from the former PO Box # to "The address of the LVGC will be determined by the Executive from time to time."

Rationale: we were paying to receive mostly junk mail while "real" mail arrives electronically now for free.

2. To raise the amount of unbudgeted money the Executive can spend without asking for approval by a vote at a General Meeting from \$300 to \$500.

**Rationale:** The soil we bought for the Plant Sale potting up cost more than \$300 this year; everything costs more nowadays and the amount specified in our **Constitution** has not changed in years. There was some discussion from the group as to whether \$500 was sufficient given the rising cost of everything. It was pointed out that we were considering raising the amount of unbudgeted money from \$300 to \$500.

- 3. To elect the following members to Executive and Committee positions as listed: Vice President Judith Brook; Treasurer Jennifer Sydenham; Membership Ann McKinnon & Alison Parkinson; Members-at Large Jane Sherrott, Linda Downs and Jacquie D'Auria; Hospitality Miriam Scott and Leneen Webb; Plant Table Cath Rickey.
- 4. To approve the Proposed Budget for 2023 (see details printed at the end of this *LEAF*).
- 5. To approve the Proposed LVGC Donations (see details printed in The Leaf).
- 6. To approve lifting the membership cap from 150 members to 175.

*Rationale*: We have many members who are unable attend meetings or participate in our activities but still wish to remain a part of our community. The Executive felt that while we absolutely want to keep these members and share *THE LEAF* with them, we'd also like to allow the people on the waiting list to join the club and participate actively. There was a strong feeling that we need new members who are willing and able to participate in many of the activities and commitments within the club. Raising the new membership limit to 175 seemed to be a reasonable number.



### **ANNOUNCEMENTS**

### Thrift Store at Mount Seymour United Church

- Norma Austin

If you were planning to do a little shopping before our next LVGC meeting at the thrift store attached to the Mount Seymour United Church, where we have our monthly meetings, you need to be aware that **the store has changed its hours.** 

THE NEW HOURS ARE 11 - 6 PM ON THURSDAY AND 11 - 4 PM ON FRIDAY AND SATURDAY.

The donation sheds are usually open Monday to Wednesday 9 – 7 PM and Thursday and Friday 11 – 4 PM. They are closed on Saturday and Sunday. Occasionally they may stop taking donations when the sheds full. Please check before bringing donations. Their Facebook page is MSUC Thrift Shop. The church website is: <a href="https://mtseymourunited.com/">https://mtseymourunited.com/</a>

"What you think, you become; what you feel, you attract; what you imagine, you create" - Buddha

### Remembering Mary Lou Thorpe

### - sent by Irene Dudra\* and Jackie Morris

With great sadness, we wanted to let you know that Mary Lou Thorpe has passed away. Mary Lou was a long-time member of LVGC and many of our members knew her and enjoyed her company. She was a very lovely lady, a great gardener and also a very active member of LVGC until she moved to Langley. She just recently moved into a seniors' care home. She enjoyed living there especially because of the large patio she had for all her many potted plants.

\*Irene Dudra was the previous editor of THE LEAF and to whom we owe its electronic success.



### A Picture of Marie Querns



### - sent in by Bonnie Noakes

We remembered Marie Querns in the October issue of THE LEAF, but I had forgotten to include this picture of her that Bonnie Noakes had found: Marie is in front, the small lady with the big smile. You might also note some other familiar faces. The picture is labelled "Amsterdam Tour 2009'. Did LVGC organize an "airplane tour" rather than a "bus tour"? Inquiring minds want to know! – *maria* 



### Sign of an obsessive gardener:

- Your compost pile is your pride and joy.
- You keep adding new tools to your collection ... even as you keep on using the same old tools you have for decades.
- You shovel snow not to clear your driveway, but to cover delicate plants.

### Purple Photos Requested for the BC Council of Garden Clubs' Newsletter

Lynda Pasacreta writes: I am now requesting **purple** photos for our December newsletter. The Canadian Garden Council recently announced that celebrations in the garden will continue in 2023. Year of the Garden 2023 will celebrate **purple** flowers and plants in the garden. [so] Please send

<u>lyndapasacreta@gmail.com</u> your **purple** photos by *end of day November 15.* I am looking forward to your interpretation of **purple**!





### Haemanthus humilis ssp hirsutus

### - Rosemarie Adams

I purchased this at the Alpine Garden Club Plant Sale in September. A few members there said that it was a nice plant, but hard to get it blooming. Well, lucky me, just one month after I purchased it, up popped this lovely flower. I had been keeping it outside, but as of end of October, I have now moved it inside. It is native to South Africa and is in the Amaryllis family. Interesting plant. [Love the name: "humble and hairy" – m]



### Benefits of Leaves for Mulch and Compost

### - Tom Davis



We have been using shredded maple leaves for years, adding them to our compost to provide much needed brown material. Unfortunately, three years ago we lost a long-time friend that every year covered our entire back yard 6 - 8 inches deep with a beautiful brown/orange carpet. These leaves provided us with a **free** organic material that supplied us with all sorts of benefits.

The first benefit was derived from the children playing for hours in huge

piles of leaves that they would spend hours enjoying.

The second benefit was exercise. Going out in the yard with a lawnmower and 15 - 20 bags, it could take up to two days to clean them up.

Placing shredded leaves on your garden helps control weeds by keeping weed seeds from germinating. They help the soil retain moisture by providing an extra layer that protects the soil from the sun and wind. Shredded leaves also protect the soil from rain erosion and help keep nutrients in the soil from washing away.



As trees grow, their leaves pull nutrients out of the soil. By adding shredded leaves to your garden, the nutrients are returned, soil fertility is improved. The leaves are decomposed naturally by weather, worms, and microbes in your garden.

These days I have to go further afield for my leaf sources. I find the district parks a great source at this time of year [such as the lovely pile in Cates Park, pictured at right]. Park employees blow them into huge piles that are easily picked up, taken home, and shredded for future addition to the compost or garden.



### The Great Migration - from One Season to the Next

### - Margaret Campbell

We've had our first snowfall and the leaves are slowly agreeing that it must be time to leave. But let's take a look back for a moment at the beauties of the transition....

