



# THE LEAF

THE LYNN VALLEY GARDEN CLUB

Established 1943

November 2021

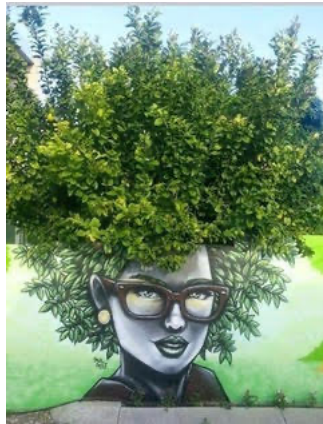
## President's Message - Norma Austin

Dear Members,

I hope you all have now put your gardens to sleep, to rest up for their big show next year. I've seen quite a few plants that had gathered so much energy from the heat this summer that they managed to put out another flush of blooms. Now comes the heavy rain, together with the lowering temperatures and shortened daylight to convince them to take a deserved break. I like winter. It's my best excuse to retreat indoors. I turn the heat up and grab a book. Chocolates are usually nearby. I don't dig up plants or bring any inside to care for. I allow Mother Nature free rein to do her thing. I like to think of all the beneficial little creatures all nestled into the protective blanket of leaves that I've laid down. That's my contribution.

Now to the business part of General Meeting (AGM) this On Zoom. Take the time to read reports in this LEAF. You will be executive members, the donations of money from our plants from the digs. Then we'll own Maria Issa talk about, to know about photosynthesis,

On to our Christmas party! It *Thursday, December 9th*. The Rita Marshall will do a live demo centerpiece. Her instructions are about Julehjerter hearts, which husband, make every year.



this message. Our Annual month is on November 18. carefully all the AGM voting in the new proposed budget, and plant sale, which included sit back and listen to our "Everything you wanted but never dared to ask." will be on the *2nd* party will be as follows: of a Christmas table below. Aline will talk she and Peter, her

At the October meeting, for the purpose of getting to know our members better, I asked some questions in a poll format. One example was, "Of the following plants, which is your favorite scent? Lilac, Lavender, Sweet pea, Rosemary, or Jasmine." The votes were spread quite evenly, but Sweet pea was the favourite. Please send me some questions. Humour is always good for a party. If you have any questions that I (or you) can ask for individual responses, that would be great too! Maria may have put a recipe for mulled wine in this LEAF. Unless taste-testing is still on-going . . .! Have a glass (or more) on hand for a toast. I will be calling on well-wishers to say a few words. We will end the evening by singing "We Wish You A Merry Christmas."

Cheers,  
Norma.

LVGC MEETINGS  
Non-Pandemic: 3rd  
Thursday of each month  
(except July and August)  
non-pandemically at  
St. Stephen's Church  
1360 E 24th Street

Pandemic: ZOOM  
MEETINGS WILL START  
AT 7PM

### SPEAKERS

DR. MARIA ISSA

*Everything you always  
wanted to know about  
photosynthesis, but never  
dared to ask  
November 18*

Even though we have a  
**NEW** Mailing Address:  
Lynn Valley Garden Club  
Lynn Valley Post Office  
P.O. Box 16053  
North Vancouver,  
BC V7J 3S9

To limit unnecessary trips,  
we are picking up the mail  
*ad hoc*

PLEASE USE ELECTRONIC  
ACCESS

Your emails are welcome!  
[lynnvalleygardenclub@gmail.com](mailto:lynnvalleygardenclub@gmail.com)



## Executive 2021

### President

Norma Austin x

### Vice President

Jacquie Morgan x

### Secretary

Lorraine Robson x

### Treasurer

Donna Wasylik x

### Membership

Barb Downman x

Doreen Marbry x

### Members at Large (MAL)

Lori Herman x

Penny LeCouteur

x

Ann McKinnon x

Courtney Mitchell

x

### Committees

#### Newsletter Editors

Maria Issa x

Margaret Campbell

x

#### Plant Table

Norma Buckland

x

#### Hospitality

Sharon Carabetta

x

Susan Nicholls x

Daphne Page x

#### Sunshine / Door Prizes

Susan Huber x

#### Website

Aline Burlone x

Executive Meetings

By Zoom, 1<sup>st</sup> Wednesday of  
each month, 7PM

Next Newsletter Deadline  
Beginning of December

If you have material to delight  
your fellow members - please  
submit it via the time-

honoured routes or email to

<mailto:lynnvalleygardenclubnewsletter@gmail.com>

Thanks to all who contributed  
to this edition: *Judith Brook,*  
*Rosemarie Adams, Sue Callahan,*



