



THE LEAF

THE LYNN VALLEY GARDEN CLUB

Established 1943

June 2021

President's Message - Norma Austin

I've been hearing this question a lot lately: "How much money did we make from the plant sale?" And the answer is, "**Just under \$8000!**" That is a whole lot of dollars, but money aside, the plant sale was a resounding success on many levels.

It was a much-needed social event after months and months of Zoom meetings. It gave us a chance to reconnect with members who we usually chat with at teatime at our monthly meetings. It gave us a chance to meet and get to know other members, especially the newer ones. The chatter was lively. The enthusiasm and camaraderie were contagious, and we had a lot of inquiries about our club.

The sale also became an informal members' garden tour as site hosts took the time to give tours of their gardens. All were spruced up for the event. Many thanks go to our site hosts, Daphne Page, Linda Schell, Maria Issa, Carol Ferryman, Sharon Carabetta, Kathy Stubbs, Judy Lashley, Barbara Frisken, and Ann Frey. Let's not forget all the cheerful volunteers who worked a shift or two on both Saturdays. Thank you to all the members who contributed plants and brought along friends and families to buy other members' plants. And there were a lot of plants. They all came from their own gardens, started from seed, or dug out from one of the 'dig' sites. Thanks, as well, go to Jackie Morris, who stepped up to organize the volunteers for the veggie sale. Here is something you might not have thought of. Guess who counted all that money and rolled up all those coins to bring to the bank. Our own treasurer, Donna Wasylik and her husband John. Thank you.

This year's plant sale format was so enjoyable that some like this every year. That is a organized and hard-working Herman, Courtney Mitchell,

Personally, I had a great time rose, but I ended up with two. had pointed out that species disease. And there they were. A



course I didn't have a place to plant even one rose, so I had to go and buy not one, but two pots to put them in. Pots that cost way more than the plants themselves 😊. Another thing: I didn't even know there were miniature hostas, let alone the sought-after Blue Mouse Ear hosta. Barb Downman bought one and now I have two. Luckily, they came in their own sweet little clay pots. What can I say, I was caught up in the excitement. I consider all the plants I bought to be gifts from our club members. Thank you one and all!

Looking ahead, there is much hope that we will be able to meet in person at St. Stephen's in September. The renovation of the hall has been stalled by long delays in getting supplies, so it isn't certain if the hall will be ready by then. And we don't know what Covid guidelines will allow. Keep your fingers crossed. We'll let you know when there is good news.

July and August are our usual summer break. Enjoy the garden you've worked so hard on this year, and we'll see you in September.

Stay positive, test negative. - Norma

LVGC MEETINGS
Non-Pandemic: 3rd
Thursday of each month
(except July and August)

at
St. Stephen's Church
1360 E 24th Street

Pandemic: ZOOM
MEETINGS WILL START
AT 7PM

SPEAKER
LINDA CHALKER-SCOTT
Science-Based Plant Choices
for a Changing Climate
June 17

Even though we have a
Mailing Address:
Lynn Valley Garden Club
P.O. Box 16053
1199 Lynn Valley Road
North Vancouver, BC
V7J 3S9

To limit unnecessary trips,
we are picking up the mail
ad hoc

PLEASE USE ELECTRONIC
ACCESS

Your emails are welcome!

<http://www.lynnvalleygardeclub>

Executive 2021

President

Norma Austin x

Vice President

Jacque Morgan x

Secretary

Lorraine Robson x

Treasurer

Donna Wasylik x

Membership

Barb Downman x

Doreen Marbry x

Members at Large (MAL)

Lori Herman x

Penny LeCouteur x

Ann McKinnon x

Courtney Mitchell x

Committees

Newsletter Editor

Maria Issa x

Plant Table

Norma Buckland x

Hospitality

Sharon Carabetta x

Susan Nicholls x

Daphne Page x

Sunshine / Door Prizes

Susan Huber x

Website

Aline Burlone x

Executive Meetings

By Zoom, 1st Wednesday of each month, 7PM

Next Newsletter Deadline
Beginning of June

If you have material to delight your fellow members - please submit it via the time-honoured routes or email to <mailto:lynnvalleygardenclubnewsletter@gmail.com>

Thanks to all who contributed to this edition: Rosemarie Adams, Judith Brook, Sue Callahan, Sharon Carabetta, Carol Ferryman, Barb Frisken, Rosamond Hughes, Rita Marshall, Lorraine Robson, Bruce Tennant