Here are some trophies from Judith Brook's summer yard. And she sent the following links for those who



expressed an interest in the source some of her seeds from William Dam nursery:

bracts. link HERE

Sweet Sultan, *Centauria imperialis*: Unusual sweet scented, fringed, large cornflower type resembling thistles. Blooms in shades of lilac, yellow, and white. Annual. link <u>HERE</u>

Ammi, Green Mist: *A. visnaga* Rounded pale green umbels with dark green ferny foliage. Annual, link HERE





Bupleurum: *B.*rotundifolium
Trendy limegreen leaves
with contrasting
yellow flower



And oh, those gorgeous leaves....



Dahlias were spectacular this year and Wayne Smith is sighing to say farewell ....(left)

But as we slid into Fall, we started to remember its special delights.

Every year, the UBC Apple Festival gives everyone a lift.... Yes, you missed it! ... but the link is in the November Links anyway – so you ban book early and not miss it next year.



And now we are moving into Winter mode. But while gardeners are busy putting their gardens to bed, concentrating on clean-up and mulch, there are still some fun things to look forward to.

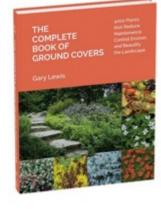




Christmas wreaths are making an appearance.... And note that the UBC Botanical Gardens is offering adult Wreath Making workshops **Saturday Dec 3 at 9 am and 1 pm Sunday Dec 4 at 1 pm.** 

Christmas gifts are about to take over centre stage. Gary Lewis of Phoenix Perennials has published a must-have book for gardeners entitled *The Complete Book of Ground Covers* and it is already being advertised as an ideal Christmas gift.

We may be missing our hands-in-the-ground activities,



but there are some interesting things to look forward to.

### The Green Thumb Award: Gillian Morris



Gillian Morris was a member of LVGC and would likely still be the youngest member. She is now living in Kelowna. Last year, *THE LEAF* published a picture of her in her front

garden engulfed by squash vines reminding many of Triffids.

These pictures are of her *ONE tromboncino* plant and its products. All were over 3 feet long, some in curves and corkscrews. The plant climbed up, over and onto her deck and over the lawn. Weight-lifting, anyone? She is determined to not plant so many squash plants in the future.









### Maplewood Flats: A Busy Time

The month of November is very busy at Maplewood Flats as they work on their goal of expanding the number of native species at the Flats and educating the public on the importance of this work.

#### **Plant Rescue**

Maplewood's **Coast Salish Plant Nursery** has been recruited to help salvage and re-locate many native plants from Musqueam land at UBC that will soon be used for a housing development. A group of volunteers has already been hard at work to achieve this. The task has included identifying native species, digging out the plants, potting them, and delivering them to Maplewood for re-planting.

Not only will these rescued plants increase the number of native plants at Maplewood Flats, they will also compete with (and we hope, eventually defeat) invasive species while providing food and shelter for our wildlife.

### **Native Plant Workshops**

The Nursery is also launching workshops to educate the public on the importance of native plant species. The workshops will focus on the importance of species such as sword ferns, Salmonberry, Red-Osier Dogwood, Hardhack, and Thimbleberry in the environment and will include hands-on exercises in propagating cuttings.

### The Laidback Gardener

### - Barbara Frisken

Have you been a follower of the blog authored by Quebec horticultural writer Larry Hodgson? It has long been a source of wisdom for puzzled – or just curious – gardeners. He inspired many, as you can read in this comment posted by one reader:

### Bryanna Keseloff

June 25, 2022

I want to thank you for imbuing passion in a young and budding horticulturist. Back when I was first learning (2014, 2015, I think?), your blog was the one that I would come to the most, and the wisdom and education you provided was, still is, invaluable. It helped to inspire in me a deep love of

### - Rita Marshall

The workshops will take place at the Coast Salish Plant Nursery from 11 am to 12.30 pm on Saturday, November 19th & Saturday, November 26th.

Each workshop will begin with a short walk on the trails to show attendees what the plants look like. Then attendees will come back to the plant nursery and have an introductory session on the basics of propagation and the different methods that can be used. The attendees will each get a selection of cuttings to help propagate. If you would be interested in attending one of these workshops, fill in the form at:

<u>Coast Salish Plant Nursery School Workshop Series</u> Survey (surveymonkey.com)

### Photography Walk and Workshop

On November 19th, Vancouver-based artist and photographer, Paul Moldovanos, will be offering a presentation of his nature photography at the Nature House at Maplewood Flats. He is a passionate advocate for wildlife conservation, and he has been the official photographer for the Artists for Conservation Foundation Festival for many years. His photography works are available his website. at www.moldovanos.com. During the workshop, he will go through his portfolio and answer questions about select works from the audience.

Time: 11 AM to 1 PM. Cost \$20, Student \$15, Wild Bird Trust Member Free



plants and ecology, and I am now in the process of pursuing a career in horticulture, and possibly later even landscape design. I have learned so much from you, and even down here in Florida, your lessons ring true. I still have so much to learn, but I hope that one day I can inspire a love of horticulture in people the way you've done for me. From the bottom of my heart, Thank you. A Forever Student, Bryanna

Larry learned to garden as a boy, in his family's backyard in Scarborough, Ont., at the knee of his father, an accomplished gardener. Although he originally aspired to be a teacher, he gradually returned to his first love. And he got good at it — joining gardening clubs and writing for international plant societies.

In 1984, he decided to quit his job and try his luck making a career out of his horticultural writing. A series of articles in Quebec City's French daily, *Le Soleil*, led to a weekly column that lasted four decades. A pitch to CBC Quebec resulted in a weekly gardening segment on the afternoon show, *Breakaway*, with then-host Jacquie Czernin, that ran for a dozen years. The Télé-Mag network came calling, too. His TV show, *Dans mon jardin avec Larry Hodgson*, airs in spring and summer in Quebec and Ontario.

Over his career, he has authored 64 books on horticulture. The 65th comes out next spring. Sadly, Larry passed away in October 2022. His happy sense of humour will be sorely missed!

Larry wrote his blog daily for eight years, so there are 2,800 articles already available on the website, and the Search button enables the tracking of specific information. As he commented, type "slugs" and "marigolds" and you'll be amazed at the information you'll uncover.

