



THE LEAF

THE LYNN VALLEY GARDEN CLUB

Established 1943

September 2022

President's Message - Lorraine Robson

What is a garden club? And what does it mean to be a member of one? These questions have been flitting through my mind for the past few weeks while I've been trying to round up enough volunteers to fill the positions that will become open in January of 2023 when several of the current Executive complete their two-year terms.

At its simplest, a garden club is a group of people with a shared interest in plants and gardens. You could, however, use that same definition for the audience of a Monty Don YouTube video of gorgeous gardens from around the world: so there's more to it. If you watch a YouTube video, there's no interaction with others and no commitment: you turn it on and you turn it off. You could even walk away before it's over. If you're a member of a garden club, on the other hand, there's an expectation that you participate in various ways and contribute to the activities that keep the club running. We have no employees or paid staff to do the work of planning field trips and Christmas parties, organizing garden tours and plant sales, booking speakers, publishing *The Leaf*, researching potential recipients of our donations, or rescuing plants at Big Digs to help raise funds for those donations. We are all responsible for these tasks.

Not everyone is available all the time to fulfil these responsibilities. For reasons of ill health, family commitments, and work obligations, it's not always the right time to contribute to the club. I "get" that completely because I've lived through those times, too. If you think you can contribute in some way in 2024, please tick "Yes" on this year's membership renewal form. Several wonderful members have agreed to fill the vacancies that will become available in January 2023 and we should all be grateful to them for stepping up. We'll vote on these positions at the AGM. Thank you to Jennifer Sydenham (Treasurer), Ann McKinnon and Alison Parkinson (Membership Committee), Jane Sherrott, Linda Downs, and Jacquie D'Auria (MALs), Miriam Scott who is joining the Hospitality Committee this month and Leneen Webb who is willing to be a back-up person for Hospitality as needed, Judy Lashley who has agreed to serve as Auditor of our financial records "for one more year", and Judith Brook who will take on the Vice-President's role (for the second time!) in November. Thank you, thank you, thank you all!

I thought I was going to be able to tell you that it would be safe to answer your phones now, but I learned today that we will need a new person to handle the Plant Table during the tea break at our General Meetings. The Plant Table can be set up in the North Lobby at our new location in Mt Seymour United Church and members can donate plants, books, and magazines for sale to other members. Please remember that anything that is not sold must be taken home with you. You may wish to put a suggested price on your items as we will be doing with some of the special plants from the Big Digs. Several people have donated their time and aching backs to rescue those plants, so we shouldn't think of them as "free" plants. They may be less pricey than plants in the nurseries, but they should garner a fair price to make that effort worthwhile. If you would like to manage the Plant

LVGC MEETINGS
3rd Thursday of each
month (except July and
August) currently at
**Mount Seymour United
Church**
1200 Parkgate Ave,
North Vancouver,
BC V7H 2X9
(604) 929-1336
*Meetings start promptly at
7:15 PM*

SPEAKER
CHRIS JENNINGS
Shade Plants
October 20

If you need to contact
anyone at LVGC please use
email or phone! If you must
send a thing - phone to get
the address and send it to a
VIP (list is on the next
page)

PLEASE USE
ELECTRONIC ACCESS
Your emails are welcome!
lynnvalleygardenclub@gmail.com

Executive 2022

President
Lorraine Robson x
Vice President
Gillian Konst x
Secretary
Sarah-Jane Gray x
Treasurer
Donna Wasylik x
Membership
Barb Downman x

Members at Large (MAL)
Penny LeCouteur x
Ann McKinnon x
Courtney Mitchell x
Marilyn Bullock x
Brenda Reid x

Committees

Newsletter Editors
Maria Issa x
Margaret Campbell x

Plant Table
Norma Buckland x

Hospitality
Sharon Carabetta x
Susan Nicholls x
Daphne Page x

Sunshine / Door Prizes
Rosamond Hughes x

Website
Aline Burlone x



Executive Meetings

1st Wednesday of each month,
7PM

October chez Sarah

Newsletter items to
[lynnvalleygardenclubnewsletter@
gmail.com](mailto:lynnvalleygardenclubnewsletter@gmail.com) by Nov.9

Thanks to LEAF contributors:
Rosemarie Adams, Judith Brook,
Barb Downman, Barbara Frisken,
Linda Howe, Rosamond Hughes,
Rita Marshall, Daphne Page, Bruce
Tennant

Plant Table at the meetings, please tell Penny LeCouteur who will be chairing the October General meeting in my absence.

Elsewhere in this issue, you'll find information to prepare you for voting at the AGM in November. Please read the short report from the Donations Committee with our recommendations on allocating the \$4,600 available this year. The Executive endorsed the list of recipients wholeheartedly and I hope you will, too. Thank you to Jessica McCulloch and Judith Brook for their cheerful and thoughtful participation in the process. It really was a highlight of the summer for me as we sat in Jessica's beautiful back garden with tea and treats and two lovely bouquets from Judith's garden!