*Barb Downman, Linda Howe,  
Rita Marshall, Courtney  
Mitchell, Jackie Morris*

## SPEAKER

MARIA ISSA

### EVERYTHING YOU ALWAYS WANTED TO KNOW ABOUT PHOTOSYNTHESIS, BUT NEVER DARED TO ASK

Maria was born in Hungary, arrived in Vancouver at age 10, grew up in Catholic schools, wanting to be a ballerina: however, she grew. Plan B: switched to science for fun, did an honours BSc in microbiology/immunology, then a PhD in immunology. Worked in many places around the world and taught general biology; even taught biochemistry in Eastern Indonesia (like Penny!). Maria retired from research at UBC's Department of Pathology and Laboratory Medicine, but she still gets hauled back each year to teach med students. Maria loves to paint; to rescue plants with her LVGC partners in crime; and keeps fit as a TaeKwonDo 3<sup>rd</sup> Dan black belt instructor [yes, still].



## REPORTS

### *President's AGM Report - Norma Austin*

Another year of Covid. Another year of uncertainty. There is still no word on a completion date for the renovations at St. Stephen's.

In spite of these hurdles, or because of them, the executive team took on new challenges and did some interesting things this year. Here's a recap:

January came and went without fanfare. We carried on with meetings on Zoom. There was talk of a plant sale of some sort, and members were asked to carry on with the usual routine of starting seeds, dividing plants, *etc.*

February came with a promise of a plant sale set for Saturday, May 22. The MAL team, Penny LeCouteur, Lori Herman, Courtney Mitchell, and Ann McKinnon, started thinking about possibilities of where and how. As luck would have it, Sue Callahan was at a 'Big Dig', when a man in a big truck offered her 6 yards of free soil. He saw this team of people digging up plants, and just knew that his soil would come in handy. When Jackie and Jim Morris agreed to have it deposited by their house, the mountain of soil on the tarps they laid out looked more like 7-8 yards. Free! A couple of friendly neighbours and LVGC members chipped at it and it all disappeared in a few days. Tom Davis and unnamed others came by to help clean up the area.

March was very busy for the four MALs. They met often to figure out how to mount a plant sale, without previous guidelines, and comply with Covid rules. If you've forgotten the misadventure at a 'Big Dig,' it's recounted in the March LEAF.

By April, the MALs were tinkering with Plan B. There were so many things to change and reconfigure, Penny reckoned that they were on Plan E by the end.

May came and the plant sale was on! It was a two-day event. Saturday, May 15, was the veggie sale, hosted by Linda Schell and Daphne Page. Jackie Morris stepped up to help oversee that event. Saturday, May 22, was the perennial sale at 7 locations! The hosts were Maria Issa, Carol Ferryman, Sharon Carabetta, Kathy Stubbs, Judy Lashley, Barbara Frisken, and Ann Frey. It was amazing! Amazing! A big thank you goes out to all of you! Let's also thank the members who volunteered at the sites, members who contributed plants, and all who came to buy, buy, buy.

In June, the congratulations, thank yous, photos, and \$\$\$ kept coming in. All the coins and bills were counted and deposited. We netted close to \$8000!!

We all had a summer break, under a 'heat dome' in July and August.

September's highlight was a gathering in Maria Issa's very special and spacious garden. There were 42 of us, all happy to be there. Everybody brought their \$20 membership fee, in plenty of time for entry into the early membership renewal contest. This clever idea from Barb Downman and Doreen Marbry may become a yearly enticement.