SPEAKER

LINDA CHALKER-SCOTT

Science-Based Plant Choices for a Changing Climate

Dr. Linda Chalker-Scott has a Ph.D. in Horticulture from Oregon State University and is an ISA certified arborist and an ASCA consulting arborist. She is WSU's Extension Urban Horticulturist and a Professor in the Department of Horticulture, and holds two affiliate associate professor positions at University of Washington. She conducts research in applied plant and soil sciences, publishing the results in scientific articles and university Extension Fact Sheets. Linda is the award-winning author of five books: the horticultural myth-busting *The Informed Gardener* (2008) and *The Informed Gardener Blooms Again* (2010) from the University of Washington Press and *Sustainable Landscapes and Gardens: Good Science - Practical Application* (2009) from GFG Publishing, Inc., and *How Plants Work: The Science Behind the Amazing Things Plants Do* from Timber Press (2015). Her latest effort is an update of Art Kruckeberg's *Gardening with Native Plants of the Pacific Northwest* from UW Press (2019). In 2018, Linda was featured in a video series - *The Science of Gardening* - produced by The Great Courses. She also is one of the Garden Professors - a group of academic colleagues who educate and entertain through their blog and facebook pages. Linda's contribution to gardeners was recognized in 2017 by the Association for Garden Communicators as the first recipient of their Cynthia Westcott Scientific Writing Award.



REPORTS

Vice President - Jacquie Morgan

Jacquie has some exciting speakers lined up for September and onwards: please check the LVGC website if you want a sneak preview - so you can plan your fall travel schedule around the talks.

Treasurer's Report - Donna Wasylik

The bank balance as of May 30 was \$15,823,95	
Cash on hand	<u>139.65</u>
Total	\$15,963.60

Total revenue from the plant sale was \$7,575.00.

This includes the proceeds from The (previous) Dig.

Membership Report - Doreen Marbry and Barb Downman

Membership Registration forms will appear in the September issue of The Leaf, so the Registration process can be started early. To encourage members to complete their registrations early we are having a **Contest**. The rules are as follows:

- The **Contest** will be open to members who submit their completed renewal form and payment by Friday, October 15, 2021.
- Renewal forms and payments must be mailed to, or dropped off, at Doreen Marbry's house by the deadline
- Membership forms will be numbered in the order they are received.
- The prize-winning number will be drawn at random from all the membership renewals received by October 15, 2021, the draw deadline.



[Barb & Doreen will be excluded from participation in the draw to remove any conflict of interest.]
The prize will be a \$25 gift card to Maple Leaf Garden Centre so watch for your LVGC Registration Form in the September Leaf!

Website – Aline Burlone

Aline reported she has reorganized the speaker pages so members don't have to scroll through all the past speakers. She has also added a current year's past speaker page (or archive). Look for PLANT SALE info on the WEBSITE!!!



From the Nominating Committee: Lynn Valley Garden Club Executive for 2022

Want to get to know some of your fellow garden club members? How about letting your name stand for a position on the executive or a part of one of the committees! They have lots of laughs and fun at the executive get-togethers (right now via zoom). Remember: "many hands make light work."

Some of the members of the executive will have completed their terms of office at the end of this year and our Nominating Committee will be searching for replacements for 2022. Our Constitution states that a member can hold executive office in any one position for two years and then move to another position for two years, if they wish. A member can hold office for a total of four years. This has worked very well in the past and many of our members have previously been on the executive over past years. After a break of two years anyone can rejoin the executive again. As there will be a number of vacancies this year, hopefully some of these members would like to rejoin the executive for 2022. The outgoing members are always willing to transition the new members on the executive.

Vacancies for this next term (starting January 2022) will include:

- President
- Vice-President
- Membership (with knowledge of excel)
- Two Members at Large (MALs)
- Hospitality
- Christmas Committee
- Sunshine

Please contact Sue Callahan or Rosemarie Adams if you are interested in any of these positions. Looking forward to hearing from you.



THE MEGA-MULTI-MAGNIFICENT LVGC PLANT SALE!!!!!!



[The Before]

The MALs had multi meetings to plan our sale(s!) and worked out every detail: the phenomenal results attest to this.

After having monitored the ever-changing Covid rules - and Jackie Morris pointing out that "Farmers' Markets Regulations" apply to us, Courtney and Bill Mitchell 'paced' ALL the driveways to make sure the right amount of space-per-person was available - and maximum numbers were assigned for each location. As field geologists both, estimating distance and area is

second nature to them. Then all the safety rules and notices were prepared and posted for both the veggie sale and perennial sales. Spacing was figured out, emergency masks for desperate-but-forgetful plant hunters were provided - and attractive coin containers (alias plastic Tide pod pods and the like) were readied for loot reception. LVGC was Covid-READY!

Ann McKinnon used her database of plants to parse the appropriate number/kind of pots per place so that we wouldn't be tomato- or hosta-heavy at any site. As a result, the veggie sale was both a great success as well as a brilliant testing-ground for the multi-site event.