You'll also find six motions to be voted on at the AGM. Some are housekeeping items like changing the club's address in our Constitution since we closed the PO Box where we were paying to receive mostly junk mail as our real mail arrives electronically now for free. Last spring when we had to hold a vote to ask your permission to buy the potting up soil that the club provides each year for those providing many plants for our sale, Rita Marshall proposed raising the amount of unbudgeted money the Executive could spend from \$300 to \$500 because the soil with delivery cost more than \$300. We all know how costs are increasing for most things. The proposed budget for 2023 is an important document which guides our spending. Thank you to Donna Wasylik for preparing the draft and to the Executive for their careful attention and thoughtful amendments. While the budget shows that our estimated expenses exceed our estimated income, please remember that we have been conservative in our estimate of Plant Sale profits, for example, and have a healthy bank account to make up the difference.

The LVGC almost always has a waiting list of a dozen or so people who'd like to join our club. At the same time, we have a number of members who can no longer attend meetings or participate in club activities. We absolutely want to keep our friends as members and share The Leaf with them, but we'd like to allow the people on the waiting list to join the club and participate actively. We need new people to join to help keep the club running. Consequently, we are proposing to lift the membership cap from 150 members to 175. When we voted to raise the cap from 125 members to 150 some years back, some people worried that the club would lose its intimacy, but we still see the "regulars" at meetings and events along with some lovely new members who have jumped right in to help. We welcome the volunteers!

My mother and both grandmothers were active volunteers, so it feels natural to me to volunteer, too. One Grandma in her 80's was part of the "Flying Squad" who, along with her church's minister, would visit "other old ladies" who were probably a good decade (or more) younger than she! Thinking about her makes me wonder if we could start our own Flying Squad to coordinate carpooling and make it easier for our elderly members who may no longer feel so comfortable driving at night to come to the meetings. Would anyone like to volunteer to help make that happen? It could be the start of some beautiful friendships. That, of course, has been the best part of volunteering in the garden club over the years. Serving as President this year has allowed me to meet even more of our members, make new friends, and enjoy visits in their gardens. Happy visits with Carol Ferryman, Judy Lashley, and Bogna Ross this summer stand out. Anyone who has volunteered on a committee, on the Executive, at a Big Dig, or at the Plant Sale knows there's a special joy in working together to make good things happen! Please consider joining in the fun by volunteering. It's what a garden club is.

"I have learned to seek my happiness by limiting my desires, rather than in attempting to satisfy them." --John Stuart Mill



SPEAKER

Chris Jennings from the Vancouver Shade Garden Society

My interest in gardening was first piqued when I went to a summer garden show shortly after moving to Vancouver from Ontario and saw some magnificent fuchsia standards. I was one of those people who regularly killed every plant they touched, even easy ones like African violets. But seeing these fuchsias, I was hooked. I joined the BC Fuchsia and Begonia Society and for the next seven years learned all I could about these fascinating plants.

Then I decided it was time to broaden my horizons and struck out on my own, along with a few other gardening friends, to create the Vancouver Shade Garden Society in 2003, a more broadly based garden club that now has about 70 members. Our mission is to explore and learn all about plants that can grow in full or partial shade, and it's been a consistent educational curve for me and our members since then. There's more to learn about than what most people think when they hear the term "shade plants."

It's not just ferns and hostas, but so many other outdoor annuals, hardy perennials, and even indoor tropical plants that fall under our purview. I'm always happy to spread the word about shade gardening to other gardeners and have been doing so in the Lower Mainland and on Vancouver Island for the last 9 years. I look forward to the opportunity to do so for your club's members."

REPORTS

Vice President's Report - Gillian Konst, with Judith Brook

Very grateful thanks to MAL Dr. Penny LeCouteur for stepping in at the last minute as speaker at our September meeting as the two remaining students who received LVGC prizes at the Regional Science Fair were unable to attend.

The recipients of the LVGV prizes were: Noah Lewis spoke at our June meeting about grey water gardening Daniel Kwan and Sabiq Hassan from Ideal Mini School's project was entitled "Salinity Threshold of Brassica Nisra"; Aaron Zhao from Archbishop Carney Secondary's project was entitled "Dual Pipe Watering: an economic agricultural watering system that stimulates root development."

January: Heather Edwards: Eco Sculpture program in Burnaby

February: Brian Minter. He has a list of topics and we have requested "Exciting Plants for a Changing Climate and What the Future Holds."

Treasurer's Report - Donna Wasylik

| | |
|--------------------|--------------------|
| Bank Balance as of | \$18,800.23 |
| In Petty Cash | \$100.00 |
| Total | \$18,920.23 |

For a preview of **next year's budget**, please see the end of this *LEAF*

Membership Report - Barb Downman

It is membership renewal time again! As we did last year, we are running a **contest** to encourage members to complete their membership renewals early. The renewal form is included in this issue of the Leaf at the very back.

The contest will be open to members who submit their completed renewal form and payment by **Friday, November 18, 2022**. Renewal forms and payments can be dropped off at the Membership Table at the



October 20th or November 17th meetings. If you can't attend the meetings, you can mail (or drop off) your completed renewal form to Barb Downman.