All the while, Maria Issa continues to put out our spectacular LEAF. Aline Burlone works without fanfare to keep our website up to date. The "Big Digs" keep showing up in various neighbourhoods, thanks to Maria Issa and Sue Callahan. Thank goodness for all the diggers who come out to help. And every month, Jacquie Morgan, our stellar VP, has found an interesting speaker for our meeting. Lorraine Robson, our vigilant secretary, records our minutes and answers a ton of emails.

Here are the retiring executive/committee members. President - Norma Austin. Vice-President - Jacquie Morgan. MAL - Lori Herman. Membership - Doreen Marbry. Sunshine - Susan Huber.

These executive/committee members are staying on for 2022. Secretary - Lorraine Robson. Treasurer - Donna Wasylik. Membership - Barb Downman. MALs - Penny Le Couteur, Ann McKinnon, Courtney Mitchell. Newsletter Editor - Maria Issa. Website - Aline Burlone. Plant Table - Norma Buckland. Hospitality - Sharon Carabetta, Susan Nicholls, Daphne Page.

Give a big welcome to Rosamund Hughes, our new Sunshine person for 2022!

*Thank you to all!*

## ***Our Annual General Meeting (AGM) this month is November 18. On Zoom.***

*As of this writing, the president and vice-president positions are still open for nominations.* Because of that and getting back to the usual way of doing things, we will be accepting nominations from the floor. Take some time to carefully read the proposed budget and proposed list of donations, posted in the back pages of this newsletter. It's important homework. You will be voting on the following motions:

***Motion #1: That the following slate of nominees, with nominations from the floor, be elected for 2022.***

President - \_\_\_\_\_

Vice-President - \_\_\_\_\_

MAL - Marilyn Bullock

MAL - Brenda Reid

Membership Chair - Cathy Rickey

Moved by \_\_\_\_\_ Seconded by \_\_\_\_\_ (at AGM)

***Motion #2: That the 2022 budget be approved as proposed with a shortfall of \$502, leaving a reserve of \$10,000.***

Moved by Barb Downman. Seconded by Ann McKinnon.

***Motion #3: That the proposed donations be approved (see the list again at the end of this Leaf)***

Moved by *Doreen Marbry*. Seconded by *Barb Downman*.



## ***Finance Report for AGM - Donna Wasylik***

This is the Lynn Valley Garden Club's current financial situation [*not bad, eh?*]

Bank Balance	14,819.85
Cash on Hand	<u>100.00</u>
<b>Total</b>	<b>14,919.85</b>

For our 2022 budget, please see the end of this Leaf - look at it thoroughly - and be prepared to vote on it at the AGM.

Similarly, please examine the proposed DONATIONS totalling \$4000 - leaving the club with a nest egg of nearly \$11,000. The details of the donations are also at the end of this Leaf - with thanks to the Donations Committee composed of Jacquie D'Auria, Sue Callahan and Donna Wasylik.

*"You can't buy happiness, but you can buy plants, and that's pretty much the same thing."*



**Colour:** You can go with traditional Christmas colours of red and gold, silver and blue, gold and silver, or go with one colour, or freestyle. You pick!

Press the candle and the branches into the oasis. The baubles and pinecones can either sit in between the branches or be pressed into the oasis.

I like this craft because I like the variety of centerpieces that get created. No two are alike. It's fun and I love the smell of the greens. A well-watered centerpiece should easily last through the Christmas season, maybe as long as a month. You don't need to waterlog it, just make sure it is always thoroughly wet/ damp to the touch. Don't let it dry out.

If you want some creative ideas, the internet is full of examples.  
Here's to a beautiful Christmas table!

*and while we are on the subject of Christmas....*

## ***Christmas Card Donations - Jackie Morris and Courtney Mitchell***

Last year because of COVID, Jackie and I were unable to attend the WISH Drop-In Centre Christmas party, as we have done for the past 10 years. However, our little support group still dropped off Christmas cards for the use of those who attend the WISH Drop-In Centre.