There were some really cool and unusual herbs



Veg at Daphne's

contributed by members at the veggie sale (I am now the proud owner of a Corsican oregano and a shiso) as well as several what-turned-into-trees tomatoes.

From Lorraine Robson: "Last Friday while we were pricing plants at Anne Frey's garden, we were trying to identify an unlabelled plant which I thought might be a rush of some sort. I recited the first part of this rhyme, but couldn't remember the rest of it. Rosemarie said she had never heard it before and it could be useful for all of us. So here it is with a link to a few representative photos of a sedge, rush, and grass. <https://tuckergreenhouse.missouri.edu/sedges-have-edges-rushes-are-round-grasses-are-hollow-straight-to-the-ground/>

From Maria: I liked this verse so much, that I went hunting too and found different versions. The first two lines are always the same - but the controversy over the grasses is quite entertaining:

- "...grasses have knees that bend to the ground."
- "...grasses have nodes and willows abound."
- "...grasses have nodes all the way to the ground."

Then there was this conversation from a university's Botany department:

*Sedges have edges, rushes are round,
And grasses are hollow/except for the several genera
that have solid internodes.*

I'll admit that the scansion could use a little work--but more accurate, hmm? OK, how about:

*Sedges have edges, rushes are round,
And grasses are usually hollow, I've found.*

Of course, it seems to me that many grasses are round, and many rushes are hollow, so I don't see how this helps. I think you need a more Zen approach. Meditate on the plant. Does it possess rush nature? Or grass nature?

Lorraine Robson seems to live in an interesting neighbourhood:

"Are you having a plant sale?" asked a woman out for a walk with two friends as she pointed at all the pots sitting on my sunny driveway

"No," I said, "that's just my usual collection of plants coming in or waiting to be given to friends." Then, realizing this was a chance to advertise, I added, "Actually, seven pots of oregano are for the Lynn Valley Garden Club Veggie Sale this Saturday. Another 40 or so shade plants are waiting around the back for our Perennial Sale on May 22. We're holding the sale at multiple sites this year and you can find all the addresses on our website."

"We might need some more tomatoes," she replied. The man chimed in, "We three are holding our own tomato-growing competition. I'm winning!"

The two women followed up with good-natured teasing about how small the man's tomatoes were and the details of how many flowers their tomato plants had. Hoping to give them a leg up against their rival, I asked, "Did you know that tomatoes are buzz pollinated?" They listened as I explained briefly how native bees vibrate the tomato flowers to release the pollen.

The man grinned widely and announced cheekily, "I'm going to buy my tomatoes a little vibrator!"



Don't know about the veggie sale - but for the perennials - a flock of Pricers flew in, with little coloured sticks and walked around and poked them into pots *in situ*, then swanned off to alight at the next sale site.

[The "During"]

We followed Dr. Henry's regulations! The pre-sale set-up was "by the book" and all Covid procedures were mapped out - and surprisingly followed by everyone. People masked and distanced with alacrity.

Penny and Lori and the MALs circulated, inspected, hauled plants, coordinated, collected the money and basically had eyes everywhere.



From Courtney Mitchell: Carol Ferryman's site: photo was taken early when a few folks were browsing on her multilevel front yard.



Then there was the man transporting a large plant in the kid carrier part of his bike... his daughter disappeared holding onto the pot. He was biking back home to the top of Lynn valley. Nothing like a power assisted bike....

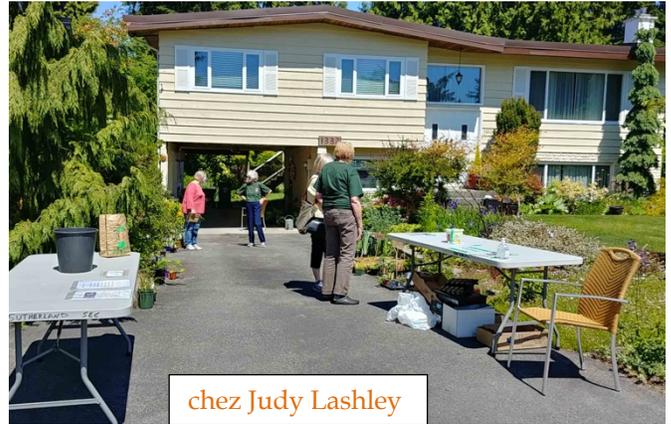
"The little girl was smelling all the plants."

Judy Lashely's neighbour put up the PLAMT SALE parking sign to allow people to use her driveway for

parking. Most generous, as the cul de sac was a bit tight for parking!