Thankfully, his son Mathieu and a team of contributors will continue the mission of "demystifying gardening and making it more accessible to all." He hopes we will all become "laidback gardeners!" <a href="https://laidbackgardener.blog/2022/06/24/update-on-the-laidback-gardener-blog/">https://laidbackgardener.blog/2022/06/24/update-on-the-laidback-gardener-blog/</a>

### Superplant



### - summarized by Margaret Campbell

Instead of an air purifier, what about having a NeoP1 to clear the air in your home.?

According to a French company called **Neoplants**, it has bioengineered a version of a common houseplant called *Pothos* to remove as much pollution from the air in a house as 30 regular houseplants can accomplish.

An article in *Singularity Hub*, a magazine that chronicles technological progress, explains that Neoplant engineers figured out how to edit the *Pothos* genome so that it would metabolize volatile organic compounds such as --formaldehyde, benzene, toluene, and xylene -- that are found in many household items such as cleaning products, paint, upholstery and flooring. You can read all the details here:

https://singularityhub.com/2022/11/02/this-engineered-superplant-cleans-indoor-air-like-30-regular-plants/

The only question is ... how will I know if the plant is working? Presumably if it's growing that means it's cleaning the air, but how can I be sure I wasn't sold a regular plant, or that my Neo P1 is maintaining its effectiveness over time?

"Choice, not chance, determines your destiny." - Aristotle

### More signs of an obsessive gardener (there will be .... until I run out)

- You hesitate to leave your garden for long periods: after all, who will water when you're not there?
- Pots of plants awaiting planting tend accumulate in your driveway. You'll get around to planting them ... eventually!
- You find gardening more relaxing than a hot bath.
- You see plants that are stressed from afar and long before anyone else notices there is something wrong.
- You are seriously thinking about converting the walls and roof of your home into a garden, as you've run out of space for your hobby.
- You are obsessed with weather reports and their influence on your garden.
- There is no effort you won't put into saving sick, even dying plants.

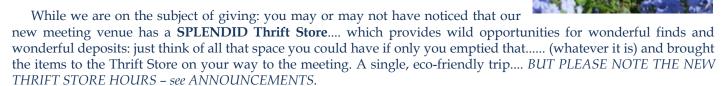
### THE GOOD WE DO

### Don't Forget Your Non-Perishable Food Items!

- Maria Issa

The October meeting's food gifts were WONDERFUL – [THANK YOU THANK YOU THANK YOU THANK YOU!!!!] and I delivered them to the Harvest Project's home base on Roosevelt St and talked to the team there. They were most grateful and were impressed that LVGC does this at meetings. KEEP UP THE GOOD WORK – It is so little but does so much!

By the way, did you know the Harvest Project has a "rent bank" that helps keep people housed? A great holiday giving idea....





### **Christmas Card Donations**

### - Jackie Morris and Courtney Mitchell

Last year because of COVID, Jackie and I were unable to attend the WISH Drop-In Centre Christmas party, as we have done for the past 10 years. However, our little support group still dropped off Christmas cards for the women who attend the WISH Drop-In Centre. This year we hope to attend the Christmas party, but if this is not possible, we will drop off cards again. As always, we are looking for bright sparkly cards with animals or cute pictures. Not so keen on calm countryside scenes!

If you have collected cards during this year, or if you have extra ones, we would be happy to collect them at the upcoming **November meeting** and at our **December 8 th LVGC Christmas Party** meeting. If this is not possible, please contact Courtney Mitchell to make arrangements for her to pick them up. Or if you are able, perhaps you could drop them off at Jackie Morris's home.



### The Christmas Craft >>> The Christmas Hamper

Traditionally, LVGC has made some sort of Christmas craft every year- we've had balls, bells, wreaths, centerpieces, teacups, candles – you name it, we've made it. Some ended up being quite beautiful – mine, not so much. Then we threw them out when they wilted and dried and died. Then we did it again the next year.

This year, we will be trying something a little different – something that also requires your artistic talents, some greenery, ribbons and bows and baubles – but the result will bring happiness to someone who really could use a little joy.

While the details are not worked out yet – the basics are the same. We will be putting together Christmas hampers either for the MSUC or the North Shore Women's Shelter. The Exec will get baskets and **you** will fill them with all sorts of useful stuff such as toothbrushes, soaps, shampoo, band-aids, socks, feminine hygiene products, hand-cream, lotion, combs, new undies, brushes, deodorant,

(go wild – nail polish!), whatever would make someone happy. We can even include cookies, chocolate bars, pens, tea, little pots of jam – let your imagination fly!!

We will bring all this wonderful stuff to the party – put them in piles, then parse them out into the beautifully decorated baskets what we will create together. So we will be doing a "craft" – but also so much more! Start shopping now! (I've already hit Costco...). Details to follow in the December *LEAF*.

THE COMPOST BIN - Maria Issa

So here we go again, connecting some weird dots. Those Superplants (see Margaret's summary, above) have given me so much hope in this crazy world. Maybe we can fix it? The world...I mean....

Those *Pothos* (the non-bionic ones) we found quite funny in the Yucatan when we were there with Penny and Courtney *et al.* HUGE *Pothos* were everywhere, climbing on, wrapping trees; along with monstrous *monsteras* with leaves the size of car tires hanging in wreaths, and those pointy variegated *Sansevieria*, - human-height... it was like one of those late-night mutant movies: the Revolution of the Office Plants!

If one little engineered plant can indeed eat 30 times the pollution of a normal plant – imagine CRISPR-inserting the pollution-fighting info into an entire jungle. [CRISPR – gene editing technology for which Emmanuelle Charpentier and Jennifer Doudna got the 2020 Nobel.]

OK, but first things first: let's say you actually spent the ~\$179 USD for your bionic office plant.... as the writer of the article asked, how would you know they sent you a real bionic one, not a fake?

There are easy ways to test this if you have a laboratory – in your kitchen, it is still possible, but a little more tricky: you would need to do a controlled experiment. You would need 3 large glass containers that can be sealed, some nail-polish remover, (a dropper), a bionic plant, a normal plant of the same size – and your nose. Drop the same number of drops of smelly nail-polish (acetone) into each glass container (glass, because acetone eats plastic) add the bionic plant to one, the normal plant to the second and nothing to the third. Seal the containers, wait a couple of days, then sniff. There should be lots of smelly acetone in the plant-less container, somewhat less in the one with the ordinary plant – and nothing in the one with the neoplant – if it really did the job.

