

# LYNN VALLEY GARDEN CLUB First established 1943

# Executive Notes for April

Rosemarie Adams

Oh what a lovely time of year this is. All those spring bulbs in bloom and everything in the garden coming to life. I just love those days when I have nothing more to do than potter in my garden, so good for body and soul!

As most of you know, our scheduled guest speaker for our March meeting, Marilyn Holt, was unfortunately in an auto accident and hospitalized. At very short notice we were able to get Emma Holmes to come in and she gave us an excellent presentation on Composting – I personally learned a lot from her, and really appreciated her being able to accommodate us at such short notice. Glad to report that Marilyn is recovering and we hope to get her in at some future date.

Our Plant Sale will soon be here, hope you are all busy potting up plants! This is our one major fundraiser, and enables us to not only bring in interesting guest speakers for our meetings, but also donate funds to local worthy causes. I feel it also serves the community well, enabling local gardeners to buy lovely flowers, shrubs and vegetables at very reasonable prices. For all our members who volunteer at both the Friday set-up and the Saturday sale, it also gives an opportunity to meet and socialize with other members. It is work, but it is always fun!

When bringing in plants for the sale, please keep in mind the problems that some invasive plants can cause. I have mixed feelings about some of the plants listed as "Invasive" – for example Periwinkle looks great in hanging baskets and can serve as great groundcover to help prevent soil erosion or in controlled spaces, but some things like Lamium and Aegopodium (Goutweed), once in your garden, are very difficult to get rid of.

If you have put your name down to go on the bus trip June 8<sup>th</sup> please pay your \$15 as soon as possible to hold your spot – we now have only two seats left to fill.

**April 2013** 

## **Meetings Schedule**

LVGC meetings are held on the third Thursday of each month (except July and August) at St. Clement's Church.

3400 Institute Road

Please note that meetings start promptly at 7:15 pm.

April 18, 2013 Paul Edwards Japanese Maples

May 16, 2013 Emily Budinski Herbs

June 20, 2013
Patricia Fleming
Gardening for Wildlife

#### **Mailing Address:**

Lynn Valley Garden Club P.O. Box 16053 1199 Lynn Valley Road North Vancouver, BC V7J 3S9

http://www.lynnvalleygardenclub.org

Rosemarie



## 2013 Executive

**President** 

Rosemarie Adams

**Vice President** 

Pat Holmes

Secretary

Bernie Robb

Norma Buckland

**Treasurer** 

Harvey Lawson

Membership

Doreen Marbry

Diane Sekora

**Members at Large** 

Rita Marshall

Chris Pharo

Jan Valair

Tara Findlay

**Newsletter Editor** 

Lvnn Batt

theleaf@lynnvalleygardenclub.org

#### COMMITTEES

**Plant Table** 

Christel Glazer

Marie Pringle

Hospitality

Doreen Wakefield

Pat Phillips

**Bright Spots** 

vacant

**Sunshine/Door Prizes** 

Carol Ferryman

**Sound System Set-up** 

Maurice Jones

Hartwig Rother

Website

Brian Didier

Next Executive Meeting: May 2, 2013

The Leaf Deadline: May 5, 2013



Bank balance at \$.



## Doreen Wakefield, Pat Phillips

Please bring your own mug and remember the coffee we serve is decaffeinated.



Carol Ferryman

Please let us know of any members who are ill or have lost a loved one.

Donations of new items for door prizes are always appreciated.



Membership April report Doreen Marbry, Diane Sekora

We have a full membership of 125 with 11 people on the waiting list. It is so nice to see some of the people who are on the waiting list, come as guests to our meetings, welcome to all of you!

Our June 8th bus trip is filling up, we only have two seats left. We have 15 members who still need to pay their fares. It will be a lovely afternoon visiting all the gardens.

We still have members who have not picked up their membership cards, they will be available at the membership table at the next meeting <u>please</u> stop by and pick them up.



