



NOVEMBER 2011

LYNN VALLEY GARDEN CLUB  
First established 1943

## **Message from The President**

As my 2<sup>nd</sup> to last report and official report before the Annual General Meeting November 17, I would like to take this opportunity to thank the Membership for electing me President for the 2010/11 term. It has been a pleasure to serve this Club and see it continually growing and changing to meet the needs of its members and serve the community.

This Executive has worked in a very cohesive way to bring the Lynn Valley Garden Club into this technological age we live in. Our revamped web site is easy to find on the internet and user friendly. This has become the effective tool to provide readily available information quickly and efficiently assisting our Executive in providing quick responses and allowing the public access to us, where previously they didn't know how to contact us. It also allows a venue for pictures and resource information.

Changes occurring in our term include; the website, the amplifier (as our antiquated speaker system broke down), banking changes, timing of donations, new signs for the sale, post office relocation, and many more items. We had a busy time! This leaves the incoming Executive in a very strong position to take over.

I wish to encourage members to serve on the Executive as it is a fun and rewarding experience and after all, a strong club is about volunteerism. Thank you to the committees who continually assist us until they wish to step down – you are not forgotten! My best wishes to the next Executive for a successful 2012/2013 term.

Happy Gardening,

*Bonnie*

## **Meetings Schedule**

LVGC meetings are held on the third Thursday of each month (except July and August) at St. Clement's Church.

**Please note that meetings start promptly at 7:15 pm.**

**November 17, 2011**  
Melvin Zamis  
Bonsai

**December 15, 2011**  
Christmas Party

### **Mailing Address:**

Lynn Valley Garden Club  
P.O. Box 16053  
1199 Lynn Valley Road  
North Vancouver, BC  
V7J 3S9

<http://www.lynnvalleygardenclub.org>



## 2010 Executive

### President

Bonnie Noakes

### Vice President

Lynn Batt

### Secretary

Lorraine Robson

### Treasurer

Jan Lockmuller

### Membership

Teresa Reid

Rosanne Matheson

### Members at Large

Inga Steinebach

Cari Wineberg

Nancy Gelin

Jan Valair

### Newsletter Editor

Diane Allison

[theleaf@lynnvalleygardenclub.org](mailto:theleaf@lynnvalleygardenclub.org)

### COMMITTEES

#### Plant Table

Audrey Dewan

Bernie Robb

Christel Glazer

#### Hospitality

Doreen Wakefield

Pat Phillips

#### Bright Spots

Laurie Parkinson

#### Sunshine/Door Prizes

Rosemarie Adams

#### Sound System Set-up

Maurice Jones

Hartwig Rother

#### Website

Brian Didier

### Next Executive Meeting

7:30pm, Thurs. Dec. 1<sup>st</sup> at the home of Rosanne Matheson

### The Leaf Deadline:

Sunday, December 4<sup>th</sup>



## Treasurers Report

*Jan Lockmuller*

As of October 31, 2011:

Operating funds

Committed to date:

Reserve:

Bank balance:



## Tea Time

*Doreen Wakefield, Pat Phillips*

Please bring your own mug and remember the coffee we serve is decaffeinated.



## Sunshine

*Rosemarie Adams*

Please let Rosemarie know of any of our members who have been ill or have lost a loved one. Please phone her

**Donations of new items for door prizes are always appreciated.**



## Membership

*Teresa Reid, Rosanne Matheson*

We are at full membership with 4 people on the waiting list to join for next year. There are only 2 months left to renew your membership. If you don't renew before December 31, 2011 new members will be accepted from the waiting list. Also, if you do not plan on renewing, please let us know - it makes things so much easier just send us an e-mail or call Teresa or Rosanne. Thank you!



## This Month's Speaker

*Lynn Batt*

Melvin Zamis is a North Shore resident since 1969. He has been doing bonsai for over 15 years. His other gardening interest range towards the exotic plant material and he is an urban farmer. Melvin will be showing us several of his bonsai collection and talking to us about..... bonsai: "nature's majestic beauty in miniature"

Our October guest speaker Renee Prasad told us about this ant being found in North Vancouver:

[http://www.tru.ca/faculty/rhiggins/myrmica\\_rubra\\_index.htm](http://www.tru.ca/faculty/rhiggins/myrmica_rubra_index.htm)



## Christmas Party

- Thursday December 15

*Pot luck supper - no sign up, just bring your favorite, there are 2 ovens available*

*Craft - please contact Anne Frey for details if you missed the meeting*

## Members at Large Annual Report

We might as well call it the year of rain...both events organized by the members at large occurred simultaneously with serious drenchings. Never mind...Lynn Valley Garden Club Members are clearly of hardy stock, as both events were still entirely fun and successful. The annual plant sale, held May 7 this year, was assembled under dreary skies on the Friday evening before, with so many members showing up and working hard till it was all done. The sale itself took place while it poured outside, but was still very well-attended, a testament to how well-received our sale is in the larger community. Thanks to all those who put in so many hours for the sale itself, and to those who took such care in potting up and presenting their divisions and seedlings.