Of course, if you have lab, life is a lot easier: you could sample the air and put the sample through a gas chromatograph.

The question you are really asking is "did the CRISPR technology transfer the desired genes into the organism?" I am sure the developers of the neoplant did wonder about that. It is a good question as GMOs (that people who don't understand how it works, rail against) are with us to stay: for example, consider some of the recent COVID vaccines that are created in plants (see <a href="https://www.canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines/plant-based.html">https://www.canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines/plant-based.html</a>).



The way to establish that the right gene went to the right place is to use "reporter genes" attached to the "working genes". A really cool "reporter" is the gene for the *luciferase enzyme* – the system that makes fireflies glow. Attach the worker gene to the luciferase gene – and if the worker gene transferred, the luciferase that went with, will make the cell/organism/plant – glow: you did it! The devil, I did! How the devil did the devil – Lucifer - get into all this? Lucifer needs some serious PR work done. The "Luci" part of his (its?) name, like

'lucid' or 'translucent' – means light; and the 'fer' bit means 'maker', or more historically 'bringer'. So Lucifer, before he was cast out of the Christian heaven, was an angel and the bringer of light. (Totally appropriate for fireflies.) However, even before the Christians, Lucifer, or a reasonable facsimile, existed in pagan mythology. Lucifer is one of various figures in folklore associated with the planet Venus – the morning star: aha! The bringer of light in the morning!

In Greco-Roman civilization, the morning star, Venus – the bringer of light - was often personified as a male deity bearing a torch. The Greek name for the planet Venus was variously Phosphoros (also meaning "light-bringer") or Heosphoros (meaning "dawn-bringer"). Lucifer was said to be the fabled son of Aurora (dawn!) and was often presented in poetry as heralding the dawn.

But wasn't Venus a woman, and a beautiful one at that? Wikipedia is only somewhat helpful: "The motif of a heavenly being striving for the highest seat of heaven only to be cast down to the underworld has its origins in the motions of the planet Venus, known as the morning star. By many complicated twists and turns of hagiography, "The Sumerian goddess Inanna (Babylonian Ishtar) became associated with the planet Venus, and Inanna's [...] descent into the Underworld appears to parallel the motion of Venus as it progresses through its synodic cycle. [...] This Sumerian mythology brought the female version of Venus/Aphrodite into the Greco-



Roman pantheon. Since Christianity had decided that Lucifer was a bad guy, he wasn't really allowed to have his planet, so the *female* deity of Venus/Aphrodite was then absorbed into representations of the Christian Virgin Mary.

It's complicated: and you should remember that the next time you dig up some *Corcosmium lucifer*.

But back to superplants: because we can insert the luciferase gene into plants – imagine TREES with luciferase genes: we wouldn't need streetlights! Potted orange trees on your bedside table would clear the air, let you read and provide your morning orange juice... and we haven't even scratched the surface yet! *Going forward*: A new show on TV called EVOLVE will explore such new scientific ideas.

https://www.imdb.com/title/tt15572588/mediaviewer/rm2373721857/?ref\_=tt\_ov\_i *Going back:* see history through chemistry and Penny's Book Napoleon's Buttons – was on pre-crash Twitter as a must-have chem book for students.



### **BREAKING NEWS:**



### Lynn Valley Donations Committee Report to the Executive October 5, 2022

The Donation Committee, consisting of Judith Brook, Jessica McCulloch, and Lorraine Robson, met to recommend where the club's \$4600 should be donated. Having reached consensus on our recommendations, we are pleased to present them for posting in The Leaf and being voted on at the AGM in November.

When asked for input about our donations this year, we received only three requests:

- to increase spending on books since they are increasingly expensive
- to add the City of North Vancouver Public Library this year since our members also live in the City of N. Van. and
- to continue with the Science Fair awards for botany-related projects to encourage young people to learn about growing plants.
- We have included recipients from past years as well as meeting the three requests above. We decided not to recommend donating funds to two groups who have sometimes been recipients in the past. While LVGC has donated money to Park & Tilford Gardens in the past, we learned that the "big diggers" on Sept. 17, 2022 had donated a beautiful peony and two tree peonies to Park & Tilford Gardens (P&T). Ann Pentland mentioned that P&T still had some money donated by LVGC to be spent.

Likewise, LVGC has donated to the BCCGC Scholarship Fund some years, but we decided not to recommend it because the BCCGC Scholarship Fund spends very little of the money they receive: only 4%. Most of it goes into their Legacy Fund. For the year 2021, \$13,050 was distributed to colleges and universities throughout BC. In previous years, even less money was distributed. The closing fund value as of Dec. 31, 2020 was \$330,706.70. We felt that we had enough money available for our donations to make a difference by it being spent now.

For next year, we would like to recommend consideration of these two projects:

- a new women's living centre being developed on the North Shore
- an additional hospice or Alzheimer's garden in North Vancouver.

We considered the following criteria when recommending recipients:

they had to be non-profit;

impart knowledge of gardening;

impart love of gardening; help in our community;

and help people learn the value of growing food/planting for pollinators.

Below is what we found with website addresses/etc.

- > Butterflyway David Suzuki Foundation <a href="https://davidsuzuki.org/take-action/act-locally/butterflyway/north-vancouver/">https://davidsuzuki.org/take-action/act-locally/butterflyway/north-vancouver/</a> Butterflyway Rangers develop and maintain new gardens to attract and support butterflies and other pollinators.
- ➤ City of North Vancouver Public Library for horticulture and sustainable living books
- **DNV Public Library** for horticulture and sustainable living books
- ➤ Edible Garden Education Project <a href="http://ediblegardenproject.com/fed-up/">http://ediblegardenproject.com/fed-up/</a> The schools/parents have to provide the planters and have to have a minimum of 3 classrooms that will participate. It costs \$500 per class. Students from kindergarten to Gr. 12 participate in learning how to grow and harvest fresh, healthy produce and become active participants in our local sustainable food system.
- ➤ Gerry's Garden (between Loutet Farm and Brooksbank Elementary) The caretakers of Gerry's Garden are the same: Howard Abel/Frank Morton/Don Gagan. Sadly, Gerry MacPherson (who created the garden to honour his son who died of cancer) died this summer at age 103. They dissolved their official society designation last year, so any donations are made out to Frank Morton. They created a new shade garden bed last year and the space is looking quite full and lovely.
- ➤ **NS Hospice (Lions Gate Hospital)** We have several members whose families have used this place. Some of the Master Gardeners volunteer their time here so the garden creates a welcoming and soothing spot for patients and families.
- > Wild Bird Trust administering for Maplewood Conservation Area Two of their employees gave tours to about 50 of our members on our combined Field Trip and Members' Garden Tour in July 2022. They have a native plant garden in the area just past the nursery toward Osprey point, in addition to an outdoor classroom, viewing area, etc. They also have an existing Butterfly garden on site designed to attract the Anise Swallowtail butterfly.