The winner will be drawn at random from all the membership renewals received by 5 p.m. on November 18, 2022. The prize will be a \$25 gift card to Maple Leaf Garden Centre.

Why are we having an early renewal?

Early renewal helps to spread the administrative work related to membership renewal over more weeks, allows the Membership Committee to complete the bulk of the work before the start of the busy Christmas season and lets us get new membership cards out to you earlier in the new year. It also makes for a smoother transition to the new membership team taking over the role in January 2023.

What happens if I don't renew by November 18, 2022?

As an existing member you have until December 31, 2022 to submit your renewal form and payment. After that date, you will be considered a lapsed member and will be accepted on an equal basis with new members drawn from the wait list until the member limit is reached.

Can I pay my membership fee by e-transfer?

While cheques are the preferred form of payment both cash and e-transfers are accepted. If you wish to e-transfer your payment, please sent it to LVGC.Treasurer@gmail.com (don't forget the "dot" between LVGC and Treasurer). Please enter "2023 membership fee" in the comments box so your payment can be properly allocated by the Treasurer.



AGM PREVIEW

Nominations:

Lorraine is very pleased to announce that all volunteer positions coming available in January 2023 have been filled. The following wonderful members have consented to stand for election to the LVGC Executive:

- **Treasurer:** Jennifer Sydenham
- **Membership:** Ann McKinnon & Alison Parkinson
- **MALs:** Jane Sherrott, Linda Downs, Jacquie D'Auria. Two of the current MALs will also be staying: Brenda Reid and Marilyn Bullock
- **Hospitality:** Miriam Scott to start in October and Leneen Webb is will be a back-up person as needed
- **Vice-President:** Judith Brook will begin booking our November speaker.

Proposed Motions:

1. To change the address of the LVGC from the former PO Box # to "The address of the LVGC will be determined by the Executive from time to time."

Rationale: we were paying to receive mostly junk mail while "real" mail arrives electronically now for free.

2. To raise the amount of unbudgeted money the Executive can spend without asking for approval by a vote at a General Meeting from \$300 to \$500.

Rationale: The soil we bought for the Plant Sale potting up cost more than \$300 this year; everything costs more nowadays and the amount specified in our **Constitution** has not changed in years.

There was some discussion from the group as to whether \$500 was sufficient given the rising cost of everything. It was pointed out that we were considering raising the amount of unbudgeted money from \$300 to \$500.

3. To elect the following members to Executive and Committee positions as listed: Vice President – Judith Brook, Treasurer - Jennifer Sydenham, Membership - Ann McKinnon & Alison Parkinson, Members-at Large - Jane Sherrott, Linda Downs and Jacque D’Auria, Hospitality - Miriam Scott and Leneen Webb.
4. To approve the Proposed Budget for 2023 (see details printed at the end of this *LEAF*).
5. To approve the Proposed LVGC Donations (see details printed in *The Leaf*).
6. To approve lifting the membership cap from 150 members to 175.

Rationale: We have a number of members who are unable attend meetings or participate in our activities but still wish to remain a part of our community. The Executive felt that while we absolutely want to keep these members and share *THE LEAF* with them, we’d also like to allow the people on the waiting list to join the club and participate actively. There was a strong feeling that we need new members who are willing and able to participate in many of the activities and commitments within the club. Raising the new membership limit to 175 seemed to be a reasonable number.



Report from BC Council of Garden Clubs October 1, 2022

- Daphne Page

Japanese Beetle

- Almost indistinguishable from the Chafer beetle
- Defining characteristics: metallic green head and little tufts of white at the back.
- In the spring, larvae feed on roots of grass which also attracts birds
- Late June to October, adults feed on over 300 types of plants from apple trees to roses. They can fly up to several miles and feed on leaves until the leaves are skeletonised.

How to respond?

- Surveillance traps are place in regulated areas: Vancouver False Creek to Burnaby
- Against larvae, apply *Acelepryn Turf* Insecticide
- Against adults, apply *Beetle GONE* (no harm to bees) on foliage.
- If a Japanese Beetle is found, please call 604 292 5742 or email cfia.wst@jbsj.acia@canada.ca

GOOD NEWS: eradication may be on the way! The beetle count from the traps are way down this year.

Here is the link to *The Bulletin* – The BC Council of garden Clubs’ newsletter. <https://bcgardenclubs.com/wp-content/uploads/bulletins/2022/bulletin-22-10.pdf>



A NEW BUG to Deal With

Now that looper moth season is almost over, Chafer beetles are burrowing down, and Japanese beetles are still across the water – here comes the next pestilence: brown marmorated stink bugs. Sounds probably as lovely as they smell. The Government of BC’s website says “Brown marmorated stink bug (*Halyomorpha halys*), a native pest of Asia, [...] has spread throughout most of the US and Canada. It is a very serious pest that feeds on more than 100 different plant species. [...] The stink bug is an excellent hitchhiker and can be moved in shipping containers, wood, packing material, cargo and vehicles. It is also a nuisance to homeowners as the adults aggregate on and in buildings while seeking warm overwintering sites.