## This Month's Speaker

Pat Holmes

Our speaker for April, Paul Edwards, began grafting maples and selling them at farmers markets in the Lower Mainland in 2006. He installed a large commercial greenhouse on his Richmond property and opened his nursery, Select Maples, in 2007. His small niche nursery is open to the public from April to October and as well as Japanese maples he sells topiary and unusual evergreens. Check out his webpage: <a href="https://www.selectmaples.com">www.selectmaples.com</a>

Thanks to everyone for their patience and flexibility regarding our March speaker, Marilyn Holt. She was in a terrible car accident. I have spoken with her, she was very concerned about us having another speaker to replace her, which, considering her troubles was very kind of her. I was indeed in a mad panic, trying to find a last minute replacement, all the more difficult because I was leaving town. Luckily, my daughter, Emma, volunteered and it made my life a lot easier, but I was sorry to miss her talk! She will be speaking on compost in Vancouver this month and now has a handout, I will bring some copies to the next meeting. I will try to rebook Marilyn Holt when she is back on her feet and we will do Veggie Container Gardening, Take 2.

There are a few seats left on the bus for our trip on June 8th. The sign-up sheet will be at the membership desk, please remember to pay your \$15 on or before the May meeting or we will give your seat to the next person on the waiting list. We have a great lineup of gardens and nurseries, Joan Bentley's private garden, Free Spirit Nursery, Dart's Hill and Petal's and Butterflies, should be an amazing day.



The Plant Sale, May 11, 2013

Thanks to those who have signed up to take volunteer time slots for both the Friday set-up, the Saturday plant sale itself, and the post-sale clean-up. There are still slots to be filled, so please add your name. The success of the sale depends on two things: the plants, and the people that make the sale happen. The more people that help, the easier it is on everyone – and it is a lot of fun. Please remember to wear your name tags and, if you have them, your green club T-shirts.

We will be handing out the lawn signs at the April meeting. They should be put out about a week before the sale, and taken down promptly the afternoon of the 11<sup>th</sup>. Please return them at the May meeting (the 16<sup>th</sup>). If you did not get a sign, and decide that you would like one, please contact Chris Pharo at 604 980 3845 – he will have extras available from his place.

There will also be small posters advertising the sale that you can put in your car windows, or wherever you have inspiration or permission to post them.

Many thanks to those members who have potted up plants for the sale. They can be bought to the church mid-afternoon on Friday, May 10. For those of you new to this, please remember to label your plants as clearly as possible with as much information as you can provide (sun or shade designations are especially important). If anyone needs help getting plants to the sale, call Chris at the number above, or at 604 649 0057. Please make sure the pots are clean (so that they look attractive and we keep the church clean), and please trim off any straggly bits so that the plants look as attractive as possible.

Here's a recap of the sale rules for members: each person on the first shift of the day can reserve one plant in the holding area, and then is free to shop during the second shift. Family members or friends can line up for you during the first shift and shop for you if you wish. Second-shifters are free to shop during the first shift. These rules are meant to keep everything running fairly and smoothly, and to provide a satisfying experience for our customers and supporters.

#### Chris Pharo

PS: The club's next event, after the sale, is the garden tour, and we are looking for more gardens to add for this year. Please consider offering your garden as a site for members to come and see what you have accomplished (and how you handle our unpredictable weather).

#### 'Like' us on Facebook

The club now has a page on Facebook to promote the plant sale! There will be regular updates on the lead up to the sale. If you have a facebook account, you can 'Like' us or 'Share' postings to help spread the word.

https://www.facebook.com/LynnValleyGardenClub

#### Help Wanted

For a number of years a few members of the club have manfully stacked and transported the chairs into the storage room at the end of the hall after the meetings. At this time, we would like to enlist a few more people to do this job on a regular basis so as to spread the load. We think it would only take four members per meeting to put away the chairs and set up three sets of tables with eight chairs around each table in readiness for the children's day care which uses the hall in the daytime. Please let us know if you would like to assist the Club with this necessary requirement of our using the hall. Call Carol Ferryman or call Tara Findlay. Your help would be greatly appreciated.