> YWCA Rooftop Garden <a href="https://ywcavan.org/blog/2021/09/ywca-rooftop-garden-help-keep-our-garden-flourishing">https://ywcavan.org/blog/2021/09/ywca-rooftop-garden-help-keep-our-garden-flourishing</a> In 2021, they grew 1600 pounds of food that helped feed the downtown eastside (in 2020 they provided 39,000 meals). The rooftop garden also attracts pollinators living in beehives on other rooftop gardens downtown.

Proposed Donations for 2022

Organization	\$\$\$	Non- Profit	Impart knowledge of gardening	Impart love of gardening	Our Commu nity	Learn the value of growing food/ planting for pollinators
Greater Vancouver Regional Science Fair (Botany-related						
project)	\$300	$\checkmark$	$\checkmark$	$\checkmark$		$\sqrt{}$
Butterflyway David Suzuki Foundation	\$300	<b>√</b>	√	√	V	$\checkmark$
DNV Public Library	\$300	<b>√</b>	$\checkmark$	√	√	
Edible Garden Education Project	\$2,000	<b>√</b>	V	<b>√</b>	<b>√</b>	$\sqrt{}$
Gerry's Garden (near Loutet Farm)	\$200	<b>√</b>		√	<b>√</b>	
NS Hospice (Lions Gate)	\$300	√		√	√	
Wild Bird Trust (Maplewood Flats)	\$450	<b>√</b>	V		<b>√</b>	<b>√</b>
YWCA rooftop food garden	\$450	<b>√</b>	V	<b>√</b>		√
City of North Vancouver Public Library	\$300	<b>√</b>	√	√	V	
Total Donation	\$4,600					

And if you really read this far - you deserve a treat:

https://wm-

no.glb.shawcable.net/service/home/~/?auth=co&loc=en&id=212245&part=2

### Lynn Valley Garden Club Proposed 2023 Budget

Please note that this is a proposed projection of income and expenses for 2023. Your executive recommends the following 2023 Budget for approval at the November 2022 AGM. The budget is again based upon a number of assumptions including: Full Membership, A plant sale in 2023 and a Field Trip and/or Garden Tour in 2023

<u>Income</u>	
Membership	3000.00 (150x20)
Guests	55.00
Plant Table	50.00
Plant Sale	6000.00
The Dig	600.00
<b>Income Total</b>	<u>9,705.00</u>
<u>Expenses</u>	
Bank Charges	60.00
BCCGC	300.00 insurance
Christmas Party	500.00
Donations	3000.00 50% of net plant sale and Digs
Door Prizes/Sunshine	450.00 (incl misc. gifts, door prizes)
Field Trip	500.00
Garden Tour	200.00 (light refreshments)
Hospitality	400.00 (meetings only)
Office Supplies	200.00 (misc.office supplies & postage)
Plant Sale Expenses	1800.00 (possible rental of venue, purchase of soil)
Newsletter	120.00 (postage & printing for The Leaf)
Property, Equip	100.00 (misc. equip)
Rent	1440.00 (10 x 120)
Speakers' Fees	2500.00
Technology Support	500.00 (incl.Zoom and Website)
Total Expenses	12,070.00
There will be a budget deficit of	2,365.00 for 2023.

Our bank balance at the end of 2022 is projected to be approximately \$14,000.00 and further projections to the end of 2023 show a bank balance of approximately \$11,000.00.

### **Lynn Valley Garden Club**



### 2023 Membership Renewal Form

(Membership runs from January 1, 2023 to December 31, 2023)

- The annual membership Fee is \$20 per person or \$35 per couple.
- To secure your membership for 2023, your completed renewal form and payment <u>must be received</u> <u>by December 31, 2022</u>. After that date, both new & lapsed members will be accepted on an equal basis until the member limit is reached.
- Payment by cash or cheque is preferred. Please make your cheque payable to 'Lynn Valley Garden Club'.
- Payment by e-transfer is also acceptable. Please e-transfer to <a href="LVGC.Treasurer@gmail.com"><u>LVGC.Treasurer@gmail.com</u></a>. Enter the comment "2023 membership fee" in the comments box.
- Bring your payment and form to the club meeting or mail to:

### Barb Downman 4221 Glenhaven Crescent, North Vancouver, B.C. V7G 1B8

Renewing Member		
Paid by Cheque Cash	E-Transfer	
Last Name:	First name:	
Address:		<del></del>
City:	Postal Code:	
Phone number:		
E-mail:	(to receive the n	nonthly newsletter]
Do you give permission for your phone e-mail to be included on the list distribu		No
Do you give permission for your home shared with the MALS for Plant Sale plant		No
In the future, would you consider:		
<ul><li>helping with a committee?</li></ul>	Yes No	
<ul> <li>taking on an executive position</li> </ul>	on? Yes No	
Do you have a suggestion for a speake	er or a topic?	
(please write on the back of this form if	you need more space)	<del></del>

