



LYNN VALLEY GARDEN CLUB
First established 1943

JANUARY 2011

Meetings Schedule

LVGC meetings are held on the third Thursday of each month (except July and August) at St. Clement's Church.

Please note that meetings start promptly at 7:15 pm.

Message from The President

Welcome to 2011. I hope you all had a well deserved rest over the holidays. Now that the New Year has started, your current executive is in their 2nd term and will be leaving you at the end of 2011. I hope many of you are seriously thinking of serving on the executive as there will be several positions to fill and the nominating committee has a much easier time if members volunteer their services rather than waiting for a phone canvas which is very time consuming.

We are looking forward to many interesting speakers which are listed in The Leaf and on the Web Site. I hope members will think about putting their garden on the Club's tour this July.

It's still a bit early, however when the ground thaws, please plant up any extra plants you may have or plants that you wish to give away in exchange for the free space to purchase/plant some exotic replacement.

Your Executive continues to work behind the scenes to keep things running smoothly. If anyone wishes to attend an executive meeting to see how things are run, please don't hesitate to let me know and I will supply you with the date, time and location. All members are always welcome at the executive meetings provided they let us know ahead of time so we have an idea of the number of attendees.

Happy Gardening for 2011!

Bonnie

January 20, 2011

Paige Woodward
Native Plants

February 17, 2011

Chris Jennings
Shade Gardens

March 17, 2011

David Sellars
How to Build and Plant
Rock Gardens

April 21, 2011

Fred Wein
Clematis

Mailing Address:

Lynn Valley Garden Club
P.O. Box 16053
1199 Lynn Valley Road
North Vancouver, BC
V7J 3S9

<http://www.lynnvalleygardenclub.org>



2010 Executive

President

Bonnie Noakes

Vice President

Lynn Batt

Secretary

Lorraine Robson

Treasurer

Jan Lockmuller

Membership

Teresa Reid

Rosanne Matheson

Members at Large

Inga Steinebach

Jan Valair

Cari Wineberg

Newsletter Editor

Diane Allison

COMMITTEES

Plant Table

Audrey Dewan

Bernie Robb

Christel Glaser

Hospitality

Doreen Wakefield

Pat Phillips

Bright Spots

Laurie Parkinson

Leah Younger

Sunshine/Door Prizes

Rosemarie Adams

Sound System Set-up

Maurice Jones

Hartwig Rother

Next Executive Meeting

*7:30 pm, Thursday February 3th
at the home of Jan Lockmuller*

The Leaf Deadline:

Sunday, February 6th



Treasurers Report

Jan Lockmuller



Tea Time

Doreen Wakefield, Pat Phillips

Please bring your own mug and remember the coffee we serve is decaffeinated.



Sunshine Report

Rosemarie Adams

Please let Rosemarie know of any of our members who have been ill or have lost a loved one. Please phone her .

Donations of new items for door prizes are always appreciated.



Membership

Teresa Reid, Rosanne Matheson

The membership renewal is going well as of January 1st. 87 paying members have renewed their membership for 2011. There are 23 members from last year that have not responded so far. 2 members have canceled this year and 5 new members have signed up. Total membership to date is 99 which includes 7 honorary members. Please renew your membership by mail or at the next General Meeting on Thursday, January 20th.

We have five new members to start the year: **Victoria Anderson, Anna Marie D'angela, Margaret DeGrace, Joy Paks and Tara Findey**. Please make them feel welcome by introducing yourselves to them and showing them around.



This Month's Speaker

Lynn Batt

Paige Woodward

My topic: Great native plants (and some of their cousins) for great Wet Coast gardens. Climate change will make our part of the world even rainier than it is now. I will show how we gardeners can adapt by choosing the right plants and planting techniques.

Paige Woodward has been learning how to grow plants native to BC and elsewhere in the temperate world for 15 years. She organizes study-tours to visit plants in the wild, particularly in China, and is the co-owner of Pacific Rim Native Plant Nursery. Her website is www.hillkeep.ca.

