

# THE LEAF

NOVEMBER 2010

LYNN VALLEY GARDEN CLUB  
First established 1943

## Message from The President

Before the ground freezes don't forget how lovely spring can be if you tuck a few bulbs in. I've noticed that the squirrels love crocus and daffodils but leave the tulips alone. I use landscape tulips instead of the fancy ones as they seem to provide a better show, especially en masse. I generally group about 11 together and I like light pink, yellow and white as they show much better than the darker colors. There is a very pretty bulb called Scilla Peruviana. On bulb cost \$5.99 but they are very pretty. A natural ground cover over bulbs is the perennial geranium as the timing is perfect for the geranium to be coming up as the bulbs die down. Another combination would be bulbs and daylilies.

Our speaker this month is Bill Bischoff who always brings his cyclamen. Not only do he and Carla have a beautiful garden in Surrey but they love to share

their knowledge of plants and bring some interesting specimens for us to purchase.

I know this is early but we are just one meeting away from our Christmas Party and this year we will be doing a pot luck dinner at the church. A craft will also be happening and so please look forward to attending this social on Dec. 16<sup>th</sup>.



If you need extra space for bulbs this fall please don't forget to divide up some plants for our sale in May.  
Happy Gardening,

Bonnie

## Meetings Schedule

LVGC meetings are held on the third Thursday of each month (except July and August) at St. Clement's Church.

Please note that meetings start promptly at 7:15 pm.

**November 18<sup>th</sup>, 2010**  
**Bill Bischoff**

Planning and Planting the Garden

**December 16, 2010**  
**Christmas Party**  
details inside

**January 20, 2011**  
Paige Woodward  
TBA

**February 17, 2011**  
**David Sellars**  
How to Build and Plant Rock Gardens

### Mailing Address:

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<http://www.lynnvalleygardenclub.org>



## 2010 Executive

### President

Bonnie Noakes

### Vice President

Lynn Batt

### Secretary

Lorraine Robson

### Treasurer

Jan Lockmuller

### Membership

Teresa Reid

Rosanne Matheson

### Members at Large

Inga Steinebach

Rosemary Wagner

Brian Didier

Jan Valair

### Newsletter Editor

Diane Allison

### COMMITTEES

#### Plant Table

Audrey Dewan

Bernie Robb

Christel Glaser

#### Hospitality

Doreen Wakefield

Pat Phillips

#### Bright Spots

Laurie Parkinson

Leah Younger

#### Sunshine/Door Prizes

Rosemarie Adams

#### Sound System Set-up

Maurice Jones

Hartwig Rother

### Next Executive Meeting

7:30 pm, Thursday December 2<sup>nd</sup>  
at the home of Rosanne Matheson

### The Leaf Deadline:

Sunday, December 5



## Treasurers Report

Jan Lockmuller



## Tea Time

Doreen Wakefield, Pat Phillips

Please bring your own mug and remember the coffee we serve is decaffeinated.



## Sunshine Report

Rosemarie Adams

Please let Rosemarie know of any of our members who have been ill or have lost a loved one. Please phone her.

Donations of new items for door prizes are always appreciated.



## Membership

Teresa Reid, Rosanne Matheson

It's time to renew your membership for 2011. Please help us out by renewing your membership early for next year. The fees are \$20.00 per person or \$35.00 per couple. Please fill out the membership renewal form and bring it, along with your payment (cash or post dated cheque for December 31, 2010 will be accepted) to the next meeting or mail them to Rosanne Matheson – details are on form. *If you are planning on not renewing, please let us know.* Thank you in advance for your cooperation.