This year we hope to drop off cards again. As always, we are looking for bright sparkly cards with animals or cute pictures. Not so keen on calm countryside scenes! If they have a party for the women this year, perhaps we will even be able to attend so we can hand out Christmas cards in person.

If you have collected cards during this year, or if you have extra ones, we would be happy to collect them. Please call Courtney Mitchell to make arrangements for her to pick them up. Or if you are able, perhaps you could drop them off at Jackie Morris's home.

## ***Hummingbirds***

***- Linda Howe***

We enjoy our birds so much all summer and continue to fill our feeders so we can watch them come and go. According to the BC SPCA Wild Animal Rehabilitation Centre (ARC), most of the small, feathered wildlife will have migrated by now - but perhaps not the Anna's and rufus hummingbirds. They tend to stay around because temperatures stay mild and there is sufficient food.

But ARC says we have to be put out hummingbird feeders, we responsibility for them, because **habituated to our hospitality and a food source all winter.**

Wildlife biologists have three

- don't change the parts water)
- keep the feeder clean parts water once a week)
- don't let it freeze



aware that if we have continued to must now take winter-long our small visitors will have **become are going to be dependent on us for**

pieces of advice to pass on:  
nectar (one part white sugar to four

(using one part white vinegar to four

Some people apparently believe that if they increase the sugar content, it will prevent freezing and they won't have to check the feeder. But instead they may do irreparable damage to the humming birds! So stick to your usual recipe and remember to bring the feeder inside overnight when temperatures get too cold.

And a word of caution from those biologists: never use an alternative source of sweetness (honey, brown or raw sugar, molasses) and never add food colouring to the nectar.

## ***Growing Stuff***

***- Rosemarie Adams***

When you get tired of the traditional methods of starting new plants - you know, seeds, cuttings - this video offers some different ideas to try. Note the sunny background - can we replicate that in a Vancouver winter? Maybe artificial lighting would do the trick....

Just think what we could offer at the plant sale if we could get some of these treasures started!

## Help the Bees

- Judith Brook



**Leadnow**, a Canadian non-profit, independent citizens' advocacy organization founded in 2011, has launched a petition calling on our federal government to eliminate the use of toxic, bee-killing pesticides in agriculture.

Here's a brief explanation of the campaign: In Canada, agriculture uses powerful pesticides based on neonicotinoids, which are poisonous to all insects including the important pollinators - bees. Bees pollinate apples, cucumbers, strawberries, tomatoes, cauliflowers, onions, cabbages, broccoli, carrots and many more of our fruit and veg. Without bees, we wouldn't last very long!

Neonicotinoids have been widely used in agriculture, but they're so deadly to bees that Europe has banned their use. After our bee populations experienced a devastating decline in 2018, the Ministry of Health promised to ban the use of neonicotinoids in Canada. But this summer, they quietly walked back their promise. The government is counting on this switch-back to fly under Canadians' radar.

We need to stop the use of this chemical in order to preserve our environment and stop poisoning ourselves. **Leadnow** believes that a massive petition will make it clear that we still need to protect our bees, not the toxic profits of bee-killing chemical companies. It is asking all gardeners to help stop this new threat to bee survival. Bees are crucial to life on earth – but right now, they're in danger.

If you would be prepared to sign their petition, you can add your name at Leadnow's "Ban Neonicotinoids" link. <https://you.leadnow.ca/p/ban-neonicotinoids>

## Mushrooms on the North Shore

- Rita Marshall

On October 14, Willoughby Arevalo presented a Zoom class focused on Mushrooms on the North Shore. We live in a wonderfully rainy area, so mushrooms thrive here and the NVDPL arranged an interesting discussion to engage those of us who are intrigued – or intimidated – by the plethora of mushrooms to be found. Are these ones poisonous? Are these the delicious ones? How do I know? How do I learn?

You might have missed the presentation, but a great list of resources has been assembled by librarian Sara Oremland (thanks, Sara) if you want to catch up.



Note: If the title is in italics, it means the book is available in our library system.