LVGC Plant Sale

– the how's and why's

Please note these dates on your calendar:

Friday, **May 6, 2011** – plant sale set up, afternoon and evening

Saturday, **May 7**, plant sale, morning

Every May, on the Saturday of Mothers' Day weekend, our club has a Plant Sale to raise money. It is our largest source of revenue. The monies earned keep our dues low and help pay our rent. Our earnings make it possible for us to make donations within our community and have good speakers at our meetings.

You are asked to pot up plants from your garden and donate them to the sale – it takes a lot of plants to have a good sale.

You are also asked to donate your time when the sale happens. It takes a lot of volunteers the night before the sale and the morning of the sale to have it run smoothly. New and continuing members benefit from getting to know each other better during the course of this work. It is very different from sitting at our monthly meetings. You will catch the enthusiasm of the other members and truly feel a part of the Club.

Last year's sale was terrific – we had an abundance of plants, our customers were more than satisfied, we had a great time and our Club did well financially.

Here are some pointers:

1. **When should you pot up your plants?** We want to sell well-rooted plants to our trusting customers. If you haven't already potted up your divisions or cuttings, do so in early in spring. Seeds can be started now indoors and either grown in or transplanted into 4" pots.
2. **What kind of plants should you bring?** Bring any plants you would want to buy yourself. We are known for our large variety of perennials at excellent prices, but also sell vegetables, herbs, biennials, annuals, shrubs and even trees.
3. **Please use good soil.** Putting a coffee filter in the bottom of the pot before adding soil keeps the soil in and allows drainage.
4. **Please identify your plants** – common name or Latin name...either or both are fine. You may also include: flower colour, whether the plant likes sun or shade, moist or dry, and the mature height. These are the most commonly asked questions at the sale.
5. **Pots/plants need to be clean and tidy.** During the week before the sale, please wash off your pots, trim off any dead leaves and otherwise tidy up your donations, so volunteer time is spent more constructively.
6. **Sign up lists** for setting up the day before the sale and selling plants the day of the sale will be passed around at several meetings.

If you have any questions, please contact one of us ,

from your Members at Large – Inga, Jan and Cari

I prefer winter and fall, when you feel the bone structure of the landscape - the loneliness of it, the dead feeling of winter. Something waits beneath it, the whole story doesn't show.

~Andrew Wyeth

notice from club member Elizabeth Jones:

fresh flowers - for member only
In south burnaby by where david l jones was
will sell fresh flowers and potted orchids at
wholesale price
to members. pay cash
call for hours and more info
ask for lynn welsh 604-451-8861
tell them you are a lynn valley garden club member

From the Christmas Party

photos from Lynn Batt



Hi Everyone ,

Below is the recipe Bonnie requested at our Christmas party which was a really fun and enjoyable evening! I loved the craft and it is hanging proudly at my front door! Hope you all have had a wonderful Christmas and continue to party for days to come!

Hope you enjoy this as it is so easy, fast and yummy!