From Kathy Stubbs: "We would only expect that there would be some funny goings on at your place, Maria but I think things were pretty civilized here [at Kathy's sale



site] last Saturday.

The weather was absolutely beautiful, and the Spring gardens always look so good. I did have people admiring some of my plants - I was keeping an eye out for people wandering around with spades. It was quite useful sometimes to show a person a small plant in a pot and be able to point to a plant in the garden and say - "that is what it will become".

Seeing people in person again was wonderful - especially the ones that you'd only seen as little 'zoom



people' and there was time to get to know some of the club members. Although my maximum number for the site was 16, I'm sure we never had much more than half that number at any one time. There was plenty of time to visit, answer questions, look up information in my 'garden bible', give advice, and show people around the garden.

It was gratifying to see a couple of neighbours arrive with wheelbarrows and wagons-and fill them. There was at least one couple who took a huge load of plants

on Saturday. I had the feeling that she was the enthusiastic gardener, and the husband dutifully, quietly loaded the plants into bags and transported them to their car (hopefully it was a large van). On Sunday, which was very quiet, three of us club members were standing talking, wondering WHAT we were going to do with the remaining plants when a lady arrived and began collecting plants into piles. She got wonderful bargains (1/2 price) and we were thrilled. We helped her cram all the treasures into her smallish car before we moved the much fewer remaining plants to along the roadway."



From Lorraine Robson

(above) Anne Frey's tree stump with *Cymbalaria muralis*. The heritage stump - covered with ivy on the left - is even bigger!



Chez Anne Frey

From Maria: Yes - there were some interesting situations at my site. I had just run in for a 5 min pit stop when the doorbell rang. It was Hiromi, on volunteer duty. "Someone just said that he will give you \$25 for the succulents in the blue strawberry pot. He is just getting his car as it is heavy. Are you sure it is for sale?" YIKES. I rudely sprinted past and scrambled after my favourite pot, yelping, "NOOOO, it is most certainly NOT!!" as I grabbed the pot and returned it to its

rightful spot while Hiromi headed the Tesla off at the pass. Thank heavens Hiromi had the presence of mind to check - or my ridiculously expensive pot and the succulents that I had been nursing for 2 years would have evaporated. Apparently other sites had the wisdom to pre-emptively label their personal pots with "mine!" [Note to self for next year!]

Then there was the maple and the silent auction. The Pricers had put a hefty \$30 on it for starters. Lady One, probably unfamiliar with silent auctions, kept trying to foist cash on me and depart with the maple. "Not so fast," quoth I explaining the silent auction process, "you can't have it till the end of the day." The price went up gratifyingly, as she kept returning to check on her prize and add to her bid. Finally, at 4PM, the maple was at \$65 [!!!!] and I had to relent and help her to get it into her car - [and that was worth the \$65 as it was a heavy sucker]. Just then Lady Two trailed by husband ran up saying, "But I would have given you \$70!". She was pretty miffed... and I did have a fleeting moment of "what if" greed - but the deal had been struck and Lady One drove off with a happy grin and her maple.

I found that there were two kinds of buyers: those who were delighted with the plants and didn't mind paying: like the lady from Deep Cove who managed to cram \$105 worth of plants into her already bulging car, (including one of the monster bananas!) as she had been to some of the other sites. Then there was the other kind, who squealed up in a huge Range Rover after the sale, for the "by donation" plants at the end of the driveway. There were still lots of good plants - and she picked through them with a sniff, accepted help to fill 2 layers in her trunk and back seat, got a free garden tour, and was ready to set off. I gently reminded her about the donation. "Oh, I could give you \$5 or \$10" she said, waving the \$5 at me. "I'll take the \$10," I said grabbing for it, then kicked myself mentally for not having asked for \$20.

From Rosamond Hughes: "I wanted to write to thank Sharon and share a smile when I thought back on my volunteer time. At one point I saw someone with a large shovel who appeared to be digging a plant out of the driveway border next to the road, and thought, should I be doing something? I thought back to years ago when office equipment was disappearing from a downtown building, and it eventually became clear that it was being removed during office hours, in full view of everyone, to be taken away and 'repaired.' I was so relieved when I realised that Sharon herself was one of the 'digging' group! (Apparently someone had arrived looking for ferns and Sharon had some growing there.)

[The "After"]

From Carol Ferryman: "I am totally overwhelmed by

your kind Thank You notes and the delicious Rogers chocs (one of my favourites) that I received for being one of the host sites for the perennial sale. It was my pleasure to have a good location to display the plants and to contribute in some small way towards this annual event. By all accounts it was one of the best plant sales and I look forward to hearing the grand total in due course."