- *Mushrooms of British Columbia* – Andy MacKinnon and Kem Luther
- *Wild Edible Mushrooms of British Columbia* - Tom Cervenka
- *Mushrooms Demystified and All that the Rain Promises and More* – David Arora
- *Mushrooms of the Pacific Northwest* – Steve Trudell and Joe Ammirati
- *Common Mushrooms of the Northwest* – Duane Sept
- *Mushrooms of the Redwood Coast* – Noah Siegel and Christian Schwarz
- *Mushrooms of Cascadia* – Michael Beug
- *Mushrooms of North America* – Roger Phillips
- *Common Poisonous Plants and Mushrooms of North America* - Nancy Turner
- *Medicinal Mushrooms of Western North America* - Robert Rogers and J. Duane Sept
- *Audobon Society Field Guide to Mushrooms* – Gary Lincoff
- *The Outer Spores: Mushrooms of Haida Gwaii* - Kroeger, Kendrick, Roberts, and Ceska
- *Mushrooms I-VI*, Various Authors, Mad River Press
- *The Mushroom at the End of the World* - Anna Tsing
- *Matsutake Worlds* - Michael Hathaway (SFU)
- *Entangled Life* – Merlin Sheldrake
- *Braiding Sweetgrass* - Robin Wall Kimmerer
- *Finding the Mother Tree* - Suzanne Simard (UBC)
- *Mycelium Running, How Mushrooms Can Save the World* - Paul Stamets
- *The Deerholme Foraging Book* - WA Allen
- *Mushrooms for Color* - Miriam Rice

- The Rainbow beneath My Feet: A Mushroom Dyer's Field Guide - Bessette
- Make Ink - Jason Logan
- Botanical Inks - Babs Behan

The November links contain a series of wonderful internet sites you should look at if you're a mushroom fan



## Friends Everywhere - Barb Downman

We had just returned from a very wet walk to Deep Cove - where on our way we met Wayne Smith preparing the last of his dahlia bouquets for the season. I asked him if I could take his photo for the Leaf and he said yes so here it is.



## Easy Birdseed Cakes - sent in by Courtney Mitchell

As the cold weather is ramping up there is less and less for the birds to eat - unless of course, you remember to be a lazy gardener and let nature be - and resist the siren songs of pruner and rake - and leave a lovely, natural mess in your garden.

Still, many of us are just so *tidy...* and leave little for the poor birds... or we live in a concrete building that provides little enough as it is... in which case, this video will help you to create home-made birdseed cakes relatively easily and quickly - all you need are a few ingredients and some enthusiasm!  
<https://www.youtube.com/watch?v=PMiZ7HC273k&list=PLo5M7QJYv5E2VTUOGezTRBRCCp2a38EHr&index=4>

The video after this one is really cool too - if you can click past the stupid ads.

*Plants give us oxygen for the lungs and for the soul. - Linda Solegato*

## Sometimes I Wonder... - Maria Issa

.... when I get the following advertising in the LVGC newsletter email... yes, I know it's spam - but seriously? How on earth did they get this particular email address? - This email literally sees no action other than corresponding with YOU LOT. So that makes me wonder what YOU have been up to. No, I don't judge.... but it does make me wonder what goes on below the genteel gardening façade that you present to the world. I mean, shouldn't you say "Hmmmmm?" too?



"I asked the leaf whether it was frightened because it was autumn, and the other leaves were falling. The leaf told me "No. During the whole spring and summer I was completely alive. I worked hard to nourish the tree, and now much of me is in the tree. I am not limited by this form. I am also the whole tree, and when I go back to the soil, I will continue to nourish the tree. So I don't worry at all. As I leave this branch and float to the ground, I will wave to the tree and tell her 'I will see you again soon'." That day there was a wind blowing and, after a while, I saw the leaf leave the branch and float down to the soil, dancing joyfully because as it floated it saw itself already in the tree. It was so happy. I bowed my head, knowing that I have a lot to learn from the leaf." - Thich Nhat Hanh

## ANNOUNCEMENTS AND OTHER GOINGS-ON

**THE LEAF** is proud to announce that (the royal) we have a new **CO-EDITOR** – so we are indeed ‘we’! **Margaret Campbell** has kindly offered to pile in and edit your purple prose, check your submitted links, and generally keep me in line and hopefully catch the bloopers I manage to miss. We are learning for now – but as the Sorting Hat at Hogwarts said, “Yes, you will do great things!!” and thanks to Margaret, we will!