Pat Ewart

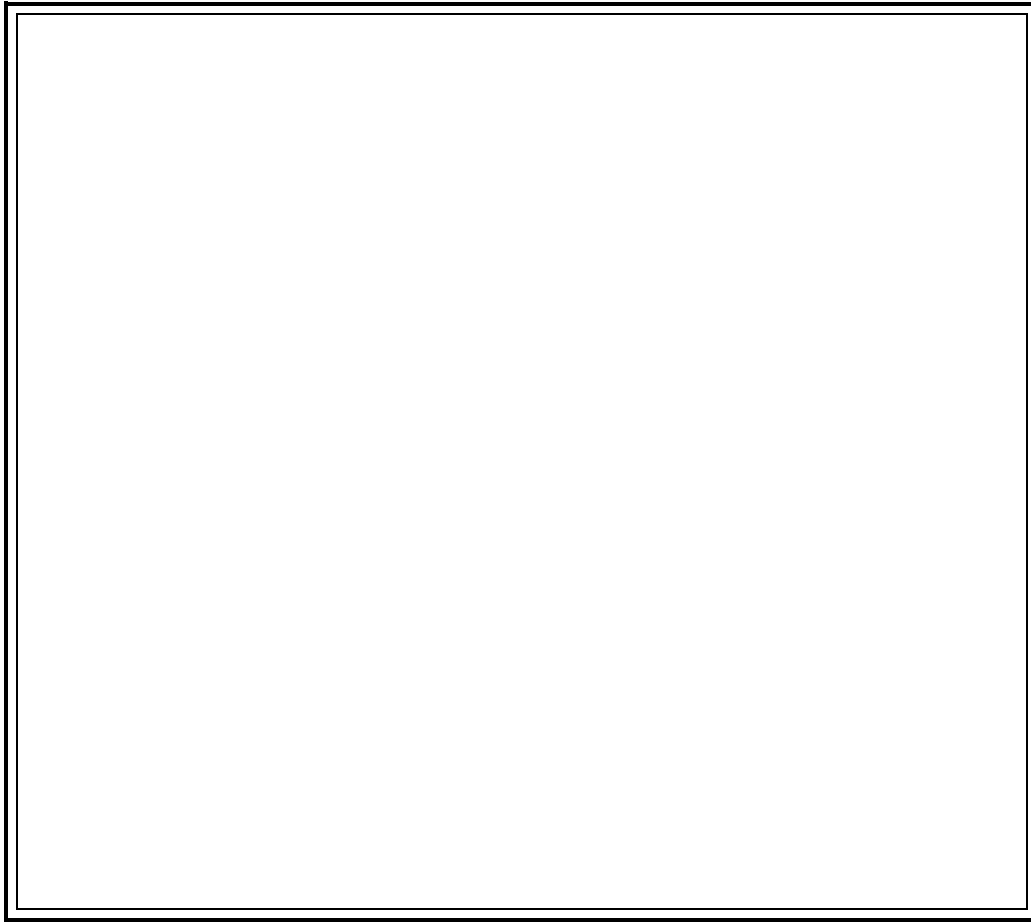
Seven Layer Cake (really a square)

In a 9X13 pan (or glass casserole dish) melt 1/2 c butter and spread on bottom and sides of pan
1 c. graham wafer crumbs spread evenly over the butter on bottom of pan
1 c of coconut(medium unsweetened) spread over crumbs evenly
1 c. butterscotch chipits spread evenly on top of coconut
1 c. chocolate chipits over butterscotch chipits
1 tin of sweetened condensed milk(Eagle Brand) pour evenly over the chipits
1 c of chopped pecans or almonds or walnuts(all good!)

Key here is layering!!!!

Bake in 350 F oven for 30 minutes
Cool for 15 minutes
Cut into squares and enjoy!!!
Freezes very well.





Plant of the Month

Corylus avellana 'Contorta'
Harry Lauder's Walking Stick

Habit: deciduous shrub, rounded, multi-stemmed with twisted and spiraling branches

Zone: 4-8

Size: height 8-10', spread 8-10'

Blooms: has separate male (2-3" catkins) and female (tiny red) flowers on the same plant

Culture: full sun to part shade, average, well-drained soil

Maintenance: this shrub is grafted so all root suckers should be removed immediately; periodic thinning to accentuate the contorted form

Problems: no serious insect or disease problems, some leaf spotting, occasional scale and caterpillars

Note: produces a few nuts – more if there is a pollinator in the area

This is a fabulous specimen plant or can be used in a shrub border. The contorted branches have good accent value that is especially noticeable in winter.