### **LVGC SPEAKERS BY DATES**

Date	Topic Category	Speaker	Title
1997-01-16	Gardens and Parks	Dick Beard	MapleWood Flats
1997-02-20	Gardens and Parks	Roy Jonsson	Gardens of South Africa
1997-03-20	Shade Gardening	Charles Sale	Slopes and Shadows Gardening on the North Shore
1997-04-17	Annuals	Les Koskitalo	Spring Annuals and Hanging Baskets
1997-05-15	Roses	William Meager	Roses : How to Grow them, How to Show Them
1997-09-18		Ann Pentland	
1997-10-16	Books	Elspeth Bradbury	Book "The Real Gardener"
1997-11-20	Flower Arrangement	Eunice Findlay	Winter Flower Arrangement
1998-01-15	Garden Furniture	Josh Lore	Rustic Garden Furniture
1998-02-19	Garden Design	Patrick Mooney	Garden Design
1998-03-19	Community Projects and Programs	Bill Reid and Dirk Oostindie	Communities in Bloom
1998-04-16	Container Gardening	Todd Major	Potting up Containers
1998-05-21	Gardens and Parks	Bill Grainger	Grand Boulevard Walk
1998-06-18	Insects	Natalie Minunzie	Butterfly Garden
1998-09-17	Seeds	Sheila Watkins	Seeds
1998-10-15	Projects with plants	Mary Lou Thorpe	Pressed Flower Workshop
1998-11-19	Plants from Specific Areas	Eva and Voytek Foik	Desert Flowers
1998-12-17	Projects with plants	Christmas Workshop	Bell or Table Center
1999-02-20	Shade Gardening	Dylan Goodfellow	Gardening in the Shade
1999-03-20		10th Anniversary	
1999-04-20	Miscellaneous	Steve Whysall (Vancouver Sun)	Beds I Have Known
1999-05-20	Community Projects and Programs	Leah Koshilalo (Cap College)	Cap College Horticultural Programs
1999-06-13	Gardens and Parks	Todd Major (P&T Gardens)	Tour of Park and Tilford
1999-09-16	Grasses	Colleen MacDonald and Eva Antonijevic	Grasses
1999-10-21	Winter Interest	Thomas Hobbs	Winter Interest
1999-11-18	Gardens and Parks	Joan Elliot	British Gardens
1999-12-16	Projects with plants	Mary Lou Thorpe	Christmas Centre Piece
2000-01-20	Spring Preparation	Sheila Watkins	Preparing Your Garden for the Spring
2000-02-17	Miscellaneous	Brian Minter	New Plants and Gardening Styles for the Millenium

2000-03-16	Rhododendrons	Alleyne Cook	Rhododendrons
2000-04-20	Trees	Shirley Nicolson	Selecting a Perfect Tree
2000-05-18	Insects	Mike Nassichuk	Integrated Pest Management
2000-06-15	Community projects and Programs	Rob Welsh	Tour and Slide Show at Cap College
2000-09-21	Fruit	Catherine Dale	Autumn Berries
2000-10-19	Gardens and Parks	Dr. Iain Taylor	Gardens Around the World
2000-11-16	Orchids	Kate Schoen	Orchids and Other Wonderful Xmas Gifts
2001-01-18	Organic Gardening	Jim Haliburton	Organic Gardening Products
2001-02-15	Clematis	Fred Wein	Clematis
2001-03-15	Alpine Plants/Rock Gardens	Geoff Williams	Alpines Plants
2001-04-19	Gardens and Parks	Margaret Horsfield	Cougar Annie Garden
2001-05-17	Insects	Margriet Dogterom	Mason Bees and Pollination
2001-06-20	Water Features	Steve Kovacs	Waterscape Designs
2001-09-20	Projects with plants	Mary Lou Thorpe	Dried Flower Cards
2001-10-18	Garden Design	Leishman and Barnes	Foliage Effects and Garden Design
2001-11-15	Natural History	Linda and Larry Marshit	North American Natural History
2001-12-13	Flower arrangements	Ernie Findlay Helms	Floral Arrangements
2002-01-17	Hellebores	Jennifer and Ray Beckhurst	Hellebores
2002-02-21	Urban Gardening	Norbert Wuensche	Growing a City Garden
2002-03-21	Showing Plants	Sheila Watkins	What Judges Want
2002-04-14	Conservation	Janice Brookstone	Conserving Special Places
2002-05-16	Hostas	Alex Waterhouse Hayward	Hostas
2002-06-20	Fuschias Begonias	Edith Scheif and Peggy Brease	Fuschias and Begonias
2002-09-19	Propagation	S. Watkins, M. Clay, E. Senft	Propagation Demo
2002-10-17	Grasses	Eva Antonijevic	Ornamental Grasses
2002-11-21	Container Gardening	Cindy Michke	Container Gardening
2002-12-21	Projects with plants		Christmas Bells
2003-01-16	Plants from Specific Areas	Michael Le Geyt	Wildflowers of Namaqualand
2003-02-20	Shade Gardening	Gary Gibbons	Companion Plants in Shade
2003-03-20	Seeds	Mary Ballon	West Coast Seeds
2003-04-24	Grasses	Tony Milbrad	Euphorbia said and Grasses
2003-05-15	Insects	Ursula Dole	Bug Workshop The God the Bad And the Ugly
2003-06-19	Roses	Brad Jalbert	Roses

2003-09-18	Mulching	Todd Major	Putting Gardens to Bed/Mulching
2003-10-16	Perennials	Elke Knechtel	New and Unusual Perennials
2003-11-20	Garden Design	Catherine MacDonald	An Inspirational Look at Design Elements
2004-01-15	Gardens and Parks	Margaret Calwaladr	In Veronica's Garden
2004-02-19	Garden Design	Ron Rule	Anatomy of a Garden Design
2004-03-18	Climbers	Christine Allen	Growing Up, Climbing Plants for the PNW
2004-04-15	Water wise	Judy Newton	Water wise Gardening
2004-05-13	Succulents	Ingrid Hoff	Succulent Living Wreath Demo
2004-06-17	Miscellaneous	Mike Lascelle	Colour in the Garden
2004-09-16	Hypertufa	Judy Lashley	Making Hypertufas
2004-10-21	Grasses	Ewan MacKenzie	Ornamental Grasses
2004-11-25	Photography	Paddy Wales	Confessions of a Garden Photographer
2005-01-20	Miscellaneous	David Tarrant	The Joys of Gardening
2005-02-17	Spring preparation	Egan Davis	Spring Gardening
2005-03-17	Composting	Spring Gillard	Composting
2005-04-21	Shade Gardening	John Cowie	Plants for the Cool Border
2005-05-19	Container gardening	Judy Newton	Container Gardening
2005-06-16	Gardens and Parks	Bernie Fielding	Tour of Park and Tilford Gardens
2005-09-15	Bulbs	Dianne Gaines	Van Noort Bulbs
2005-10-20	Winter interest	Brian Minter	Winter Interest
2005-11-17	Shade Gardening	Elke and Ken Knechtel	Shady Characters
2006-01-19	Orchids	Bill Bischoff	Hardy Orchids
2006-02-16	Trees	Gerry Gibbens	Small Trees and Shrubs for the Residential Garden
2006-03-16	Vegetables	Mike Nassichuk	Growing Vegetables
2006-04-20	Sun gardening	John Cowie	Cool Plants for the Hot Border
2006-05-18	Miscellaneous	Gary Lewis	Great Plants for High Summer and Early Fall
2006-06-15	Insects	Gwen Odermatt	Plants that Attract Butterfies
2006-09-21	Cyclamen	Bill Bischoff	Hardy Cyclamens
2006-10-19	Bulbs	Diane Gaines	Bulbs for Fall
2006-11-16	Photography	Norma Chatwin	A Photographic Romp Through the Seasons
2007-01-18	Arisaema	Charlie Sale	Arisaema