# B.C. Council of Garden Clubs Meeting – March 23, 2013 Reported by Bonnie Noakes

Thank you to the membership for sending me to the meeting. I was a last minute substitute and was recognized as a legitimate member in good standing although not without a little coaxing.

This was a very contentious meeting and although the results were excellent, electing an entirely new slate of executive members, it did not go off without many groans in the crowd regarding the proposed constitutional change. A swift end was put to the meeting when it ran overtime and I reminded the President to call for a motion to extend the meeting. A motion to end the meeting was moved, seconded and overwhelmingly approved thereby ending the meeting without the constitutional change being brought before the membership. I have every confidence that the new executive will run the business according to Roberts Rules of Order!

Speakers were Tanis Gieselman talking about grassland plant research. Her research is about the effects of species near paved roads. There is a distinct effect 30 metres out from the road of increased exotic species (non-native plants) and also a decrease of soil cover. Tanis talked about endangered, endemic and economic seeds stored at -20C in their country of origin, the Millennium Seed Bank and Kew Gardens. She showed slides of many exotic seed pods and how they are harvested and stored. She reminded us of the importance of this project due to civil unrest in some countries, land development and looting. A fantastic talk and I hope she will consider speaking to our club.

Gary Lewis of Phoenix Perennials talked about the 'Hot New Plants'. His main concern was with plant lovers quickly jumping in and trying something new before it has stood the test of time in our environment. He mentioned 2 or 3 plants which ended up being annuals instead of perennials costing customers a lot of money for a short season of interest. So, to shop wisely, wait until reports are in on how this plant performs in Metro Vancouver. I took copious notes on all of his plant comments but they are far too numerous to mention.

Myself, Jan Lockmuller and Audrey Pye attended and we each won a door prize! We also enjoyed the best meal we've had at this event.

If you wish to attend what looks like a great symposium in Vancouver check out this website: <a href="http://perennialplant.org/?ID=125">http://perennialplant.org/?ID=125</a>

## Hot New Plants

### **Cutting Edge Plants for Cutting Edge Gardens**

Gary Lewis, M.Sc. Phoenix Perennials and Specialty Plants Ltd.

3380 No. 6 Road, Richmond 604-270-4133

info@phoenixperennials.com www.phoenixperennials.com

Actaea pachypoda 'Misty Blue'

Agastache Summer Series

'Summer Glow', 'Summer Sky', 'Summer Love',

'Summer Sunset', 'Bolero' – Hyssop

Agastache NectarSeries

'Grapefruit Nectar', 'Raspberry Nectar',

'Orange Nectar', 'Grape Nectar' – Hyssop

Anemone Pretty Lady Series

'Pretty Lady Diana', 'Pretty Lady Emily',

'Pretty Lady Susan' – Japanese Anemone

Bouteloua gracilis 'Blond Ambition'

- Blue Gramma Grass

Brunnera macrophylla

'King's Ransom', 'Emerald Mist', 'Diane's Gold'

- Heart-leaf Brunnera

Centaurea montana 'Black Sprite'

-Perennial Bachelor Buttons

Centaurea 'Caramia'

- Perennial Bachelor Buttons

Chelone obliqua 'Ieniemienie' - Turtlehead

Colocasia 'Bikini-tini', 'Sangria', 'Madeira'

-Elephant Ears

Coreopsis Big Bang Series

'Cosmic Evolution', 'Star Cluster' - Tickseed

Cyclamen Sweetheart Series 'Silver', 'Flame',

'Sensation', 'Sparkle', 'Splash'

