



LYNN VALLEY GARDEN CLUB
First established 1943

APRIL 2011

Meetings Schedule

LVGC meetings are held on the third Thursday of each month (except July and August) at St. Clement's Church.

Please note that meetings start promptly at 7:15 pm.

Mark you Calendar!
Saturday May 7
Lynn Valley Garden Club
Plant Sale

Message from The President

Thank you letters are arriving acknowledging our donations to the various organizations we sponsor. They are advising of the many projects the funds will help with from soil enhancement to new trellis and new umbrellas. It is so nice to hear about the various activities. Spring is that time of year – renewal, when the rain finally stops we can spruce up the gardens and patios; perhaps some new cushions or a new feature planter near the door. One of my favourite stores is Pier One Imports on Marine. There are lots of brightly coloured accessories to inspire you.

This month the meeting will be on the 2nd Thursday and Fred Wein of Clearview Horticultural Products is returning again to tell us about clematis. The sale of *Unique Soil Amendment* went well with the entire load selling and one bag donated as a door prize. The soil that was made available for members to plant sale items was all gone very quickly so that's a good sign. I've already planted 32 plants with many more to go. It's so easy once you're on a roll. If I don't see you at the next meeting have a lovely Easter and we will see you at the plant sale which is just a month away.

Bonnie

April 14, 2011

Fred Wein
Clematis

May 19, 2011

Nancy Moore
Vegetable Gardening

June 17, 2011

Christine Miller
Bears

Lynn Valley Garden Club T-shirts

are available from The Dogs Ear – 1493 Marine Drive, West Van. (NE corner of Marine Drive & 15th) - 604-926-2314. Members can just go there and pick whatever they want, t-shirts, vests, sweat shirt etc. and pay themselves – the store has a die for the logo - great for wearing at our plant sale!

Mailing Address:

Lynn Valley Garden Club
P.O. Box 16053
1199 Lynn Valley Road
North Vancouver, BC
V7J 3S9

<http://www.lynnvalleygardenclub.org>



2010 Executive

President

Bonnie Noakes

Vice President

Lynn Batt

Secretary

Lorraine Robson

Treasurer

Jan Lockmuller

Membership

Teresa Reid

Rosanne Matheson

Members at Large

Inga Steinebach

Cari Weinberg

Nancy Gelin

Jan Valair

Newsletter Editor

Diane Allison

COMMITTEES

Plant Table

Audrey Dewan

Bernie Robb

Christel Glazer

Hospitality

Doreen Wakefield

Pat Phillips

Bright Spots

Laurie Parkinson

Leah Younger

Sunshine/Door Prizes

Rosemarie Adams

Sound System Set-up

Maurice Jones

Hartwig Rother

Next Executive Meeting

7:30 pm, Thursday, May 5th
at the home of Bonnie Noakes

The Leaf Dealine:

Sunday, May 8th



Treasurers Report

Jan Lockmuller



Tea Time

Doreen Wakefield, Pat Phillips

Please bring your own mug and remember the coffee we serve is decaffeinated.



Sunshine Report

Rosemarie Adams

I am happy to let members know that **Lillian Speers** is now home from hospital after her recent illness. She also recently celebrated her 96th birthday - congratulations from us all Lillian, we hope your recovery continues well and you will soon be returned to good health. You are an inspiration to us all !

Please let Rosemarie know of any of our members who have been ill or have lost a loved one. Please phone her.

Donations of new items for door prizes are always appreciated.



Membership

Teresa Reid, Rosanne Matheson

Membership is at 114 and growing if you know of anyone who would like to join please let them know we have space available.

We have two new members this month. Please take a moment to find June Barnes and Sam Susanthan at the next meeting and make them feel welcome.

Please add the following numbers to your Phone List:

Layne Christensen

Unni Davis

Dorothy Symons



This Month's Speaker

Lynn Batt

Clearview Clematis

We are a family business that has been at our present location since 1970. My wife and I are semi retired: Our two sons run our business with our four grandchildren working part time while they attend college. Our excellent staff that exceeds one hundred at our peak times have been with us for many years. I started breeding Clematis about fifteen years ago and some of these new varieties are now coming to market. I am looking forward to being at your club April 14th.

Fred

Plant Sale -- May 7, 2011

Volunteering:

If you already have done so, thank you for signing up to help at our sale! Please find yourself on the schedule below. If you have not signed up, it is not too late! We'll be circulating the big sign-up board at the April meeting. After that, call one of the MALs if you're able to volunteer. Please note: we especially need people for **SORTING, Friday evening, 6-9, and CLEAN-UP, Saturday.**

Please wear your name tag on both Friday and Saturday. Master Gardeners may also wear their MG name tag.

On Friday, only use the parking lot to drop off your plants. Volunteers park on the road. Plants will be accepted between 3:00 pm and 7:30 pm on Friday. On Saturday, please leave the parking lot free for our customers. If you have a green garden club T-shirt, please wear it on Saturday.