The Members' Garden Tour was also well-attended by about 40 members who weren't going to let another downpour stop them (thank heavens Inga Steinebach has such a nice covered patio!). It was inspiring to visit members' gardens to marvel at unusual plants and effective designs.... Let's hope the tour will inspire more members to share their gardens with us next year.

As the gardening year winds down, please look around your gardens and think about what could be

thinned out for next year, with the plant sale benefitting from the thinnings. There will be plenty of pots available from me, and we'll probably repeat the supplying of soil emender to members for potting up. Also, if you're thinking of starting seeds in the new year, if you have room, sow a few pots for the sale. Vegetable plants are becoming increasingly popular, and will be sure to sell out at the sale.

*Nancy Gelin, Inga Steinebach,  
Jan Valair, Cari Wineberg*

## Fading Plant Tags

It's almost impossible to keep a plant tag looking nice, but this tip will keep plant tags readable for a good long time.

1. Clean off the tag.
2. Write the label with permanent marker.
3. Do a quick coat of clear spray paint (such as Krylon).
4. Apply a couple more coats after the first quick coat has dried. If you try to apply all the coats at once or a heavy coat in the beginning, the marker will run, and you will have to start again.

This is a great project for a dreary winter day!

*borrowed from the Port Kell's Nursery newsletter  
submitted by Rosemarie Adams*



## What Causes Leaves to Change Color?

We all know that leaves change their colors in the fall, making this time of year a favorite for its spectacular colors. But what causes the leaves to turn?

In autumn, the days get shorter and the temperatures get cooler. The sun doesn't warm the leaves as directly or intensely as it did during spring and summer. In these shorter, cooler days, the process of making food within the leaves ceases. As this occurs, the leaves use the food they've stored throughout the summer. This causes the leaves' green pigment to become less dominant, and gives other colors an opportunity to be displayed.

The fall colors of reds, oranges, and yellows come from sugars produced by the tree. Each type of sugar has its own color: carotenoids are yellow or orange, while anthocyanins are red. The reason we don't see these colors during the rest of the year is because they are masked by the green chlorophyll, which converts light from the sun into food for the tree.

As the days grow shorter and darker, less light from the sun is available, so the tree stops producing chlorophyll. This allows the brilliant colors of autumn to shine through. Eventually, these chlorophyll-stripped leaves cost the tree more to keep than they give back to it in energy, so it protects itself by producing a substance to seal off the leaves from the rest of the tree. Eventually, the nutrient-starved leaves fall off and die.

Then it's time for us to start raking.

*borrowed from the Port Kell's Nursery newsletter  
submitted by Rosemarie Adams*



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## Plant of the Month

*Heucherella* 'Sweet Tea'  
Foamy Bells  
Perennial

Height: 20", 28" in flower  
Width: 28"  
Zone: 4-9  
Soil: rich, moist, well drained  
Exposure: part sun, part shade

*Heucherellas* are a cross between *Heucheras* and *Tiarellas* and are very easy to grow. This vigorous evergreen hybrid has terrific colourful foliage. The deeply lobed leaves are amber-orange with a central star-shaped pattern of rich cinnamon brown. Its colour darkens in summer, then lightens in autumn. Sweet Tea is sterile so the sprays of small white flowers bloom for an extended period, usually appearing in early spring and continuing on through late autumn, without a break.



*Heucherellas* prefer part shade and do not like to dry out completely. Too much sun and drought will result in development of fungal disease, such as powdery mildew, which are the only concern with this plant. *Heucherella* 'Sweet Tea' is a great choice for shady borders. It is also perfect for a mixed container, with perennials such as grasses and ferns, or on its own, where it can provide rich winter colour.



## **What's In Season - "To Everything There Is A Season"**

Most of us have heard about the 100 Mile Diet – an attempt to eat locally grown food. Here is an interesting piece that should help in whatever level you participate. And if you don't, then it is just interesting.

### *What's in season in January?*

Apples, Cabbage, Pears, Rosemary, Sage, Turnips, Winter Squash.

### *What's in season in February?*

Apples, Cabbage, Pears, Rosemary, Sage, Turnips.

### *What's in season in March?*

Apples, Pears, Rosemary, Sage.

### *What's in season in April?*

Apples, Asparagus, Chives, Pears, Rhubarb, Rosemary, Sage, Spinach.

### *What's in season in May?*

Apples, Asparagus, Chives, Fiddleheads, Radish, Rhubarb, Rosemary, Sage, Spinach, Turnips.

### *What's in season in June?*

Apples, Cauliflower, Cherries, Chinese Vegetables, Chives, Cilantro, Lettuce, Peas, Potatoes, Radish, Rhubarb, Rosemary, Sage, Salad Greens, Spinach, Strawberries, Thyme, Turnips.