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Cyclamen coum Magic Series 'Magic Mirror'
                                                                 'Merlin', 'Ice Breaker Max', 'Shooting Star'
Cypripedium 'Dietrich', 'Ulla Silkens', 'Gisela',
                                                              Helleborus 'Angel Glow', 'Penny's Pink'
  'Ventricosum Pastel', 'Sabine Pastel', 'Victoria',
                                                              Helleborus 'Rosemary'
  'Aki', 'Pluto', 'Achim', 'Emil', 'Sabine', 'Tilman',
                                                              Helleborus Winter Thrillers – 'Green Gambler',
  'Sebastian', 'Ventricosum' - Lady's Slippers
                                                                 'Ice Follies', 'Grape Galaxy', 'Pink Parachutes',
Dahlia Dark Angels Series 'American Pie', 'Braveheart'
                                                                 'Red Racer'
  'Dracula', 'Dragon Ball', 'Pretty Woman',
                                                              Recent Heuchera – Coral Bells -- 'Electra',
  'Pulp Fiction', 'Star Wars', 'Taxi Driver'
                                                                 'Electric Lime', 'Havana', 'Lime Marmalade',
Delosperma Firespinner - Iceplant
                                                                 'Mahogany', 'Fire Chief', 'Georgia Peach',
Dicentra spectabilis 'Valentine' -Bleeding Heart
                                                                 'Southern Comfort', 'Berry Marmalade',
Echinacea Recent Introductions - Coneflower -
                                                                 'Midnight Bayou', 'Berry Smoothie',
                                                                 'Autumn Leaves', 'Sugar Plum', 'Plum Royale'
  'Tiki Torch', 'Tomato Soup', 'Mac 'n' Cheese',
  'Flame Thrower', 'Firebird', 'Hot Lava', 'Coral Reef',
                                                              Heuchera Crisp Series 'Pear Crisp', 'Apple Crisp',
  'Now Cheesier', 'Pink Poodle', 'Maui Sunshine',
                                                                 'Blackberry Crisp', 'Peach Crisp',
  'Gum Drop', 'Aloha', 'Quills and Thrills',
                                                              Soda Series - 'Ginger Ale', 'Root Beer', 'Cherry Cola'
  'Satin Nights', Mama Mia', 'Cranberry Cupcake',
                                                              New Heuchera - 'Bella Notte', 'Creole Nights',
  'Leilani'
                                                                 'Cajun Fire', 'Fire Alarm', 'Gotham', 'Rio',
Echinacea - Dream Series - 'Amazing Dream',
                                                                 'Paprika', 'Georgia Plum', 'Spellbound',
  'Daydream', 'Heavenly Dream', 'Tangerine Dream'
                                                                 'Delta Dawn'
Echinacea - Secret Series - 'Secret Desire',
                                                              Recent Heucherella - 'Golden Zebra',
  'Secret Passion', 'Secret Lust', 'Secret Romance',
                                                                 'Brass Lantern', 'Solar Power', 'Sweet Tea',
  'Secret Joy', 'Secret Pride'
                                                                 'Gunsmoke', 'Berry Fizz'
Echinacea Pow Wow
                                                              Heucherella 'Solar Eclipse'
  'Wildberry', 'Green Jewel', Hot Summer'
                                                              Heucherella Falls Series 'Redstone Falls',
                                                                 'Yellowstone Falls', 'Sunrise Falls'
Echinacea Cone-Fections
  'Meringue', 'Coconut Lime', 'Milkshake',
                                                              Hosta 'Designer Genes', 'Fire Island',
  'Pink Double Delight', 'Hot Papaya', 'Guava Ice'
                                                                 'Paradise Island', 'Purple Haze',
  'Raspberry Truffle', 'Marmalade', 'Southern Belle',
                                                                 'Rocket's Red Glare', 'Blueberry Muffin',
Echinacea Big Sky
                                                                 'Frozen Margarita', 'Irish Luck', 'Hudson Bay'
  'Solar Flare', 'Gemini Pink', 'Jupiter'
                                                                 'Captain's Adventure', 'Ghostmaster', 'War Paint'
Echinacea Sombrero Series 'Salsa Red', 'Hot Coral',
                                                                 'Deja Blu', 'Blue Mouse Ears', 'Cherry Tomato',
  Doublescoop Series 'Orangeberry'
                                                                 'Sparkler', 'Peanut', 'Alakazaam',
Erysimum 'Fragrant Star' -- Wallflower
                                                                 'Rainbow's End', 'Wheee!', 'Praying Hands',
                                                                 'White Feather', 'Dancing Queen'
Gardenia 'Summer Snow' -- Hardy Gardenia
                                                              Knautia macedonica 'Thunder and Lightning'
Geranium 'Havana Blues' -- Cranesbill
Geum Totally Tangerine, 'Mango Lassi',
                                                                 - Crimson Scabious
  'Sangria', 'Fire Storm', 'Alabama Slammer'
                                                              Kniphofia Popsicle Series 'Mango Popsicle',
                                                                 'Papaya Popsicle', 'Redhot Popsicle',
Hakonechloa macra Fubuki
  -- Japanese Forest Grass
                                                                 'Orange Vanilla Popsicle', 'Pineapple Popsicle'
Recent Helleborus - Winter Jewels -
                                                                 - Red Hot Poker
  Golden Lotus, Berry Swirl, Harlequin Gem,
                                                              Leucanthemum x superbum 'Lacrosse', 'Goldfinch'
  Amber Gem, Painted Doubles, Cotton Candy,
                                                                 - Shasta Daisy
  Onyx Odyssey, Peppermint Ice, Sparkling Diamond
                                                              Ligularia 'Dragon's Wing', 'Dragon's Breath',
  Jade Tiger, Amethyst Gem, Rose Quartz
                                                                 'Osiris Fantaisie', 'Osiris Café Noir',
Helleborus Spring Promise Series - 'Sally',
                                                                 'Garden Confetti'
  'Emma', 'Bridget', 'Mary Lou', 'Rebecca', 'Sandra'
                                                              Phygelius Candy Drops Series Vaccinium
                                                                 'Pink Lemonade', 'Pink Champagne' - Pink Blueberry
Helleborus Gold Collection - 'Jacob', 'Josef Lemper',
  'Joel', 'Jonas', 'Winter's Song', 'Silvermoon',
                                                              Polygonatum 'Double Stuff' - Solomon's Seal
  'Winter's Bliss', 'Green Corsican', 'Cinnamon Snow',
                                                              Scabiosa Mariposa Series
  'Pink Frost', 'Moonlit Marble', 'Winter's Ghost',
                                                              Viola walteri 'Silver Gem - Violet
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#### APRIL GARDENING TO DO LIST