2007-02-15	Garden Design	Ayuko Inoue	How to Design a Small Garden
2007-03-15	Plants from Specific Areas	Peter Wharton	Plant Explorations in Vietnam
2007-04-19	Soil	Dr. A. Bomke	Soil for the Home Garden
2007-05-17	Rhododendrons	Les Clay	Rhododendrons
2007-06-28	Container Gardening	John Cowie	Planting up Pots for Shade and Sun
2007-09-20	Mushrooms	Brian Didier	Wild Mushrooms
2007-10-18	Heathers	David Wilson	Heather's and Heaths
2007-11-15	Winter Interest	Brenda Falk	Winter Interest in the Garden
2008-01-17	Plants from a specific Area	Marie Bruce	Wild Flowers of Crete
2008-02-21	Native Plants	Barry Belec	Native Plants
2008-03-27	Hydrangeas	Malonie Hewston	Hydrangeas
2008-04-16	Invasives	Tasha Murray	Invasive Plants
2008-05-15	Pelagorniums	Marilyn Holt	Pelagorniums
2008-06-19	Beekeeping	Bruce Dobinson	Bee Keeping
2008-09-18	Trees	Elspeth Bradbury	Trees
2008-10-16	Bulbs	Shirley Mackenzie	Bulbs
2008-11-20	Winter interest	Conway Lum	Winter colour
2009-01-15	Ferns	Michael Lascelle	Ferns in the Woodland
2009-02-19	Grasses	Barbara Fairclough	Ornamental Grasses in the Landscape
2009-03-19	Water Features	Candice Roberts	Small Water Features
2009-04-16	Garden Design	Ruth Olde	Creating Garden Rooms
2009-05-21	Plants from a Specific Area	Rolf Mathewes	Plants of the Queen Charlotte Islands
2009-06-18	Soil	Cors de Lint	Unique Soil Amendments
2009-09-17	Grasses	Barbara Fairclough	Glorious Grassess
2009-10-15	Plants from a Specific Area	Charlie Sale	Flora of the Drackenberg
2009-11-19	Soil	Ryan Nassichuk	Building and Maintaining Healthy Soil During the Fall and Winter
2010-01-21	Miscellaneous	Heather Edwards	Eco-Sculptures
2010-02-18	Miscellaneous	Kerrie Hart	Gardening With Ease
2010-03-18	Miscellaneous	Spring Gillard	Feeding Ourselves - How Do We Fare
2010-04-15	Daylillies	Pam Erikson	Daylilies
2010-05-20	Fruit	Tom Bauman	Berries
2010-06-17	Vegetables	Arzeana Hamir	Winter Vegetable Gardening
2010-09-16	Alpine Plants/Rock Garden	David Sellars	Chaos in the Rock Garden