Here is the **BC Council of Garden Clubs’ newsletter**.... file as a link. If this link doesn’t work – look in the “November links” file. <https://bcgardenclubs.com/wp-content/uploads/bulletins/2021/bulletin-21-11.pdf>

Brian Minter congratulates the **Victoria Horticultural Society** on its **100th Anniversary**: The Vancouver Sun. (and you thought we were old at 76!?) <https://vancouver.sun.com/homes/gardening/brian-minter-vhs-has-earned-right-to-be-extremely-proud-of-its-100-year-history>

Don’t forget this year’s **Anonymous Art Show** – there are some lovely paintings to be had – you can get your hands on some art directly from the artist – maybe even some plants and flowers that don’t need watering. <https://northvanarts.ca/events-exhibitions/anonymous-art-show-2021-online-fundraiser-and-sale/> Online sales start November 25th 7:00 pm.

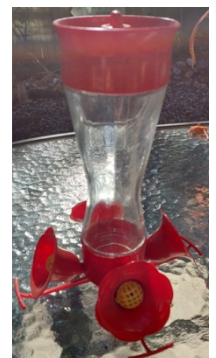


### *Downsizing Deals – from the Callahans*

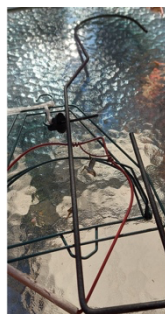
Rob’s Mom is downsizing – and has a bunch of great items to relocate to good homes.... FREE, or better yet, for a nice DONATION TO LVGC. First come, first served! Call Sue or Rob.



- TWO birdfeeders with teal roof
- TWO birdfeeders with blue roof
- One “coach-lamp” birdfeeder
- One Hummingbird feeder



Assorted plant pot hangers  
And an assortment of houseplants...



Here are 2 healthy Christmas/Easter cactus specimens and what could be a fat *Hoya Australis* but there is other stuff that maybe just what you need.



[I’d jump on these quickly!]





Writing this on a very rainy Remembrance Day and thinking of poppies...

The first poem in English that I ever memorized was John McRae's "In Flanders Fields" - and it has stuck with me - mostly because poppies had always been my favourite flower. Later, I got into other wartime poets and the next great memorization (outside of Macbeth's speech that we 'had to': "Is this a dagger I see before me?" ... etc. etc. etc.) was the war-time poet, Rupert Brooke's *The Great Lover*. It is not a poem of the carnage of the Great War, rather it's his reflection of the wonderful things of life -

"These I have loved:

White plates and cups, clean-gleaming,  
 Ringed with blue lines; and feathery, faery dust;  
 Wet roofs, beneath the lamp-light; the strong crust  
 Of friendly bread; and many-tasting food;  
 Rainbows; and the blue bitter smoke of wood;..."

that the great war then took from him: he died young.

Even though Rupert Brooke doesn't mention poppies, this poem automatically pulls John McRae's images from my mind, and I see fields of poppies - like in the paintings of Pál Szinyei Merse (who was an old man by the time of WWI, but still painting).



For me, wars have their flowers. There were the English "Wars of the Roses" [1327-1377] with the houses of York (white rose) and Lancaster (red rose); or if we are not Europe-centric, the "Flower Wars" of Mexico [1454-1519]. World War II also had its flower - the daisy. It was the flower of hope and resistance because during the WWII occupation of her country, Queen Wilhelmina of the Netherlands sought refuge in the United Kingdom and the daisy held special significance for her as it had been blooming in Holland when the country was invaded. On Remembrance Day in France, they sell forget-me-nots. Then, in England, in the 1930s the white poppy became the symbol of peace.