### *What's in season in July?*

Apricots, Basil, Beans, Beets, Blueberries, Broccoli, Cabbage, Carrots, Cauliflower, Celery, Cherries, Chinese Vegetables, Chives, Cilantro, Cucumbers, Kale, Lettuce, Peas, Peppers, Potatoes, Radish, Raspberries, Rhubarb, Rosemary, Sage, Salad Greens, Spinach, Strawberries, Summer Squash, Swiss Chard, Tomatoes, Thyme, Turnips.

### *What's in season in August?*

Apples, Apricots, Basil, Beans, Beets, Blackberries, Blueberries, Broccoli, Cabbage, Carrots, Cauliflower, Celery, Chinese Vegetables, Chives, Cilantro, Corn, Cucumbers, Currants, Garlic, Kale, Lettuce, Melons, Onions (sweet), Peaches, Pears, Peppers, Plums, Potatoes, Radish, Raspberries, Rosemary, Sage, Salad Greens, Shallots, Spinach, Strawberries, Summer Squash, Swiss Chard, Tomatoes, Thyme, Turnips.

### *What's in season in September?*

Apples, Basil, Beans, Beets, Blackberries, Blueberries, Broccoli, Cabbage, Carrots, Cauliflower, Celery, Chinese Vegetables, Chives, Cilantro, Corn, Cucumbers, Currants, Garlic, Kale, Lettuce, Leeks, Melons, Onions (sweet), Onions (cooking), Pears, Peppers, Plums, Potatoes, Pumpkins, Radish, Raspberries, Rosemary, Sage, Salad Greens, Shallots, Spinach, Strawberries, Swiss Chard, Tomatoes, Thyme, Turnips, Winter Squash.

### *What's in season in October?*

Apples, Beans, Beets, Blackberries, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Celery, Chives, Cilantro, Corn, Cranberries, Garlic, Kale, Lettuce, Leeks, Onions (sweet), Onions (cooking), Pears, Peppers, Potatoes, Pumpkins, Radishes, Rosemary, Sage, Salad Greens, Swiss Chard, Tomatoes, Thyme, Turnips, Winter Squash.

### *What's in season in November?*

Apples, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Garlic, Leeks, Onions (cooking), Pears, Rosemary, Sage, Thyme, Turnips, Winter Squash.

### *What's in season in December?*

Apples, Brussels Sprouts, Cabbage, Garlic, Pears, Rosemary, Sage, Turnips, Winter Squash.

*submitted by Judith Brook*

## Winter Jingle Bells Planter

- 1 gal pot *Juniperus communis* 'Hibernica'
  - hang some lights!
- 1 Dusty Miller or *Helichrysum* 'Icicles'
  - frosty silver foliage
- 1 4" pot Blue Fescue Grass- spiky blue accent
- 2 4" pots Ivy 'Glacier' - draping over pot
- 1 4" pot Miniature Cyclamen or 4" Winter Heather
  - colour!



## ABOUT TOWN

November 23 - December 11 – **UBC holiday sale.** Wreaths, fresh seasonal baskets, swags and table arrangements available at The Shop in the Garden while supplies last! 9:30 a.m. to 4:30 p.m. Approximately 300 or so of these unique decorations are made. Prices range from \$35 to \$80 and fresh supplies arrive daily. Contact: [www.botanicalgarden.ubc.ca](http://www.botanicalgarden.ubc.ca)

Friday, December 2 - **Spectacular Christmas Centrepieces – Photography** - 10:00 am - 12:30 pm at VanDusen - Flowers possess more photographic possibilities than may initially meet the eye. Our class will cover many of the technical and aesthetic aspects of flower photography and will greatly increase the satisfaction you derive from your own flower pictures. All skill levels welcome. Course will be a combination of lecture, taking photos outdoors in the Garden and a feedback session. Instructor: Estelle Bogoch  
Cost: Members: \$55 / Non-member: \$65

Thursday, December 8 - **Cedar Lecture: Red Reverie, Plants and the Colour 'Red'** - 7:30 p.m., with Daniel Mosquin, Research Manager, UBC Botanical Garden. Join Daniel for an exploration of the colour red in plants, incorporating recent scientific thought on questions such as "Why do leaves turn red in autumn?", "Why are red flowers associated with pollination by birds?", "Why are some leaves red when they first emerge?" and "Why are red food plants good for you?" Daniel's stunning photographs will complement these and other questions. at VanDusen Gardens - tickets: in advance from the Administration Office or, subject to availability, at the door on the night of the lecture. Individual tickets: Members \$10 and non-members \$15.

December 9 - January 2, 2012 – **VanDusen Festival of Lights** -, 4:30 to 9 p.m. every evening except Christmas Day (December 25) when the Garden is closed. A magical experience for the whole family with 1.4 million twinkling lights. Evenings prior to Christmas also feature Community Choirs on the Deck and Santa in his Living Room. Special prices in effect – avoid the line-ups and purchase advance tickets at the Garden starting November 1st or call Tickets Tonight at 604.684.2787 or on-line at [www.ticketstonight.ca](http://www.ticketstonight.ca)

Saturday & Sunday December 10/11 - **Holiday Wreath & Centrepiece Sale** - presented by VanDusen Dried Flower Arrangers, in the Entrance Pavilion.