Carol also proposes that if you are salivating after some plants – to let the club know and we can ask in the *Leaf* whether anyone else has it and is willing to share. Or, the reverse – if you are splitting stuff and don't want to wait for next year's sale – let the *Leaf* know and maybe someone will give them a good home.

Email exchange with *Barbara Frisken*:

<Hi Maria,

I still have 4 donkey tail spurge and a chestnut tree at my place if anybody is interested. The tree is a volunteer. I believe it is either American or Chinese (more likely) variety. Happy to consult with an expert. If my suggestion is correct, it will be a large tree, in need of sun, and will produce edible chestnuts.>

<Hi Barbara,

The leftovers are slowly, ever so slowly disappearing from the end of my driveway... I would suggest you do the Facebook thing.... or even Craigslist...

The (*&^%\$# donkey tail spurge didn't go here either. Mine looked pretty scraggly. I'll just plant the leftovers in the street.>

<Hi Maria

My theory is that there is nothing wrong with composting leftovers ...>

I wish I had read that last sentence sooner as I had already decided to foist the remaining plants (also from



Kathy's place) on my poor, unsuspecting cousin. She had had a bit of a disaster: inherited a large house that is heritage and can't be bulldozed [good! but...] the pool had a leak; had to be dug up, while digging, they found the oil tank; dug up; that took out the terrace; dug up – and the terrace took out the garden. Bad for her – good for LVGC

as there was room for leftover plants. So, for a \$50 donation – already given to Penny – I packed my car to the roof with compostables and worried that I might get stopped on my way to deliver them....



Then *Bruce Tennant* sent the following from his friend who seemed to have had similar troubles:

"I found the solution to the disposal of surplus seedlings. After spending Saturday morning driving around to the various community gardens in North Van and speaking to a few gardeners who

were tending their plots, I came home somewhat discouraged. No one seemed to be interested in what I had to offer at a price that I thought was attractive.....FREE. Marion had been telling me to put the assorted veggies at the end of the driveway with a "Free Take Me" sign. I followed her suggestion.

It did not take long for curious folks to start showing up. Some were neighbours, others were folks out for a walk and others had heard from friends or neighbours there was a guy at the end of Russell Ave. giving away vegetable plants. In any case, Marion's suggestion was a huge success. About two-thirds of the seedlings were taken away to their new home by Saturday afternoon. Due to the poor weather yesterday, I decided to hold off putting the rest of the orphans out on the sales table. However, today with the sun returning it was time to complete the mission.

What I discovered was that mothers in the neighbourhood with children at the local school will meet their kids when school is done and walk them home. There were a couple of groups of mothers and kids that came by on their way home and everyone ended up leaving with a pot in their hand. Some of the kids were absolutely priceless. It was as though they had acquired a new-found treasure. Maybe they will become gardeners. That group took the inventory down to 4 tomato plants. When I started there were well over 30 plants, including cukes, peppers and 5 tomato varieties. The last 4 tomatoes were claimed by someone in a black vehicle - the only customer I did not have a chance to talk to. They swooped in, scooped up the bounty and were gone.

Happy ending to the story of what to do with an over-supply of veggie seedlings. I will certainly know what to do when next year rolls around and have an over-abundance of plants."

Something to be considered for next year: leftovers by schools!!



Meera Sodha's vegan recipe for walnut-stuffed aubergines - via Courtney Mitchell - and it's DELICIOUS!

A tangy, garlicky sauce given texture and crunch by breadcrumbs and walnuts, spiked with spice, and melded with creamy baked aubergine.

The aubergine has an air of mystery to it until it hits the oven. Various food writers over time have argued over whether it should be salted to remove any bitterness (it shouldn't) and whether it needs drenching in oil to cook (it doesn't), but, when cooked in the oven, there's only one way the aubergine will go, and that is creamy - and, because of that, a baked aubergine is as popular in my house as a jacket potato. The only thing up for debate is what to stuff it with. Here, I've used walnuts and peppers, loosely inspired by the Levantine dip muhammara.

Walnut-stuffed aubergines

I have (finally) switched to a reusable silicone baking liner, which works brilliantly. There's a lot of (potentially therapeutic) chopping with this dish. Get your best knife out and keep running your knife back and forth over the pepper and walnuts until they're very finely chopped.