☐ Prune winter-flowering shrubs and vines after bloom	
☐ Plant summer- and fall-flowering bulbs	
☐ Spray for peach leaf curl, peach leaf blight, and canker	
☐ Plant permanent ground covers	
☐ Plant ornamental grasses	
☐ Plant bare-root and container roses	
☐ Plant or transplant warm-season annuals	
☐ Plant fruit trees	
☐ Feed houseplants that are growing or blooming	
☐ Plant perennials	
☐ Plant ornamental and evergreen trees, shrubs, and vines	
☐ Prune spring-flowering or tender shrubs and vines after blooming	
☐ Plant vegetable seedlings	
☐ Plant balled-and-burlapped and container fruit trees	
$\hfill \square$ Apply a mulch of compost, mushroom manure or steer manure to your garden be	eds
☐ Deadhead your daffodils. Don't tie up the leaves, let them go brown naturally	
☐ Divide summer blooming perennials such as Hostas, Daylilies and phlox	
☐ Plant or repair lawns	
☐ Aerate your lawn	
☐ Over seed any thin or bare patches of lawn	
$\square$ Stay on top of the weeding. If you do it now you won't have to do it later	
$\hfill\Box$ Check your roses for aphids. If there are any squish them or apply Safers Insecti	cidal Soap.
Doing this now means relatively aphid free roses later	
☐ Clean out your pond and plant new perennial water plants	
$\hfill\Box$ Start feeding your fish once the water temperature reaches 10 C	http://www.thenatural-gardener.com



## Organic Vegetable Seedlings

GardenWorks are carrying a line of organic vegetable seedlings this year. Not only are they grown organically, the containers they are sold in are also biodegradable.