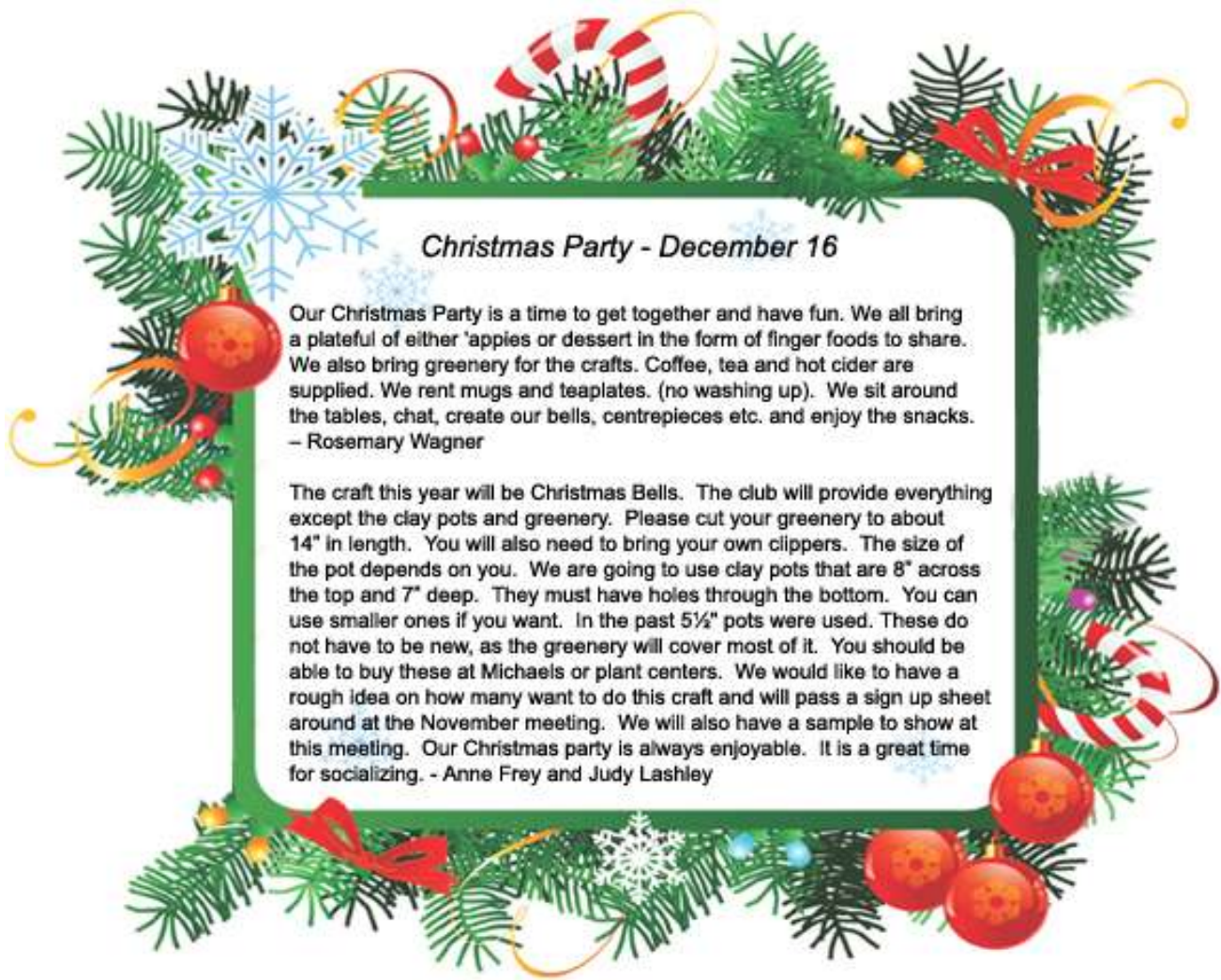
## This Month's Speaker

Lynn Batt

Carla & Bill Bischoff live in "Sunny Surrey", BC, a part of the "Lower-Rainland". They moved there some 22 years ago, from Hamilton Ontario.

They have been awarded gardeners in Hamilton and have kept up that reputation in Surrey where they have received several 1<sup>st</sup> awards from the City of Surrey. Some 9 years ago, The "Gardens West" magazine featured their garden in a publication, on the front page and on several more pages within. This year their garden was given a page in the calendar of Steve Whysall of the Vancouver Sun. Over the years Carla & Bill have expanded their efforts, where now there have no lawns, only plants of botanical interest.

Both share in their efforts, where Carla specializes in growing tropical Orchids in 2 green houses, as well in just about every room in their house, on window sills and especially in a 3 level light stand. Bill cultivates many hardy out-door Orchids, as well hardy Cyclamen. Of the 22 available Cyclamen species he grows 18 year-round in different situations in the garden. Each of these species is available in many flower and leaf variations. Every month of the year there are Cyclamen flowers to be enjoyed, even in Mid-Winter. Yes they bloom before the Snow-Drops. *(continued on page 5)*



### Christmas Party - December 16

Our Christmas Party is a time to get together and have fun. We all bring a plateful of either 'appies or dessert in the form of finger foods to share. We also bring greenery for the crafts. Coffee, tea and hot cider are supplied. We rent mugs and teaplates. (no washing up). We sit around the tables, chat, create our bells, centrepieces etc. and enjoy the snacks.  
- Rosemary Wagner