Brown marmorated stink bugs were first detected in British Columbia in 2015 and are present in urban areas of Fraser Valley and Vancouver, Brentwood Bay on Vancouver Island and the Okanagan Valley, as of October 2017. High numbers are present in the downtown Kelowna area. Growers and homeowners are asked to send pictures or samples of suspect brown marmorated stink bug to the B.C. Ministry of

Agriculture offices. For details, see the link in "October links". Brown marmorated stink bugs attack tree fruits, berries, grapes, vegetables and ornamental plants. Ornamental hosts include tree of heaven, chokecherry, catalpa, boxelder, white ash, maple, English holly, and buckthorn. In British Columbia, they have been found on Asian pears, vegetables and wild chokecherries.



Some Interesting Gardens to Visit in Victoria

- Rosemarie Adams

I seem to spend a lot of time in Victoria these days, where my daughters and grandchildren now live, so I am finding some interesting gardens to visit whilst I am there.

My youngest daughter lives in the Rockland neighbourhood of Victoria, very close to the Official **Residence of BC's Lieutenant Governor**, which is located on the traditional territory of the Songhees and Esquimalt First Nations. These beautiful grounds are home to many old trees and shrubs, some beautiful rhodos, a rose garden, an alpine area, oak forest and many lovely perennial beds.

They are located at 1401 Rockland, a 5 minute drive or a 20 minute walk from downtown Victoria. They are open dawn to dusk all year round (except if Royalty happen to be in town and in residence there - don't think that happens very often!). No admission charges and free parking.

Finnerty Gardens, on southwestern edge of University of Victoria grounds are named after the Finnerty family who owned much of the land in the area in the 1860s. The Garden contains over 4,000 different trees and shrubs with more than 1,500 rhododendrons and azaleas.

The university gardens were developed when, in 1974, the estate of Mrs. Jeanne Buchanan Simpson of Cowichan Lake was left to the university. She and her husband George, beginning in the 1920s, built up a notable collection of *Rhododendron* species at their Lake Cowichan home. Many plants were grown from seed obtained directly or indirectly from famous plant explorers of the day. Theirs was the largest collection in British Columbia.

Free admission. <https://www.uvic.ca/finnerty/home/history/index.php>



Gorge Waterway Park runs 1.7 km alongside the Gorge Waterway between Tillicum and Admirals Bridges. The Gorge is a tidal channel which stretches this stretch of park and there are huge oak trees and channel banks, large shrubs which must have been lovely perennial and annual beds. I saw beautiful (Gingers), *Tibouchinas* and a lovely collection of The Gorge is also a bird sanctuary area and I've often



7 km inland. Saanich District tends to lots of other very old trees along the there for many many years and beds of *Cannas*, *Hedychiums* dahlias amongst many other plants. seen otters playing in the Gorge.



Horticulture away at 505 Quayle Victoria - the drive

It is a non-profit and home of Pacific Horticultural College, a Rose Garden, Winter Garden, Mediterranean area, Japanese Garden and Bonsai Garden, and home to a friendly little café "Charlotte and the Quail", which serves breakfast, lunch and coffee/pastries - their salads are home grown in season.

There is a small admission charge for the garden, but if you eat at the café first, you get reduced admission to the garden.

Centre of the Pacific is a little further Road, 12 km north of downtown there takes you through pretty

"A garden is never so good as it will be next year...." - Thomas Cooper

Remember this? Sent in by Rosemond Hughes

[I've loved this verse over the years, then lost it - there is something fulfilled and blissful about it. So grateful to Rosamond for having found it again. I'm guessing it's from a Midsummer Night's Dream... - m]



I know a bank where the wild thyme blows,
Where oxlips and the nodding violet grows,
Quite over-canopied with luscious woodbine,
With sweet musk-roses and with eglantine...

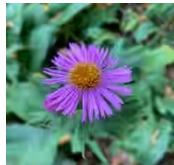
<< eglantine/rosehips; woodbine/honesuckle >>



Marie Querns

- remembered by Bonnie Noakes and Rosemarie Adams

Marie Querns was a member of our club. She last resided in the assisted living site opposite Parkgate Mall. She was lots of fun and went with us on a trip to Burns Bog where we carried her over a wet area of the path. She did a trip to Maple Ridge and was a member for quite a few years. Many people will have seen her obituary in the North Shore New stating that she passed away September 1st at age 95. The obituary continued to say that "Marie Querns passed away peacefully [...] whilst singing "Take Me Home, Country Road".



Fall Poems

- sent in by Barb Downman

Abscission

I liked reading that leaves don't fall in autumn;
they're pushed. It captures nature's cold
practicality,
and the human tendency to fall
for appearances, illusions.

When light and warmth dwindle,
a layer of cells starts to spread where leaf stalk
meets twig, like cauterization.

The death-pitted dormant tree looks ahead
without a flicker: in its heartwood.

Marcescence

Everything is mostly gray,
sleeping or decayed.

A few brittle curls cling
to the willow's bones - dead
but life won't let go of them,
as though their shreds
still have something to give.