Prep 25 min

Cook 50 min

Serves 2 (or 4 as part of a larger spread)

2 large aubergines, halved lengthways

Olive oil

1 large brown onion, peeled and finely chopped

2 garlic cloves, peeled and finely chopped

100g shelled walnuts, finely chopped

2 tbsp tomato puree

300g jarred red peppers (drained weight), finely chopped

1½ tsp ground cinnamon

1 tsp ground cumin

1 tsp sweet paprika

1 tsp fine sea salt

50g breadcrumbs

Leafy salad, to serve

Heat the oven to 220C (200C fan)/425F/gas 7 and line a large baking tray with greaseproof paper. Score the flesh side of the aubergine halves in a criss-cross pattern and brush both sides with oil. Lay on the tray flesh side down, and bake for 25 minutes, until the flesh is softening, then remove (but keep the oven on).

While the aubergines are baking, make the filling. Heat four tablespoons of oil in a large frying pan over a medium heat. When hot, fry the onion, stirring, for about 10 minutes, until soft, golden and translucent, then add the garlic and walnuts and fry for three to five minutes, until fragrant.

Stir in the tomato puree and chopped peppers, fry for three minutes, then add the cinnamon, cumin, paprika and salt and fry for another three minutes. Add the breadcrumbs and cook, stirring, for a couple of minutes, then hydrate with about eight tablespoons (120ml) of water and take off the heat.

Distribute the onion mixture across the aubergine halves, packing it down and into the cuts in the flesh, then return to the oven for 20 minutes, until the top of the mixture starts to catch and brown.

Serve with a sprightly, leafy dressed salad. [and stop drooling!]

ANNOUNCEMENTS AND OTHER GOINGS-ON

FOUND!!!

I was one of the driveway hosts (Hoskins Place) for the LVGC sale. I seemed to have acquired a pair of scissors, left on one of the donated flats for the sale from Maple Leaf Garden. Black handles, 8" tip to tail, and look like fabric/dressmaking scissors. Owner may call to arrange pick up. - Sharon Carabetta

....and if you are missing these PINK gardening gloves or the trowel and want them back - Maria has them.

From Sharon Carabetta: [who heard my pleas for pots] - "Frequently there are free pots and trays on the boulevard on the corner of William Avenue and Tenneyson Crescent"



From Rita Marshall: Loutet Farm by Brooksbank Elementary School has a number of seedlings for sale in the next Wednesday and Saturday markets, tomatoes, various kinds, vine and bush, cucumbers, zucchini, peppers, kale and Swiss chard, and a few other veggies. *[it's still not too late to grow some veg!!]*

Check out the Edible Garden Project: <https://ediblegardenproject.com>

Howard from Gerry's Garden: "It was great to see some of you at your recent plant sale! I am writing today to mention that we have just created a new garden bed at Gerry's Garden and are needing to fill it with shade or part-shade plants and shrubs. We are wondering if anyone might have any that they are willing to donate to our volunteer-run project (possibly left-overs from your plant sale).

Thank you very much again for all your support in the past! And for your consideration with regard to our new garden bed. No worries if nothing is available at this time, of course!

Luckily Lorraine Robson had lots of lovely things for him.

From Judith Brook: "Here is a company (based in Manitoba) with a great idea: they are focusing on cover crops for farms and gardens.

Currently, ReWild Garden Seed is available in retail stores in Manitoba and online at T&T Seeds. Collins expects their garden seed mixes will be available soon in BC. The approximate cost is \$19.95 per 400 square feet. For more information, visit their website: rewildgardenseed.com and coversandco.ca

Brian Minter approves of the above: "It's time to return our soils to their original healthy structure and organic content"

Weed-whacking Work Available: Know anyone who wants occasional summer work? Please email Lorraine at lrobson@shaw.ca to receive Danalee's phone number if you're interested.

"I got a suggestion from Maple Leaf nursery to contact you. I am looking for someone, preferably not a company, to do seasonal weed-whacking on my North Van property. I have a brand new 40V Black and Decker cordless electric trimmer/edger but the work is too hard on my elderly frame. My gardening plans are sort of unusual: I am trying to make a buttercup meadow rather than a grass lawn and the buttercups need to be cut down from time to time. Right now is good! Timing is flexible and I am expecting to pay the going rate. I live on Treetop Lane.

With thanks for your attention,

Danalee Goldthwaite

UBC Botanical garden newsletter:

https://botanicalgarden.ubc.ca/?utm_source=newsletter&utm_medium=email&utm_content=UBC%20Botanical%20Garden&utm_campaign=Garden%20enews%20-%20June%202021%2006%2003

From Lorraine Robson: In my internet travels, I came across this information on disease resistance codes for tomatoes to help when choosing which varieties to grow. Lots more info on growing, staking, *etc* too.