*The flowers of late winter and early spring occupy places in our hearts
well out of proportion to their size. ~
-Gertrude S. Wister*

“Mediterranean Garden Style in the Pacific Northwest”

report on a presentation by Tom Fischer on Nov. 13, 2010 to the Vancouver Hardy Plant Group

Tom Fischer is Editor in Chief of Timber Press in Portland, Oregon where he moved in 2004. Tom says he was surprised by the near-drought conditions he found in Portland, expecting the damp the Pacific Northwest seems to be renowned for. Tom’s presentation was lively, full of details and accompanied by beautiful slides of plants growing in his Portland garden.

Tom explained that the typical Mediterranean garden is part perennial border, part herb garden and part shrubbery. Ideal conditions are full sun, and perfect drainage and a site where mounded or sprawling plants can spread, although an occasional severe cutting back is in order. Mediterranean plants require little supplemental watering and no fertilizer, and when he first planted his garden he dug in gravel, but no compost, these plants do not like rich soil. There are five areas in the world where most of our ‘Mediterranean’ plants come from, i.e. similar growing conditions – South Africa, South-West Australia, Chile, Southern California and of course the Mediterranean basin.

There are some exceptions, but most sun-loving drought resistant plants have fine textured or small leaves, with silver/grey or dark green leaves.

Tom described suitable plants from following groups, and showed wonderful photos, most taken from his own garden: Oaks (*Quercus*), Heaths, Myrtles (*Eucalyptus*) Buckthorns (*Ceanothus*), Rockroses (*Cistus*, *Helianthemum*), Proteas (*Callistemon*, *Grevillea*), Peas (*Genista*, *Lupinus*), Mints, Sages, Savories & Thymes, Figworts (mainly *Penstemons*), Borages, Irids (*Crocus* & *Iris*), Grasses and many other perennials. Whilst some of these plants are available locally, most are considered specialty plants, and Tom says he grows many of his from seed, which is more readily available. Vancouver Hardy Plant Group does have some of the seeds he mentioned – watch for those seed sales.

Check out Tom’s web-site – www.overplanted.com – it is a wealth of information.

Books Tom recommends:

Ceanothus, by David Fross and Dieter Wilken (Timber Press, 2006)

Flowering Shrubs of California and Their Value to the Gardener, by Lester Rowntree (Stanford University Press 1939 (out of Print – but may be available used book stores or Powells Books, Portland)

Hardy Californians, by Lester Towntree (University of California Press – 2006 – paperback)

Native Treasures: Gardening with the Plants of California, by Nevin Smith (University of California Press – 2006 – paperback)

The Pacific Horticulture Book of Western Gardening, edited by George Waters and Nora Harlow (David R. Godine, 1990)

Plant Life in the World’s Mediterranean Climates, by Peter R. Dallman (University of California Press, 1998)

- submitted by Rosemarie Adams

ABOUT TOWN

Bloedel Floral Conservatory- don’t forget about this wonderful oasis - perfect for a dreary winter day - 604-257-8584 for information

Northwest Flower and Garden Show - February 23-27, 2011 - Washington State Convention Centre, W-Sa 0900-2000, Sun 0900-1800 for more information phone 1-800-343-6973 or if you are interested in a 2 night bus/hotel package, phone 805-496-1251 www.gardenshow.com

VanDusen Seedy Saturday – Saturday February 26, 10am to 4pm – presented by the BC Master Gardeners Association – a celebration of heritage varieties and organic gardening featuring more than 30 growers, seed companies and exhibitors and Heritage Seed Swap. Admission by donation - info 604-878-9274

BC Master Gardener Spring Update - Sunday. March 13, 2011, 9:00-3:30 at the Michael J Fox Theatre, Burnaby – plant sales and excellent speakers – Dan Hinkley, Christine George, Rosaline Creasy, Christine Allen and Linda Chalker-Scott - everyone is welcome – \$50 for seminar only, \$57 for seminar and a sandwich – register online at <http://www.karelo.com/register.php?BiD=435&BT=10#Ev10217> or phone Diane for contact information