www.organikplants.com

Submitted by Tara Findlay

## Tired of Slugs?

Are you tired of slugs eating all your early seedlings? Create a trap by placing a plank or small sheet of plywood near the threatened area. As the sun comes up the next morning, a lot of slugs will seek shelter under the board. The board can then be removed and the slugs dispatched.

newsletter@westcoastseeds.com

### **ABOUT TOWN**

**Saturday, April 27** <u>Container Vegetable Gardening</u> 1pm Gardenworks Capilano Free admission. With Mike Nassichuk....604-988-8082 ....http://gardenworks.ca/page298.htm

**Saturday, April 27** Landscape Design Rules and When to Break Them 9:30am-3 pm Van Dusen Members \$60 /Non-members \$70 Instructor Estelle Bogoch Learn the fundamentals of landscape design and how to unify your garden with your house. Everyone will leave with design ideas for their own house. Bring two colour photos of your house, pencil and eraser. http://yancouver.ca/yandusen/adultEducation/adult.htm

**Saturday, May 4** <u>Super Shrubs for Shade</u> 1pm Gardenworks Capilano Free admission. With Mike Nassichuk....604-988-8082 ....<u>http://gardenworks.ca/page298.htm</u>

**Saturday, May 4** GardenSmart Aquaponics: Sustainable Fish From Your Own Backyard 1:00 - 03:00PM There is a \$8.25 charge per workshop. Call the Lynn Canyon Ecology Centre at **604.990.3755** to pre-register and pay by phone.

# Saturday, May 11 \*\*\*\* LYNN VALLEY GARDEN CLUB PLANT SALE \*\*\*\* 10am-1pm

**Tuesday, May 14** GardenSmart Patio Veggies: Growing Great food in Containers 7:00 - 08:30PM John Braithwaite Community Centre, Anchor Room. There is a \$8.25 charge per workshop.Call the Lynn Canyon Ecology Centre at **604.990.3755** to pre-register and pay by phone.

Wednesday, May 22 New Edible Walls 6:30 -8:30 pm Van Dusen

This course is an introduction to the world of vertical farming through edible walls. Learn the basics of edible wall design, what veggies and herbs are most adaptable to growing vertically, and how to care for them. Hear Senga's tips on Do-it-Yourself edible walls, as well as the types of prefabricated vertical wall systems available on the market.

Instructor: Senga Lindsay Cost: Member: \$35 / Non-member: \$45 http://vancouver.ca/vandusen/adultEducation/adult.htm

Saturday, May 25 Small Space Garden Design 9:30 am -1:30 pm Van Dusen

Explore the challenges and opportunities in small-space design, with an emphasis on patios, balconies, and small yards in condominiums and townhouses. Learn about site analysis, the use of walls and ceilings, colour, and plant choices ideal for the small garden. Bring two colour photos, rough measurements of your site, and lunch.

**Instructor:** Estelle Bogoch Cost: Member: \$45 / Non-member: \$55 <a href="http://vancouver.ca/vandusen/adultEducation/adult.htm">http://vancouver.ca/vandusen/adultEducation/adult.htm</a>

**Sunday, June 2** The Lions Gate Gogos (Stephen Lewis Foundation) is hosting a fundraiser:

a garden tour at Henry and Mary Loewen's house, at 3505 Emerald Drive, Edgemont Village

on JUNE 2nd, from 11 - 4 pm. Tickets are \$10 at the door with children under 12 free.

There will also be a table of baking and crafts and a donated painting on auction.

Tea, coffee and homemade cookies will be served free. http://greateryangogos.org/

All donations will go towards the "Grandmother to Grandmother Campaign" of Stephen Lewis Foundation

Wednesday, June 5 Growing Veggies in Containers 6:30 -9:00 pm Van Dusen

Which vegetables, and specific varieties, grow best in containers and when should they be planted? What soil mix is best and how should you water your plants? Learn how to get the most out of your balcony or patio by using vertical space resourcefully, selecting appropriate plants and containers, and more. **Instructor:** Janis Matson Cost: Member: \$30 / Non-member: \$40 http://vancouver.ca/vandusen/adultEducation/adult.htm