[Understanding disease resistance codes for tomatoes \(tomatodirt.com\)](http://tomatodirt.com)

Guide to companion planting: <https://manage.kmail-lists.com/subscriptions/web-view?a=Kk5Uct&c=PNq4gc&k=88d04f014368bb53f8f3baa5fb629e47&g=PHprpF&m=S56xkZ&r=yEjIAhp>

GABBING ABOUT GARDENING

Topic: "Gabbing About Planning & Planting Your Winter Garden!" with Agronomist Arzeena Hamir

Time: Monday, June 14, 2021 ~ 3:30 PM Pacific Time

Agronomist Arzeena Hamir from Amara Farm is "**Gabbing About Planning & Planting Your Winter Garden!**" You CAN grow many veggies year-round. Winter gardening is easier than you think! Learn how from Arzeena. Arzeena earned her Bachelor's degree in Crop Science from the University of Guelph and her Master's degree in Sustainable Agriculture from the University of London, England. Arzeena is truly a renaissance woman! She is a teacher, a farmer, an agronomist, a food security activist, a politician, and a mom. As one of BC's most popular garden experts she advises on a wide range of useful organic gardening and food security topics.

Join Zoom Meeting <https://us02web.zoom.us/j/84519342979?pwd=MVJmcEFGaHc5aEdNMjRtOThyRWWhWQT09>

Meeting ID: 845 1934 2979 Passcode: 325998

Topic: Gabbing About "Get Off Your Grass & Grow Healing Plant Foods" with Herbalist Brigitte Mars

Time: June 21, 2021 ~ 3:30 PM Pacific Time

Herbalist & author Brigitte Mars is "Gabbing About Get Off Your Grass & Grow Healing Plant Foods"

Brigitte Mars is an herbalist and nutritional consultant of natural health with almost fifty years of experience. She teaches herbal medicine at Naropa University and The School of Health Mastery in Iceland. She has taught at Omega Institute, Esalen and The Mayo Clinic. She blogs for the Huffington Post and is a professional member of the American Herbalist Guild. Brigitte is the author of many books and DVDs, including *The Home Reference to Holistic Health and Healing*, *The Country Almanac of Home Remedies*, *The Desktop Guide to Herbal Medicine*, *Beauty by Nature*, *Addiction Free Naturally*, *The Sexual Herbal*, *Healing Herbal Teas*, *Rawsome!*, and co-author of *The HempNut Cookbook*. Her DVDs include *Sacred Psychoactive*, *Herbal Wizardry for Kids of all Ages*, *Natural Remedies for Childhood Ailments*, *Overcoming Addictions*, and *Natural Remedies for Emotional Health*.

Join Zoom Meeting: <https://us02web.zoom.us/j/86257479014?pwd=K21kWVMvZlZlSk1la2d6eTd2ZTM4QT09>
Meeting ID: 862 5747 9014 Passcode: 591708

Topic: "Gabbing About Our Own Gardens" with Lu

Time: June 28, 2021 ~ 3:30 PM Pacific Time

Lucretia Schanfarber invites YOU to be the ones "Gabbing About Our Own Gardens" with our friendly online Gardener Community "Join Lu in this fun & informal gabbing session about our own gardens. We will screen-share to show pics & we will do live tours. Contact Lu to sign up as a gabber for this special Gabbing session.

Join Zoom Meeting: <https://us02web.zoom.us/j/86456405929?pwd=UFFMdm1FOHJoVFhmTjhFakZBbHBQQT09>
Meeting ID: 864 5640 5929

Passcode: 359768

We appreciate your donations to Gabbing About Gardening. Send etransfers to: Lucretia.Schanfarber@gmail.com or to Lucretia Schanfarber, PO Box 465, Heriot Bay, BC V0P1H0

Did you know...? "Gabbing about Gardening" has a new, regular column in Maple Magazine, "a Canadian magazine with a truly Canadian view of natural health, wellness and organic lifestyle." Subscribe online or get one at your health food store.

Naked gardening day redux:

https://www.nytimes.com/2021/05/27/realestate/naked-gardening.html?action=click&algo=bandit-all-surfaces&block=trending_recirc&fallback=false&imp_id=242167065&impression_id=e5d4cf5d-befb-11eb-adb5-330eac4b689f&index=1&pgtype=Article&pool=pool%2F91fcf81c-4fb0-49ff-bd57-a24647c85ea1®ion=footer&req_id=384768558&surface=most-popular-story&variant=0 bandit-all-surfaces

***"Who was that Masked ~~man~~ LVGC?"
ID all 5 correctly for a prize***



- 1.....
- 2.....
- 3.....
- 4.....
- 5.....



The prize will be: you guessed it - a PLANT, of course!

For those not on LVGC *facebook*: Many people have posted thanks to our MALs for having so expertly organized the Plant Sale. MALs you have indeed done us proud!!!

THE COMPOST BIN - Maria Issa

Kathy Stubbs: "How do you ever hear about these dig projects? Do people contact you? Still - we've got some nice stuff to save for next year's sale."

