



THE LEAF

LYNN VALLEY GARDEN CLUB

First established 1943

May 2015

What a fabulous plant sale we had! It looked spectacular on the day as we prepared to open the doors; the beautiful display of draw prizes and large plants set a great tone outside before entering the basement to a room filled with lovely plants, pots, books, Mother's Day gifts and happy volunteers. The sea of hostas always looks so lush and vegetables remain firm favourites with those first in.

So much effort goes in to the sale before we even open our doors and it's very rewarding to see the excitement of customers as they stream in looking for gems to add to their garden. I remember my first years attending the sale, before I'd joined the club, when it had been marked in my calendar weeks in advance. It was so thrilling to depart with flats full of plants for new garden beds without spending a fortune. I know I'm not the only one who's experienced our club this way; many of our customers are regulars who wait for our signs to go up each year so they know when to join us. It really is a community event and I think we should be very proud as a club to foster this relationship.

It was a very successful day, with lots of happy customers, and such a credit to everyone's contributions. Our MALs did a fabulous job preparing, promoting and coordinating the mass of plants, donations and customers for our event. The generous plant, book and prize donations from external sources only added to a tremendous array of delights from our own members. Congratulations to all for such a great event!

With the sale now a happy memory, I've turned my focus to my own garden. How quickly everything grows during spring! The plants I've bought from the sale in past years look lovely and have filled up beds so nicely. Sadly, the weeds have grown with the same vigour but are not bringing me the same joy. However, I feel this way every spring. While it seems daunting now, with some time here and there each week, by early July it is all in order and we can enjoy for the rest of summer. Volunteering for the garden tour in previous years has ensured projects and weeding observe this timeline and now its incentive to maximize time spent relaxing and enjoying the garden.

If you're considering volunteering your garden for the tour, please do! It's a lovely day for our club and rewarding to share your efforts and gardening joys with others.

- Tara Findlay

LVGC meetings are held on the third Thursday of each month (except July and August) at St. Clement's Church. 3400 Institute Road

Please note that meetings start promptly at 7:15 pm.

Meeting Schedule

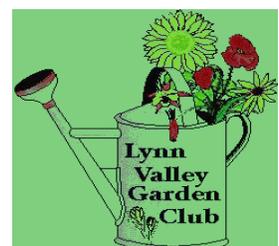
May 21st, 2015
Betty Ann Osler
Living Walls

June 18th, 2015
Karen Myskiw

September 17th, 2015
Ron Knight
Rhododendrons

Mailing Address:
Lynn Valley Garden Club
P.O. Box 16053
1199 Lynn Valley Road
North Vancouver, BC
V7J 3S9

<http://www.lynnvalleygardenclub.org>



2015 Executive

President

Tara Findlay

Vice President

Chris Pharo

Secretary

Audrey Beugger

Treasurer

Norma Buckland

Membership

Rosemary Wagner

Frances Moorcroft

Members at Large

Whitney McMillian

Doreen Dew

Yvonne Kabata

Tom Davis

Newsletter Editor

Irene Dudra

Committees

Plant Table

Judy Stringer

Irene Turner

Hospitality

Gloria Franco

Daphne Page

Sunshine / Door Prizes

Maggie Davis

Website

Aline Burlone

Newsletter Deadline

Saturday before the General Meeting

Next Executive Meeting

June 4th, 2015 7:30pm



Galium odoratum or Sweet Woodruff.
This beautiful groundcover is great for a
shady garden.

TEA TIME

Gloria Franco and Daphne Page

Bring your own mug

Is someone willing to be a third volunteer to help with coffee time.

SUNSHINE: Maggie Davis

If you know of a member not well or has lost a loved one be sure to let Maggie know.

TREASURER: Norma Buckland

The bank balance as of April 30, 2015 was:	\$3,459.45
Petty cash	\$ 238.85
Total	\$ 3,698.30

MEMBERSHIP REPORT

We now have our full complement of 125 members for 2015 and will be accepting waitlist applicants only.

Welcome to our new members: **Jelina Gillas** and **Caroline Sickavish**.

We hope you will enjoy your first year with our garden club.

Thank you, **Frances and Rosemary**

SPEAKERS CORNER

Speaker: **Emily Jubenvill**

Emily is the manager of the North Shore Neighbourhood House's Edible Garden Project.