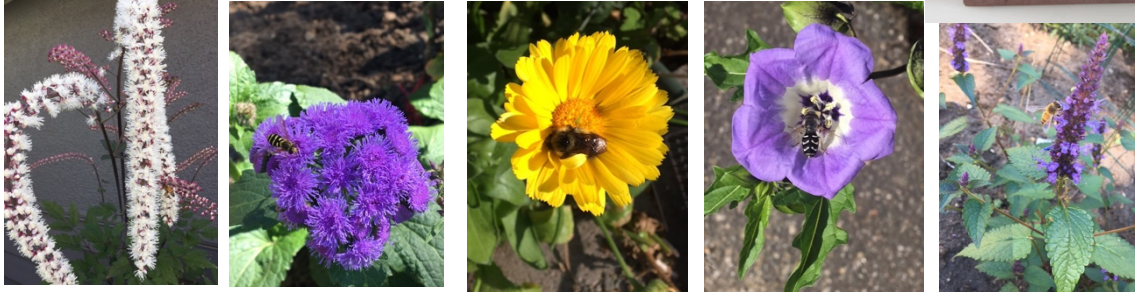
They seem both abandoned
and noble in their outstaying.

By Nicola Healey for Scientific American, October 2022

Sign of an obsessive gardener: Whether you're at the grocery store, the hardware store, a flea market or even on the beach or in a forest, you always find products or items you can use in your garden.

Self-explanatory - \$\$\$ - but interesting. >>>>>>

Find the bee in the *cimifuga*, *ageratum*, *calendula*,
Nicandra physalodes, *hyssop*, *ageratum*, *hyssop*.



Mutual Entrapment

- sent in by Linda Howe

The thesis of this article from AEON is "As Neolithic people transformed prehistoric forests, they stumbled into an ecological trap. Domestication goes both ways."

"We often conceive of domestication as a process involving humans taming, penning or manipulating animals and plants. Domestication turned wild sheep species into livestock, wolves into pets, and weeds into cereal crops. It also transformed whole landscapes, as people learned to domesticate forests, grasslands, jungles and coastlines. But this is not a process that belongs to the distant past. Newer forms of domestication are still emerging as rural landscapes are turned into fields of solar panels, coastlines into concrete seawalls, and former deserts into forests. Each transformation is designed to serve human needs: to increase biomass, reduce food insecurity or sequester carbon. And, in each, domination appears to flow in one direction. *Humans* domesticate. But can domestication flow the other way? [...]"

"To consider how a landscape might domesticate humans, we must journey into deep time to tell two stories. First, a story of how Neolithic people transformed Early Holocene forests into domesticated heathlands. Then, a second story of how heathlands transformed and 'domesticated' Neolithic people. From this perspective, our relationship with heather is not only one of domestication but *mutual entrapment*. Heather helps us understand how cultural landscapes make demands on us, producing certain modes of production and consumption, determining forms of work and routines, and defining the ways and places where we (and other species) live."

The article describes ancient peoples' relationships to heather and heathlands - which turns out to be mutually exploitative.... Heathlands began encouraging forms of survival that were easy for humans to get into but difficult to get out of. Read the rest in AEON by following the links in October links.



More signs of an obsessive gardener (there will be more until I run out)

You tell everyone that soil isn't dirty ... and you really believe it.
You spend more on gardening than on clothes.
You read a plant or seed catalog like other people read a novel.
You always have dirt under your fingernails that nothing can make disappear.
You better understand Latin names than the language of your teenagers.
You proudly show your compost pile to visitors.
You have a visceral hatred for slugs that nothing can satisfy.
There are always pruning shears, a shovel and plastic bags in the trunk of your car ... just in case.
When traveling, public gardens attract you more than museums and churches.
A good garden center is your idea of paradise.
You see December 22 is one of the best days of the year, as that's when day start to lengthen.

ANNOUNCEMENTS AND OTHER GOINGS-ON

Carpool to LVGC Meetings?

- Judith Brook

Thanks again to the Club Executive for finding us a temporary home to physically meet again - much appreciated. This venue is not in Lynn Valley so if you are hesitating to come to the new location I can drive as a carpool to the October 20 meeting **from** Lynn Valley St Stephens Church **to** Mount Seymour United Church at Parkgate. (and back!) Call Judith to discuss (phone number in our club listing) - room for three passengers.

Birds Need Water!

- Anna Mare D'Angelo

Everyone! – Please put out saucers of water as birds are fighting over what little water is out during this drought. See attached video that I filmed today (see video in October links). I have never seen this aggressive bird behaviour before nor have I ever had to water my yard in October. Remember to change water in the shallow dish daily and not set up anything that turns into a bird death trap.

And please help humans too:

Don't Forget Your Food Bank Donation!

- Judith Brook & Maria Issa

As you can probably guess, **Food Banks** are having a tough time with inflation and food prices; they have difficulty helping those in need – can't keep up with the demand. (please see the related article linked in the October links). If you frequent them, SaveOn stores have a form at the checkout, used to be for \$2, that they could scan onto your bill if you choose, for the Food Bank. [Safeway did too!-m]

There are now other denominations, which is a good idea - you can choose higher amounts, very easy and cost effective - we know the Food Bank can do so much with cash, more so than food donations... Thanks for considering!!