Maria: "Well, this time it was Linda Schell's fault. She had been scouring Craigslist and found a guy who wanted to get rid of all the plants in his newly-bought garden. Having been at Linda's place for the veggie sale and having had a human-2-human [wow, real people!] chat as we sniffed her delicious wisterias... luckily I



must have been front of mind as Linda quickly lobbed me an email. I checked out the pictures. Yummmmy! Contacted "Richard" pronto to see what was on offer and thus made a date with yet another young man - but brought Penny along to chaperone.

Penny and I couldn't believe our eyes as there were LOTS of expensive plants. We kept asking "are you sure... but are you really sure?" He kept saying he wanted them all gone. There were 3 huge magnolia grandiflora and 3 Portuguese laurels [thanks PlantSnap] that we balked at and explained that the mean age of any diggers would 70+ so he was pushing his (and our) luck. But the rest seemed achievable/extractable.

The trouble was, he wanted the stuff gone "yesterday" and I knew that my Partner-in-Crime, Sue, was away kayaking in some beautiful spot. So the call went out - and Lo and behold! - a bevy of wonderful LVGCs turned up with shovels and forks and pots and pots. They dug. And dug. Penny homed in on the hostas, me on the weeds - as I had promised that we would clear those as well.

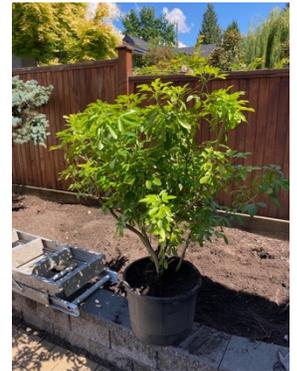
Before the time of the official dig, some of the plants by the house and garage had been removed by the painters - about a dozen boxwoods, 2 ceanothus, 2 honeysuckles and about 4 roses.... There they were - bare-root. Now as I hate boxwoods with a passion, I was worried that others were like me and I would not be able to foist them upon anyone. Not so: there are, in this world, people who do like them - and came especially for them. Marina and Cheryl and Monica all left with "exactly" the size and shape and quantity that they had dreamed of. I was sooooo happy. Day 1 also resulted in several blueberry plants, lavenders, hostas, euonymus, primulas, Solomon's seal and what I had hoped would be monkshood - but turned out to be artemisia and not the good kind. Win some, lose some. We had cleared out the easy stuff.

The dig days were a bit of a blur - but I remember Kathy, Ann, Cheryl digging in the rain and mud and



evicting plants with industrial intensity. Impressive: as we dug, Ann was telling us that she had played pickleball that morning, was digging now, then heading for yoga class after... [personally I was dreaming of a bath with a glass of wine.] By the time we were done, we were all muddy, soaked to the skin, and not suitable for the salon. But there were plants still. Unfortunately, Birnam wood did not go to Dunsinane, but to St Mary's - in Ann's friend's truck. Having been mistaken for Lady Macbeth, I had to try flogging the plants to LVGC. Luckily Marian stepped up and carted off some of the bare-root suffering plants for resuscitation and TLC. [thanks!! - please let me know if they survived their trauma!]

And then there were still plants: Rosamond came and dug, (she was after the lilac) and to my great relief, "The Cavalry" arrived home from kayaking. I was rescued - as the biggest ones had been left to the last. Rob and Sue appeared with the truck and energy to spare. Rob even dug out the "big azalea" that was guarded by a colony of bees - and I know that as I had been digging next to it and got stung. While the bees were within their rights, I still did not appreciate it. Rob and Sue wrestled that monster into the truck. The hydrangeas and peonies followed, and they were all coming to St Mary's.



There were only two things left - and I was hoping left they would be - but Richard asked if we could extract those as well. One was a choisya: piece of cake; the other, an 10ft apple tree. Big. Too big for me. I bleated for help - and The Cavalry arrived. We were armed to the teeth, dressed to dig and ready to rumble. The choisya popped out of the ground as if it had been planted the day before. Ditto the apple tree, to our surprise. We were (almost!) disappointed but then decided that the glass of wine could be had earlier...

Though the last two plants also showed up at St Mary's - they, as well as all the others, have all been spoken for so LVGC's coffers should soon be bursting.

Because emails similar to Rosamond's appeared: "...would love an azalea. I would be happy to pick it up tomorrow (from the end of your driveway?) when I walk my grandson's dog tomorrow morning." [she did]

"I came early because of the rain -- didn't want to pick up anything heavier than it needed to be. All was well. And many thanks also to whoever dug it out..

And that particular credit goes to Ann Pentland.