The craft this year will be Christmas Bells. The club will provide everything except the clay pots and greenery. Please cut your greenery to about 14" in length. You will also need to bring your own clippers. The size of the pot depends on you. We are going to use clay pots that are 8" across the top and 7" deep. They must have holes through the bottom. You can use smaller ones if you want. In the past 5 1/2" pots were used. These do not have to be new, as the greenery will cover most of it. You should be able to buy these at Michaels or plant centers. We would like to have a rough idea on how many want to do this craft and will pass a sign up sheet around at the November meeting. We will also have a sample to show at this meeting. Our Christmas party is always enjoyable. It is a great time for socializing. - Anne Frey and Judy Lashley

### My Favorite Plant - some more favorite plants of Lynn Valley Garden Club members

#### *Edgeworthia chrysantha* 'Grandiflora'

Japanese Paper Bush

It is best grown in moist but well drained humous rich soil in part sun – same conditions as rhododendrons, camellias and daphne (my second favorite plante. I love it because of its beautiful fragrant, long lasting flowers in late winter/early spring. The buds form in late fall, giving promise of flowers to come all winter. Buds form when leaves are still on, the leaves fall and the flowers bloom on bare branches. Himalayan Buddhist monks have used this plant for making paper and writing their holy texts for many years. It is used in China for production of high quality paper.

submitted by Rosemarie Adams

#### *Melianthus major*

Peanut butter plant

It is best grown in full sun. Rub the foliage and smell your fingers – terrific!

submitted by Judith Brook

#### *Hibiscus moscheutos* 'Disco Belle' series

Rose Mallow, Swamp Rose Mallow

It is best grown on a sunny slope so the roots don't rot in winter. I love it because of its huge saucer size flowers (plum colour) when other plants are fading.

submitted by Bogna Ross

#### *Orchidacea family*

all orchids

It is best grown in sunroom or under light. I love it because there are 26,000 species therefore always bloom year round.

submitted by Margaret Nakahara

#### *Zantedeschia* 'Edge of Night'

Black Calla Lily

It is best grown in pots in part shade. I love it because of the very unusual purple/black flowers and leaf edges

submitted by Anne Frey

*Rudbeckia* is one of my favorite plants  
Cone Flower, Gloriosa Daisy

It is best grown in sun. I love it because I remember my father working in his long border of various colours.

submitted by Muriel Van Laar

#### *Primula bulleyana, bulleesiana, vulgaris*

Primroses – candelabra, drumstick

It is best grown in part shade with moist soil. I love the many varieties with gorgeous colours – very suitable to North Vancouver gardens

submitted by Carol Bell



Favorite Annual: Tall Dragonswing begonia in coral or red: illuminates a spot or pot in shade or sun. Hardy, shiny leaves, good height for interest. Looks great with lime- coloured potato vine.  
Favorite Perennials: Cimicifuga "Brunette": Dark brown lacy leaves with bottlebrush stalks that are scented like gardenias, Sedum 'Autumn Joy': All stages of this plant are pleasing  
Favorite Grass: Hakonechloa macra 'Aureola': bright lime flowing grass illuminates plantings and pots in shady areas  
Also like 'Maidenhair' ferns, columbines, alstromeria, brunnera 'Jack Frost' and hosta 'June'

*submitted by Diane Sekora*

- look for more of our member's Favorite Plants next month

## Flowers for Winter Fragrance

by Susan Watson

There is something special about a plant that flowers in winter. When it does and is also scented, it becomes even more desirable. It may not do much of anything at other times of the year, but it really is worth growing for this purpose alone, if not to remind us that spring is just around the corner. There are many of these winter blooming beauties, so be sure to include a few in your garden plan this winter.

One of the most scented family of shrubs is the Daphne; Daphne odora with its narrow glossy green leaves and small pink/white flowers that are born on the edge of each branch, appear between February and March and their fragrance is both sharp and sweet. Plants usually reach about 4 feet high, but have been known to occasionally grow up to 8feet. Daphne odora 'Aureo-marginata' is quite striking with its leaves edged in bands of yellow. Daphne mezereum is a deciduous shrub with an erect growth habit and round thin leaves, flowers are reddish purple and appear in clusters along the branches before the leaves come out in February and continue through April.