This does not prevent you from bringing a non-perishable offering to the meeting: I deliver them to the Harvest Project bin at Blabla's. - m

While we are on the subject of giving: you may or may not have noticed that our new meeting venue has a **SPLENDID Thrift Store**.... which provides wild opportunities for wonderful finds and wonderful deposits: just think of all that space you could have if only you emptied that..... (whatever it is) and brought the items to the Thrift Store on your way to the meeting. A single, eco-friendly trip....



Christmas Card Donations - Jackie Morris and Courtney Mitchell

Last year because of COVID, Jackie and I were unable to attend the WISH Drop-In Centre Christmas party, as we have done for the past 10 years. However, our little support group still dropped off Christmas cards for the women who attend the WISH Drop-In Centre. This year we hope to attend the Christmas party, but if this is not possible, we will drop off cards again. As always, we are looking for bright sparkly cards with animals or cute pictures. Not so keen on calm countryside scenes! If you have collected cards during this year, or if you have extra ones, we would be happy to collect them at our December 8th LVGC Christmas party meeting. If this is not possible, please contact Courtney Mitchell to make arrangements for her to pick them up. Or if you are able, perhaps you could drop them off at Jackie Morris's home.

Edible Garden Project & PUMPKIN PATCH

Check out the Fresh Sheet to find out what's happening at Loutet Farm and what's going on with the Edible Garden Project: see the October links - fi this doesn't work. <https://ediblegardenproject.com/blog/>

Art Show 2022

- sent in by Rita Marshall

While not strictly "plants" there are many artists and art-lovers among us who look forward to the Anonymous Art Show every year. This year's show is November 25 - December 17, 2022

If you are an artist (or indeed an ARTISTE), you can submit your 1 ft x 1 ft artwork by bringing your artwork(s) to CityScape Community Art Space (335 Lonsdale Ave.) during opening hours:

Mon-Wed: 9am - 5pm

Thursday: 9am - 8pm

Friday: 9am-5pm

Saturday: noon - 5pm

You have until **October 22** to bring your artwork, but PLEASE don't leave it until the last minute, the sooner the better. Thank you for submitting to be part of the Anonymous Art Show!

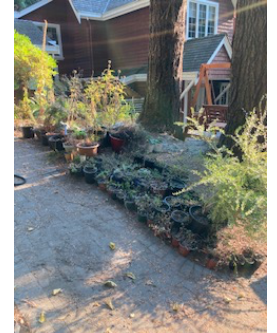
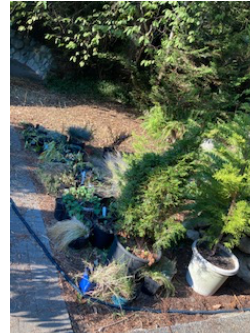
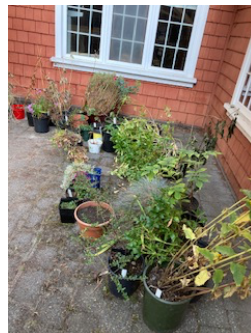
We are thrilled to announce that we have over 840 artwork submissions this year. We may not be able to fit that many works in the gallery (but we'll try!). For detailed information, please check the October Links.



THE COMPOST BIN

- Maria Issa

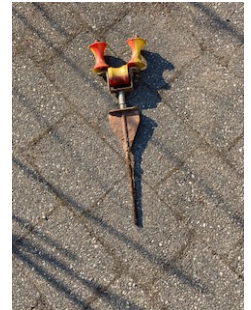
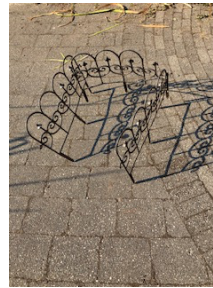
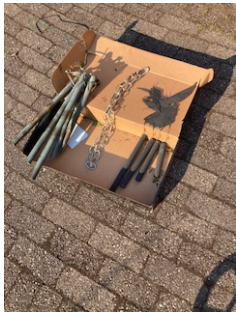
An old Hungarian saying "you are like an autumn fly" describes my thoughts well: buzzing, bumbling but sort of random, bumping into things - basically free-associating and examining things from weird angles. I'm sure it's the dry weather's fault - as I'm forever running out at odd hours, turning on, or off, some secret sprinkler, calculating/hoping that the DNV spies will not bust me, and neither will the bear. My (used to be) clean lower pond is kind of green with algae, but it may be the last open water around here and it is definitely on Bear's morning (and afternoon and evening) route as evidenced by bear-plops. [Another Hungarian truism slips in here neatly: "as certain as cow sh*t does not fall on its edge" - the same can be said of bears... seriously]. The raccoons are close behind, and the squirrels too. This may explain why Pharaoh-the-Cat (I know, it should have been Bastet, but we do call him the little bastard) sits inside the cat-flap, examining intensely what potential enemies await behind the 273 (!!!!!) pots of plants that are being tended



from the latest digs. Yup I counted them. This does not include the pots that went home with my fellow diggers, nor the entire pickup truck-load that Sharon is fostering. What an incredible boon – basically an entire plant sale!!