I didn't know, but it turns out, that there are other flowers that symbolize peace - lavender, apple blossoms, violets, lotus flowers, peace lilies, cosmos, pincushion flowers (scabiosa), peonies and the "Christmas rose" - known to you and me as the hellebore.

Flowers have always had meaning - the symbolic language of flowers has existed for centuries in many countries throughout Europe and Asia. As you know, they play a large role in William Shakespeare's works. Mythologies, folklore, sonnets, and plays of the ancient Greeks, Romans, Egyptians, and Chinese are peppered with flower and plant symbolism - and for good reason. Nearly every sentiment imaginable can be expressed with flowers. The orange blossom, for instance, means chastity, purity, and loveliness, while the red chrysanthemum means "I love you." Back in Victorian times, besides the Bible, a well-appointed household had a book of flower meanings to decipher messages that could not be said aloud.

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"Plants could also express aversive feelings, such as the "conceit" of pomegranate or the "bitterness" of aloe. Similarly, if given a rose declaring "devotion" or an apple blossom showing "preference," one might return to the suitor a yellow carnation to express "disdain."



How flowers were presented and in what condition were important. If the flowers were given upside down, then the idea being conveyed was the opposite of what was traditionally meant. How the ribbon was tied said something, too: Tied to the left, the flowers' symbolism applied to the giver, whereas tied to the right, the sentiment was in reference to the recipient. And, of course, a wilted bouquet delivered an obvious message!

More examples of plants and their associated human qualities during the Victorian era include bluebells and kindness, peonies and bashfulness, rosemary and remembrance,

and tulips and passion."

So, to you I send basil, coreopsis, morning glory, pansy and sage. <https://www.almanac.com/flower-meanings-language-flowers> and to circle back to where we started on this Remembrance Day - poppies for 'consolation'.

## *Lynn Valley Garden Club - 2021 Donations*

*Donna Wasylik, Jacquie D'Auria, Sue Callahan*

Club Mission: To impart knowledge and stimulate the love of gardening among members and within our community

### Club Mission

Organization	Amount	Non-Profit	Impart knowledge of Gardening	Impart love of Gardening	Our Community	Helping people learn the value of growing food/planting for pollinators
Greater Vancouver Regional Science Fair (Botany-related project)	\$300		√	√		√
THE SUNSET BUTTERFLYWAY (Kitty Castle) David Suzuki approved	\$300	√	√	√	√	√
DNV Public Library	\$200	√	√	√	√	
Edible Garden Education Project	\$1,650	√	√	√	√	√
Gerry's Garden (near Loutet Park)	\$300	√		√	√	
NS Hospice Garden (Lions Gate)	\$300	√		√	√	
Wild Bird Trust (Maplewood flats)	\$750	√	√		√	√
YWCA rooftop garden	\$200	√	√	√		√
<b>Total Donation</b>	<b>\$4,000</b>					

- **Greater Vancouver Regional Science Fair** - <https://gvrsc.ca/> to offer prize money for botany/sustainability/pollination/greentech projects
- **THE SUNSET BUTTERFLYWAY** (Kitty Castle) David Suzuki Approved <https://david Suzuki.org/take-action/act-locally/butterflyway/north-vancouver/>
- **DNV Public Library** for horticulture and sustainable living books
- **Edible Garden Education Project** <http://ediblegardenproject.com/fed-up/> after the schools were closed last year due to covid they are back up and running. The schools/parents have to provide the planters and have to have a minimum of 3 classrooms that will partake. It costs \$500 per class. Queen Mary's is signed up for the first 3 months, really want to be doing, just trying to figure out how to raise the rest of monies. So you know - Edible Garden Education Project is also associated with Loutet farm, and there they grow lots of food, and normally would have a seed field, but we understand that they had to let it go last year
- **Gerry's Garden (near Loutet Park)** The caretakers of Gerry's Garden are the same Howard Abel/Frank Morton/Don Gagan. Gerry is still around and doing well - (102). They are planning on this year to do a new planting under the weeping plum tree and under the big willow tree, and planting winter pansies in the formal circle bed
- **NS Hospice Garden (Lions Gate Hospital)** Several members' families are using this place. One of our members told us that is a great place and that some of the master gardeners volunteer their time so it is always spectacular to provide comfort to the entire family. Patients can be wheeled out in their hospital beds to enjoy the garden. They would use the monies towards purchasing shrubs, mulch, soil, and bulbs.