2010-10-21	Winter Interest	Susan Watson	Winter Plant Demo
2010-11-18	Garden Design	Bill Bischoff	Planning and Planting theGarden
2011-01-20	Native Plants	Paige Woodward	Native Plants - Lillies
2011-02-17	Shade Gardening	Chris Jennings	Shade Gardens
2011-03-17	Alpine Plants/Rock Garden	David Sellars	How to Build and Plant a Rock Garden
2011-04-14	Clematis	Fred Wein	Clematis
2011-05-19	Vegetables	Tom Bauman	Growing Vegetables
2011-06-16	Wildlife	Christine Miller	Bear Aware NS
2011-09-15	Dahlias	Jennifer Zak	Dahlias
2011-10-20	Vegetables	Tom Bauman	Vegetables
2011-11-17	Bonsai	Melisa Zamis	Bonsai
2012-01-19	Insects	Ric Worthy and Sharon Lisette	Native Bees
2012-02-16	Hypertufa	Bill and Carla Bischoff	Tufa
2012-03-15	Gardens and Parks	Charlie Sale	Bucket Hill
2012-04-19	Roses	Elaine Senft	Roses
2012-05-17	Hypertufa	Judy Lashley, Anne Frey	Tufa Demo
2012-06-21	Miscellaneous	Camil Doment	Urban Food Production
2012-09-20	Grasses	Ewan MacKenzie	Glorious Grasses
2012-10-18	Fruit	Laurelle Oldford-Down	Apples and Apple Tasting
2012-11-15	Water Features	Steve Given	Water Features
2013-01-17	Pruning	Gerry Gibbens	Pruning
2013-02-21	Hellebores	Gary Lewis	Hellebore Hurrah
2013-03-21	Composting	Emma Holmes	Composting
2013-04-18	Japanese Maples	Paul Edwards	Japanese Maples
2013-05-16	Herbs	Emily Budinski	Herbs
2013-06-20	Wildlife	Patricia Fleming	Gardening for Wildlife
2013-09-19	Books	Deb McVittie	Gardening Books
2013-10-07	Mushrooms	Brian Didier	Mushrooms
2013-11-21	Orchids	Margaret Nakahara	Orchids
2014-01-16	Photography	Mike Wakefield	Photography
2014-02-18	Fruit	Conway Lum	Fruit Trees
2014-03-20	Container Gardening	Marilyn Holt	Gardening in containers
2014-04-24	Shade Gardening	Elke Knechtel	Shade Gardening with Perennials
2014-05-15	Garden Design	Rainier Van der Pohl	Hard scaping
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2014-06-14	Garden Design	Jackie Morris	Garden in an Unusual Place
2014-09-18	Shade Gardening	Satya Brown	Colour in the Shade
2014-10-16	Miscellaneous	Todd Major	Holistic Gardening
2014-11-20	Plants from Specific Areas	Egan Davis	Pink Mountain and the Foothills of the Northern Rockies
2015-01-15	Gardens and Parks	Margaret Cadwaladr	A Day in Wisley Garden
2015-02-19	Insects	Mike Nassichuk	Mason Bees Part 1
2015-03-15	Gardens and Parks	Bill Bischoff	Our Prize Winning Garden
2015-04-15	Community projects and Programs	Emily Jubenvill	Edible Garden Projects
2015-05-21	Miscellaneous	Betty-Ann Osler	Living Walls
2015-06-15	Native Plants	Karen Myskiw	Using Native Plants and Grasses
2015-09-17	Rhododendrons	Ron Knight	Rhododendrons
2015-10-15	Miscellaneous	Randy Shore	Garden Writer
2015-11-19	Insects	Mike Nassichuk	Mason Bees Part 2
2016-01-21	Vegetables	James Spears	Veggies
2016-02-18	Miscellaneous	Emma Holmes	Sustainable Agriculture in Cuba
2016-03-17	Hydrangeas	Malonie Hewstan	Hydrangeas
2016-04-21	Rhododendrons	Ron Knight	Rhododendrons and Azaleas
2016-05-19	Conservation	Catherine Dale	Land Conservancy
2016-06-16	Miscellaneous	Gwen Odermatt	Great Plant Picks
2016-09-15	Miscellaneous	Harmony Bjarnson	Climate Change and Gardening
2016-10-20	Miscellaneous	Satya Brown	Plantaholic in a Small Garden
2016-11-17	Garden Design	David Tracey	Ecological Garden Design
2017-01-19	Invasives	Sam Cousins	Invasive Plants
2017-02-16	Garden Design	Brian Minter	GardenDesign, Special Interest Plants
2017-03-16	Photography	David Sellars	Alpine Plants Photography
2017-04-20	Conservation	Egan Davis	Reducing Water Use and Increasing Urban Ecology
2017-05-18	Insects	Conway Lum	Insects: Friend or Foe
2017-06-15	Container Gardening	Cathy Nakagawa (Lee Valley)	Container Gardening
2017-09-21	Miscellaneous	LifeSpace Gardens	Community Cultivation for Sustainable Business, Food Systems and Cities
2017-10-19	Bulbs	Botanus	Fall in Love with Unusual Bulbs
2017-11-16	Miscellaneous	David Catzel (Glorious Organics Coop)	Sustainable Growing and Permaculture

2018-01-18	Gardens and Parks	Howard Wills (Fernwood Nursery)	Great British Gardens
2018-02-15	Beekeeping	Julia Common	Hives for Humanities and the Wonder of Honeybees
2018-03-15	Seeds	Erika Simms (WCS)	Growing from Seeds
2018-04-19	Pruning	Ralph Nevill	Pruning Trees and Shrubs: Getting Started
2018-05-17	Rain Gardens	Deborah Jonas	Introducing Rain Gardens
2018-06-21	Fruit	Jim Rahe	Annie's Orchard: Apples and Pears
2018-09-20	Beekeeping	Rob Callahan	The Urban Beekeeper
2018-10-18	Miscellaneous	Christine Allen	Downsizing the Dream: from Killara Farm to Grand Folly
2018-11-15	Insects	Elizabeth Elle	Pollinators for North Shore Gardens
2019-01-17	Community Projects and Programs	Michael Denhamer	The Edible Garden Project
2019-02-21	Orchids	Margaret Nakahara	Orchids in the Home
2019-03-21	Bonsai	Jim Morris	Bonsai for the Novice
2019-04-18	Edibles	Mike Lascelle	Beauty and the Feast
2019-05-16	Hostas	Pam Erickson	Hostas and Daylillies
2019-06-20	Miscellaneous	Affinor Growers	Vertical Gardening
2019-09-19	Alpine plants/Rock Garden	Laura Caddy	UBC Alpine Garden
2019-10-17	Herbs	Ana Aopthecary	Medicinal Herbs: Growing and Using
2019-11-21	Natural History	Keith Wade	Biological Evolution of the North Shore
2020-02-20	Vegetables	Veggimates	Growing Vegetables
2020-09-17	Gardens and Parks	Hayne ward and Robert Wimott	Dr. Sun Yat Sen Chinese Classical Gardens
2020-10-15	Invasives	Nick Wong ISCBC	Fall updates on Japanese Beetle and the Asian Giant Hornet
2020-11-19	Gardens and Parks	Joanne Melville	Hycroft Garden Restoration
2021-01-21	Water Features	Grant Van Harmelen	Water features for Gardens
2021-02-18	Insects	Linda Gilkeson	Where Have All the Insects Gone?
2021-03-18	Wildlife	James Casey	Bringing Birds into your Yard
2021-04-15	Community Projects and Programs	Earth wise Society	Works and Projects
2021-05-20	Roses	Christine Allen	Roses
2021-06-17	Science	Linda Chalker-Scott	Science-Based Plant Choices for a Changing Climate
2021-09-16	Bulbs	Pamela Dangelmaeir and Elke Wehinger	Tulips - from Mania to Megastar

2021-10-21	Seeds	Lori Weidenhammer	Growing Plants from Seeds and Seed Collecting
2021-11-18	Science	Maria Issa	Everything you wanted to know about photosynthesis - but never dared to ask
2022-01-20	Pests	Susan Muilvihill	Vegetable Garden Pests
2022-02-17	Meadow making	Kriten Miskelly	Meadowmaking
2022-03-17	Propagation	Maria Valana	Dividing Plants
2022-04-21	Year round gardening	Kevin Kelly	A Four-Season Garden: Secrets for success
2022-05-21	Trees	Nina Shoroplova	Legacy of Trees: Purposeful Wandering in Vancouver's Stanley Park
2022-06-16	Grey Water	Noah Lewis	Grey Water Gardening
2022-06-16	Gardens	Antonia Issa	Edward James Surrealist Garden
2022-09-15	Science	Penny LeCouteur	Toxin or Tonic?
2022-10-20	Shade Plants	Chris Jennings	Shade Plants