The raccoons regularly upend the newly potted callas, asters, evening primroses, sedums [several different kinds and Penny: not a word!] euphorbias, 2 kinds of blue grasses, Russian sage, roses, hydrangeas, rhododendrons (or are they azaleas – small leaves, not sure if they are deciduous?) anemones, chrysanthemum, dahlias, evening primroses, eryngium, candytuft, hellebores, lilies... and then there are the “mystery plants”. Probably there is more stuff – but you will have to help me figure out what they are: some roots/corms/bulbs/tubers are in pots – with no greenery – probably till spring. The surprise is half the fun. Why don’t you come by and “Plant Table”?

From our wonderful dig hosts, we scored some interesting garden thingies: I am sincerely hoping we will have the garden paraphernalia sub-section at our Plant Sale next year – as these would be eminently suitable. If you can’t help yourself and absolutely MUST have one of them immediately – please – but of course, you can! You could also help to identify some as they are quite mysterious.



that most plants hydrophobic –

little stream and the water literally went *around* the soil. This worries me for the rains that - I hope! - are coming as the soil will not absorb the water, but shed it. Organic matter helps absorb and retain water¹ which is why organic sensors, that detect the percentage of organic materials in soil were developed.² This means that a good soil composition can help retain that water, rather than letting it run off. Linda Howe (who always finds such interesting things) sent us an article on “good soil composition to fight climate change”. The link to the article is in the October links – and it is soooooo sensible; so read it! I’ll give you a sneak preview/hint: “cardboard = worms”. The biologist in me cannot resist a few words on worms.

My first contact with them was at about age 4 when I started fishing in the Danube. For that, worms were needed. Understanding worm habitat – in other words where to find them for a successful expedition – came immediately after: grandmother’s garden, of course. What I uprooted as a result, earned me some “no dessert” but there – and with planting beans – began my scientific career.

So: worms, or from Olde English – wyrms. They are (obviously) invertebrates, annelids, and our earthworms, oligochaetes: they are segmented, have a front and a back end (and no, if you chop them with a shovel, the two halves do not then live separate lives - they die). The front segment has sensors and the rest are pretty much modular and have bristles to move the worm along as it “paristalses” – constricts serially - as do your oesophagus and intestines. Basically, a worm is just a moving gut. As such, it does not have lungs – but breathes through its moist skin – and does not have blood – just a juice called hemolymph. They are also hermaphrodites (both male and female) and use that “different segment” – the ring thing – to exchange genetic material to make new little worms. Which brings me to another, old Hungarian joke from the Communist era: “What did one Communist worm say to the other, when they spied a plate of pasta? A: Disgusting: Western group sex!”

So there you have it: the autumn fly.

“The ground's generosity takes in our compost and grows beauty! Try to be more like the ground.”
- Rumi

Information is like compost; it does no good unless you spread it around. ---Eliot Coleman

¹ <https://access.onlinelibrary.wiley.com/doi/abs/10.2134/agronmonogr9.2.c41>

² <https://elibrary.asabe.org/abstract.asp?aid=31826>



Lynn Valley Donations Committee Report to the Executive October 5, 2022

The Donation Committee, consisting of Judith Brook, Jessica McCulloch, and Lorraine Robson, met to recommend where the club's \$4600 should be donated. Having reached consensus on our recommendations, we are pleased to present them for posting in The Leaf and being voted on at the AGM in November.

When asked for input about our donations this year, we received only three requests:

- **to increase spending on books since they are increasingly expensive**
- **to add the City of North Vancouver Public Library this year since our members also live in the City of N. Van. and**
- **to continue with the Science Fair awards for botany-related projects to encourage young people to learn about growing plants.**

We have included recipients from past years as well as meeting the three requests above. We decided not to recommend donating funds to two groups who have sometimes been recipients in the past. While LVGC has donated money to Park & Tilford Gardens in the past, we learned that the "big diggers" on Sept. 17, 2022 had donated a beautiful peony and two tree peonies to Park & Tilford Gardens (P&T). Ann Pentland mentioned that P&T still had some money donated by LVGC to be spent.

Likewise, LVGC has donated to the BCCGC Scholarship Fund some years, but we decided not to recommend it because the BCCGC Scholarship Fund spends very little of the money they receive: only 4%. Most of it goes into their Legacy Fund. For the year 2021, \$13,050 was distributed to colleges and universities throughout BC. In previous years, even less money was distributed. The closing fund value as of Dec. 31, 2020 was \$330,706.70. We felt that we had enough money available for our donations to make a difference by it being spent now.

For next year, we would like to recommend consideration of these two projects:

- **a new women's living centre being developed on the North Shore**
- **an additional hospice or Alzheimer's garden in North Vancouver.**

We considered the following criteria when recommending recipients:

- they had to be non-profit;
- impart knowledge of gardening;
- impart love of gardening; help in our community;
- and help people learn the value of growing food/planting for pollinators.