Fragrant winter flowering shrubs are best planted in groups along a walkway or near an entrance way where its fragrance will be noticed as you enter your home. Hamamelis also known as Witch Hazel are deciduous

growing shrubs that will reach 12 to 15 feet high. Beautiful, sweetly fragrant, spidery like flowers appear along bare branches over a long period of time. Flower colours range from pale yellow, orange to coppery reds. These shrubs can become treelike with age and many have brilliant fall colour as well. Viburnum bodnantense 'Pink Dawn' is wonderful shrub or small tree to 10 feet that is also deciduous, bearing clusters of very fragrant deep pink flowers before the leaves appear. Leaves are deeply veined turning dark scarlet in the fall.

Chimonanthus praecox or Wintersweet is a winter-blooming shrub with spicy-scented blossoms. The flowers form on second year wood and are sulphur yellow to soft yellow and can be used dried like lavender to fragrance linen.

An evergreen shrub like Sarcococca or more aptly named Sweet Box is a great addition to any garden. This shrub grows to 3-7 feet and has glossy, lance-shaped leaves that taper to a point. Clusters of perfumed creamy white flowers are nearly hidden by the leaves and then followed by dark red or black fruit.

No matter which of these plants you purchase for your garden, or perhaps give to that special gardener for Christmas, they will delight everyone.

### *Volunteer at*

#### *Park and Tilford Gardens*

Join us at Park and Tilford Gardens. We'd love to have you as a new volunteer. The Friends of the Garden meet at 9:00 am on Thursdays at the Administration Building in the garden and work on various projects until noon.

On November 25th at 9:00 am we are having an orientation!! Hope to see you there. Park and Tilford Gardens - #440, 333 Brooksbank Avenue,

If you need any more information, I would be happy to help,

*submitted by Nancy Gelin*

## ABOUT TOWN

Sunday Nov 21 **VanDusen Family Program, Biodiversity is the Best!**: for families with children ages 5-10 years. explore the interconnectedness of life on earth in a way that is as fun as it is educational. : 10:30 – 12:00am or 1:30 - 3pm Member Family \$15, Non-Member Family \$25 (includes garden admission). Pre-registration required by calling 604-718-5898

Thursday Dec 2 - **Ranunculaceae**: The pretty and the poisonous; the weedy and the wonderful with Daniel Mosquin presented by the Native Plant Society of BC in the VanDusen Cedar Room at 7 p.m.. Admission free. Information: Dawn Hanna at 604-831-5069

Sat/Sun December 11/12 – **Holiday Wreath & Centrepiece Sale** presented by VanDusen Dried Flower Arrangers, in the Entrance Pavilion

December 12 – January 2 - **Festival of Lights**, 4:30 to 9 p.m. every evening except Christmas Day (December 25) when the Garden is closed. A magical experience for the whole family with 1.4 million twinkling lights.

continued from page 2 Every year they welcome garden club members to visit their garden. Three years ago, their garden was part of a Fund-Raiser event where in 4 hours over 250 visitors came.



Carla & Bill are pleased to share their gardening experiences with like interested plant lovers. Their presentations are enhanced with slide programs and demo plants. In season they also have seedling plants and plant divisions available for sale. Please note, Carla's & Bill's endeavors are strictly a hobby and not a commercial enterprise.

*Cyclamen  
hederifolium*



*Bill and Carla's garden*

Carla & Bill are members of the Vancouver Orchid Society, the Fraser South Rhododendron Society & the Alpine Garden Society of Vancouver, as well the BCC of GC. Both had numerous Orchids highly awarded by the American Orchid Society for outstanding flower and cultural qualities.



*Cyclamen coum*



Strawberry plants (Albion) have been ordered, and will be arriving in April, anybody who would like to have their name added to the list can contact Lynn at [katsura@shaw.ca](mailto:katsura@shaw.ca)



## Report on BC Council of Garden Clubs October 16, 2010

175 clubs belong to the organization; 47 clubs represented at meeting

We voted YES in informal vote for email bulletin newsletter.

Yardworks donated 1 bag soil per garden club; Lynn Batt picked up for donation to our club door prizes.

This Fall meeting is the general meeting; the March 2011 meeting will be the AGM.

Discussion and vote on increase of insurance liability; from 2 million to 3 million. Guests and speakers are not covered by insurance; the coverage is for your club; in the case of a lawsuit, the club would be covered. Vote count YES 28 votes and NO votes 2 ½ votes (speaker said 2 1/2.). Motion carried; insurance will be increased. Cost was 90¢ per member; now will be \$1 per member. Our club had voted NO on this motion (the only official vote of the day).