- **Wild Bird Trust** administrating for **Maplewood Conservation Area** Fundraising project for 2021 is in part to create a native plant garden in the area just past the nursery toward Osprey point, this is in addition to an outdoor classroom, viewing area, etc. They also have an existing Butterfly garden on site designed to attract the Anise Swallowtail butterfly
- **YWCA Rooftop Garden** <https://ywcavan.org/blog/2021/09/ywca-rooftop-garden-help-keep-our-garden-flourishing> this year they grew 1600 pounds of food; helped provide food to downtown eastside (in 2020 they provided 39,000 meals)

## ***Lynn Valley Garden Club – Proposed 2022 Budget***

Please note that this is a proposed projection of income and expenses for 2022

Your Executive recommends the following 2022 budget for approval at the November virtual AGM. The budget is again based upon a number of assumptions, mainly:

- Physical meetings to resume in March 2022 to December – 8 meetings
- Rent is prepaid for 4 months; need to pay for 6 meetings
- A field trip and a Christmas party. If there is a garden tour, the Hospitality Budget will cover expenses.
- Full membership of 150 is assumed

### **2022 Detailed Assumptions**

#### **Revenue**

Membership	3000	150 X 20.00
Guests	50	10 guests @\$5 – March - December
Plant table	50	
Plant Sale	5000	indoors – venue costs
Field Trip Bus	<u>1000</u>	revenue from tickets will equal expense of bus rental +/-
<b>Total Revenue</b>	<b>9100</b>	

#### **Expenses**

Bank Charges	50	
BCCGC	282	insurance only
Christmas Party	400	
Donations	2500	50% of expected plant sale revenue
Door Prizes/Sunshine	350	
Field Trip	1500	incl. \$500 budget for entry fees, refreshments
Hospitality	770	incl. garden tour refreshments
Office	350	incl. 2 mo. Zoom, GO Daddy, post box
Plant Sale expenses	300	incl. rental hall for plant sale
Postage & Printing	120	
Rent	480	6 months
Speaker Fees	<u>2500</u>	
<b>Total Expenses</b>	<b>9602</b>	

***Projected Budget Deficit for 2022 of \$502***

***Projected Reserve at January 2022 is \$10,000.00***



# Lynn Valley Garden Club

## 2022 Registration Form

(Jan 1, 2022 to Dec 31, 2022)

- Annual membership Fee is \$20 per person or \$35 per couple.
- To secure your member status for 2022, renewals need to be received by December 31, 2021. After this date, both new & past members will be accepted until the club limit is met.
- **Payment by cheque is preferred.** Make payable to 'Lynn Valley Garden Club'. Post dated cheques (December 31, 2021) will be accepted.
- Complete the form and attach payment. Mail or deliv. form & payment to Doreen Marbry 1170 Eastview Road, N. Van BC, V7J 1L6 or submit at the Sept. 18<sup>th</sup> 'Drop In" at Maria Issa's

Current Year Member: \_\_\_\_ or New Member: \_\_\_\_

Last Name: \_\_\_\_\_ First name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone number: \_\_\_\_\_

Email: \_\_\_\_\_ [ to receive the newsletter ]

Would you consider helping with a committee  
or taking an executive position in the future? Yes \_\_\_\_ No \_\_\_\_

Do you want your phone number included  
on the membership phone list? \*\*\* Yes \_\_\_\_ No \_\_\_\_

Do you have a suggestion for a speaker or a topic? \_\_\_\_\_  
(more space on back of form)

Paid by Cheque: \_\_\_\_ Cash \_\_\_\_

\*\*\*All LVGC email addresses & phone #'s are private information and only to be used as directed by the executive.  
LVGC 2022 Member reg form