Below is what we found with website addresses/etc.

- **Butterflyway David Suzuki Foundation** <https://davidsuzuki.org/take-action/act-locally/butterflyway/north-vancouver/> Butterflyway Rangers develop and maintain new gardens to attract and support butterflies and other pollinators.
- **City of North Vancouver Public Library** for horticulture and sustainable living books
- **DNV Public Library** for horticulture and sustainable living books
- **Edible Garden Education Project** <http://ediblegardenproject.com/fed-up/> The schools/parents have to provide the planters and have to have a minimum of 3 classrooms that will participate. It costs \$500 per class. Students from kindergarten to Gr. 12 participate in learning how to grow and harvest fresh, healthy produce and become active participants in our local sustainable food system.
- **Gerry's Garden** (between Loutet Farm and Brooksbank Elementary) The caretakers of Gerry's Garden are the same: Howard Abel/Frank Morton/Don Gagan. Sadly, Gerry MacPherson (who created the garden to honour his son who died of cancer) died this summer at age 103. They dissolved their official society designation last year, so any donations are made out to Frank Morton. They created a new shade garden bed last year and the space is looking quite full and lovely.
- **NS Hospice (Lions Gate Hospital)** We have several members whose families have used this place. Some of the Master Gardeners volunteer their time here so the garden creates a welcoming and soothing spot for patients and families.

- **Wild Bird Trust** administering for Maplewood Conservation Area Two of their employees gave tours to about 50 of our members on our combined Field Trip and Members' Garden Tour in July 2022. They have a native plant garden in the area just past the nursery toward Osprey point, in addition to an outdoor classroom, viewing area, etc. They also have an existing Butterfly garden on site designed to attract the Anise Swallowtail butterfly.
- **YWCA Rooftop Garden** <https://ywcavan.org/blog/2021/09/ywca-rooftop-garden-help-keep-our-garden-flourishing> In 2021, they grew 1600 pounds of food that helped feed the downtown eastside (in 2020 they provided 39,000 meals). The rooftop garden also attracts pollinators living in beehives on other rooftop gardens downtown.
- **Proposed Donations for 2022**

| Organization | \$\$\$ | Non-Profit | Impart knowledge of gardening | Impart love of gardening | Our Community | Learn the value of growing food/planting for pollinators |
|--|----------------|-------------------|--------------------------------------|---------------------------------|----------------------|---|
| Greater Vancouver Regional Science Fair (Botany-related project) | \$300 | √ | √ | √ | | √ |
| Butterflyway David Suzuki Foundation | \$300 | √ | √ | √ | √ | √ |
| DNV Public Library | \$300 | √ | √ | √ | √ | |
| Edible Garden Education Project | \$2,000 | √ | √ | √ | √ | √ |
| Gerry's Garden (near Loutet Farm) | \$200 | √ | | √ | √ | |
| NS Hospice (Lions Gate) | \$300 | √ | | √ | √ | |
| Wild Bird Trust (Maplewood Flats) | \$450 | √ | √ | | √ | √ |
| YWCA rooftop food garden | \$450 | √ | √ | √ | | √ |
| City of North Vancouver Public Library | \$300 | √ | √ | √ | √ | |
| Total Donation | \$4,600 | | | | | |

Lynn Valley Garden Club Proposed 2023 Budget

Please note that this is a proposed projection of income and expenses for 2023. Your executive recommends the following 2023 Budget for approval at the November 2022 AGM. The budget is again based upon a number of assumptions including: Full Membership, A plant sale in 2023 and a Field Trip and/or Garden Tour in 2023

Income

| | |
|----------------------------|------------------------|
| Membership | 3000.00 (150x20) |
| Guests | 55.00 |
| Plant Table | 50.00 |
| Plant Sale | 6000.00 |
| The Dig | <u>600.00</u> |
| <u>Income Total</u> | <u>9,705.00</u> |

Expenses

| | |
|--|--|
| Bank Charges | 60.00 |
| BCCGC | 300.00 insurance |
| Christmas Party | 500.00 |
| Donations | 3000.00 50% of net plant sale and Digs |
| Door Prizes/Sunshine | 450.00 (incl misc. gifts, door prizes) |
| Field Trip | 500.00 |
| Garden Tour | 200.00 (light refreshments) |
| Hospitality | 400.00 (meetings only) |
| Office Supplies | 200.00 (misc.office supplies & postage) |
| Plant Sale Expenses | 1800.00 (possible rental of venue, purchase of soil) |
| Newsletter | 120.00 (postage & printing for The Leaf) |
| Property, Equip | 100.00 (misc. equip) |
| Rent | 1440.00 (10 x 120) |
| Speakers' Fees | 2500.00 |
| Technology Support | <u>500.00</u> (incl.Zoom and Website) |
| <u>Total Expenses</u> | <u>12,070.00</u> |
| There will be a budget deficit of | 2,365.00 for 2023. |

Our bank balance at the end of 2022 is projected to be approximately \$14,000.00 and further projections to the end of 2023 show a bank balance of approximately \$11,000.00.