### Speakers:

#### Harry Jongerden – The New Van Dusen Botanical Gardens

There is a \$20 million project underway at the 55-acre gardens; some funds were received from Federal infrastructure Stimulus fund when they were \$6 or 7 million short; received this December 2009. The Park Board and a volunteer group jointly run the garden. The Shaughnessey Restaurant will remain; the gift shop will become office area. New entrance will be through the new Visitor Centre. The current hall used for meetings will be changed, but will remain until new area is ready, so as not to impact meetings, etc. Planned opening Spring 2011. The Visitor Centre will have earth-rammed walls and a green roof. They are attempting to meet 'Cascadia' standards, a green standard greater than LEEDS level. There are only two buildings in entire world that meet Cascadia standards now, none in Canada. To read more about Cascadia standards, see <http://cascadiagbc.org/about-us> Great talk; very interesting. Harry mentioned an American author Richard Louv, who wrote on 'nature deficit disorder' – self explanatory term. A study was done in Chicago in area 'The Projects', where some tenants had view of a tree – not a park, just a tree. Those without a view had greater likelihood of various symptoms including exaggerated fear of outdoors, childhood obesity, behavioural problems, regimented indoor play. The United Nations Convention on Biological Diversity recognized the importance of botanical gardens. Alarming statistic, that 10-40% of world's 400,000 plant species will be extinct by year 2050. The range of that statistic reflects whether we take action or not... There are 2000 species of native plants in BC; 5000 species of native plants in all Canada.

#### Zamir Punja, from SFU – Plant Blights and Genetic Engineering

Plant blights are caused by fungi and bacteria; today's talk was on fungi. An informative and off-times funny talk.

#### Jennifer Grenz – Invasive Plants – Pestilence and Prevention

Invasive plants are estimated to cost \$4-6 trillion worldwide. In the US alone, it is a \$138 billion/year. In BC, Jennifer suggests \$100's of millions cost per year from invasive plants. There are 485 invasive plants in Canada. We lose 4,600 acres per day to invasive species. Jennifer is experimenting with stem injection as a control means, for use especially with Knotweed and others. "JK" injectors for approximately \$80 can be reviewed at <http://www.jkinjectiontools.com/> {Note from Judith Brook: Monsanto's product **Roundup** is used; Roundup is a known **carcinogen**. The main **active ingredient** of Roundup is the **isopropylamine salt** of **glyphosate**. Another important ingredient of Roundup is the **surfactant** POEA (**polyethoxylated tallow amine**), which is known for its toxicity in wildlife.<sup>[6]</sup> It increases herbicide penetration in plant <sup>[7]</sup> and animal <sup>[8][9]</sup> cells. Monsanto company is also behind the effort to gain the rights to seed propagation, with the agenda that in future, no one could save or trade seeds from within their own gardens without paying a royalty to Monsanto. A recent study by eminent oncologists Dr. Lennart Hardell and Dr. Mikael Eriksson of Sweden, has revealed clear links between one of the world's biggest selling herbicide, glyphosate, to non-Hodgkin's lymphoma, a form of cancer. In the study published in the 15 March 1999 Journal of American Cancer Society, the researchers also maintain that exposure to glyphosate 'yielded increased risks for NHL. David H. Monroe, an Industrial and Environmental Toxicologist, stated in an October 16, 1989 letter to the National Campaign Against the Misuse of Pesticides (NCAMP) that most polyalkoxylated surfactants such as the polyoxyethylene alkylamine in RoundUp are contaminated with 1,4-dioxane. A study done by Monroe on Vision, a glyphosate product by Monsanto, revealed that it contained 1,4-dioxane at a level of 350 ppm. (Monroe D, 1989. Letter to NCAMP.) 1,4-dioxane is carcinogenic, and is known to damage the liver, kidney, brain and lungs. }

Jennifer spoke of alternative plants rather than using various invasive plants, and a brochure is available on this topic. For further information, see web site [www.gvijpc.ca](http://www.gvijpc.ca)

This was a terrific day and very knowledgeable speakers. Plant sales in morning, a well-rounded lunch, and many draws for prizes made for a very enjoyable day. I strongly recommend as many garden club members as possible plan to attend the next meeting. (two per year; AGM in March and a Fall meeting).

- submitted by Judith Brook