Her talk covered the background of what the project set out to do, and showed how they were meeting their goals. The original concept included getting schools involvement as a combination of demonstration and help from September through to June. It now has expanded to include the development in the past year of a market garden at Sutherland School. Secondary school students can now be taught the fundamentals of and the science behind, growing vegetables.

Emily also described the Loutet farm - what it does, how and why. She described the "plant to plate" program that is being developed.

Chris Pharo

Members Garden Tour – July 11th.

We currently have one member volunteering her garden. If there are no other members offering their gardens for the July Garden tour by the May meeting, this year's event will be cancelled.

If you wish to offer your garden please call one of the MALS

: **Yvonne, Tom, Doreen, or Whitney**



Pictures thanks to Carol Ferryman

Primula 'Val Horncastle'



Double Primroses have been cherished in English cottage gardens for centuries. This variety is part of a series bred by famed Primula breeder Florence Bellis, at Barnhaven, near Portland Oregon in the late 1950's and early 1960's. Very hard to find for years, these are now available again, thanks to the miracles of modern laboratory cloning. Ironically, Heritage Perennials® needed to locate them in the United Kingdom and was instrumental in reintroducing these to the Pacific Northwest in the 1990's. They are easy to grow, and put on a tremendous show in the spring garden, their double rose-like flowers attracting comments from all who see them. Choose a moist, shady spot free from vigorous tree roots. 'Val Horncastle' has blossoms of pale sulphur-yellow. Divide every two to three years,

A pretty little perennial for the woodland border. Familiar looking leaves are glossy and form a clump from which rises on 10" tall stems clusters of fully double lilac-pink flowers. This easy going perennial remains in bloom for up to two months beginning in April. Rich soil with ample moisture in part shade suits it. It forms a very slowly spreading patch. Sterile- sets no seed. Evergreen.

The mystery plant which Kathy Stubbs has been trying to have identified and was thought to be *Thalictrum* is actually *Cardamine Pratense Flore Pleno*.

Thanks Bonnie Noakes



Cardamine Pratense Flore Pleno

Save The Bees - Bee Friendly Plants

There are lots of plants you can choose for your garden that will attract both wild pollinators and honey bees. Herbs, Snapdragon, Golden Rod, Sedum, Sunflower, Salvia, Lavender, Nasturtium, Cornflower, Buttercups, Poppy and many more. For more information check - Feed The Bees, Earth-wise, Society and West Coast Seeds.

Thanks to Judith Brooks

A Few Tips To Think About

How can gardeners protect their new plants from heavy rain?

- Use golf umbrellas to keep heavy rain from damaging new plantings.
- One important tip: do not put saucers under your newly-planted pots. Turn the saucer upside down and stand the pot on them. That way, the soil does not become too saturated.

Experimenting with Growing Peas

Purchase a six-pack of pea starts from a local nursery. Planted the whole lot around the outer edge of a 14-inch terracotta pot and gently pushed a tomato cage into the centre to give each seedling something to grab onto in its climb upward. Because there is a spot left in the centre of the pot, add one kale plant there, so that when the peas are finished, it can take over the whole space and grow into fall. Currently, the peas have sprawled over the tomato cage and the kale, but peeking through the enthusiastic growth the kale is thriving. While tolerating the sunshine, peas are a cool-weather crop. (Choose to place this pot in a pretty shady spot that gets some afternoon sun but misses the worst of the mid-day rays.)

One can have great luck **growing celery** in containers: <http://www.bcliving.ca/garden/...> Plus, all types of kale, green onions, sunchokes, garlic, strawberries, chives, lettuce, Swiss chard and most herbs including parsley, all seem to do very well. Zucchini in a container is a mixed bag, compared to growing it in the ground, but all the other plants mentioned (including the peas are definitely worth planting in pots.

Many herbs and vegetable starts are now available –cool loving lettuces and salad greens can be planted now, as well as many of the cole crops and culinary herbs. Hold off on planting tomatoes, peppers, cukes and other heat lovers, at least until late in the month

Tips for growing beautiful hellebores

Hellebores are shade-loving plants that flourish best under trees and shrubs in light shade. Heavy feeders: hellebores like compost-enriched soil and benefit from being fed before and after flowering with organic fertilizer.

As soon as spring blooming shrubs have finished, now is the time to prune and shape. Rhodies and lilacs both set next season's bloom immediately, so don't delay.

A Turf Roof in Norway

Thanks to Judith Brook