Advertising:

Help advertise our sale by putting a green sale poster in your car window and a plastic yellow lawn sign in your front yard. Both will be available at our April General Meeting. Put the Lawn Signs up at the end of April and return them at the next General Meeting on May 20th, so we can clean and store them in the church cupboard before we close for the summer.

Plants:

Bring your plants to the Church on Friday May 7th between 3pm & 7:30pm. This is when the pricing and sale setup is done. If you can't drop off your plants on Friday, call a MAL. Please clean your pots & label your plants – common name is fine. If possible note sun/shade tolerance and flower colour on label.

Sale Rules:

There will be no reserves or sales of plants on Friday at all. Everyone on the first shift on Saturday may set aside one plant in holding prior to the start of the sale. Those on the second shift may line up and purchase plants with our other customers. No one may set aside plants during a shift.

Thank you! See you at the Sale !!

Members at Large

Friday, May 6		Saturday, May 7	
3–6 pm Shift	6–9 pm Shift	9:30–11:30 am Shift	11:30–1:30 pm Shift
Pricing	Pricing	Cashiers	Cashiers
Lead: Cari Wineberg	Lead: Cari Wineberg	Lead: Inga Steinbach	Lead: Inga Steinbach
Rosemarie Adams	Rosemarie Adams	Diane Sekora	Arlie Thompson
Carol Bell	Carol Ferryman	Joyce Page	Jan Valair
Doreen Marbry		Jan Valair	
		Kathy Stubbs	
Sorting	Sorting	Holding Area	Holding Area
Lead:	Lead:	Lead: Cari Wineberg	Lead: Cari Wineberg
Pat Holmes		Pat Holmes	Tara Findlay
Joyce Page		Elaine Drew	Jane Dew
		Unni Davis	
	General Help	Centre Table	Centre Table
	Lead:	Lead:	Lead:
		Doreen Marbry	Corinne Robinson`
		Corinne Robinson	
Interior Set Up	Interior Set Up	General Help	General Help
Lead: Nancy Gelin	Lead: Nancy Gelin	Lead:	Lead: Nancy Gelin
Jackie Morris	Cheryl Mitchell	Jackie Morris	
Shirley Mann	Carole Rapp	Cheryl Mitchell	
Maurice Jones	Roseanne Matheson	Carole Ferryman	
	Sherpas for Saturday	Raffle Table	Clean up
	(kids or grandkids)	Rita Marshall	Lead: Nancy Gelin
			Maurice Jones

BC Council of Garden Clubs 2011 AGM Report

This was another well-attended and very interesting, fun BC Council of Garden Club meeting. There were 55 clubs represented, out of a total membership of 171 clubs. The reports and AGM business was conducted first, followed by speakers and lunch. I've been elected to the BC Scholarship Fund group as a Trustee to assist with awarding scholarships, paid out of the investment income on the capital invested at Vancity Credit Union. Unfortunately Vancity has been unable, to date, to advise the amount of investment income for calendar year 2010 (apparently due to combining accounting systems and computer upgrades, and temporary inability to reconcile new records to the historic legacy system). Once the figures are known, the Scholarship Fund Trustees can work with those funds in determining award amounts and recipients. Our 1st planning meeting is scheduled in early April. The investment capital of \$150,000 generates income each year; the income only is awarded as scholarships, in order to keep the fund on-going in perpetuity.

The speakers at this meeting were entertaining, exciting and informative as always. First up was Ted Cathcart, Facilities Manager, from the YWCA downtown building and the YWCA Community Garden. Who knew the building on Hornby Street had a fabulous food-producing garden? News to many of us! Rooftop construction began on this 5 storey building in 2006. Green roofs have many benefits, including prevention of UV damage to the roof, providing a heat sink and maintaining energy within the building during the winter. During their first growing season in 2006, 150 kg of produce was harvested. Crabtree Corner, a YWCA-run family resource centre for women and their families in the downtown eastside, receive all the produce from the garden. Food is harvested at 9 AM Tuesdays and eaten at lunch time at Crabtree Corner, delivered by bicycle. The last harvest was on November 11. There is no light (buildings blocking light) from November to February. The garden receives lots of reflective light during spring and summer months and is staffed with many volunteers who have taken some training. The garden has developed a feeling of community, and has held BBQs and picnics. In second growing season, 2007, 450 kg was produced, including basil, spinach, lettuce, small carrots, beets, tomatoes. In 2008, 450 kg again was produced (had some crow damage and other considerations which temporarily prevented an increase in the harvest). In 2009, 560 kg was produced and in 2010, 685 kg was produced. They are on track for over a TON (literally) of harvest for 2011. They have built cold frames to extend the season and are also growing vertically, to expand the space i.e. trellis for raspberries. All this in 2000 square feet growing area that had 6 inches of sand as growing medium – to which they've added compost and mushroom manure – all brought up

through the elevator. Although not certified organic, they are mainly practicing organically. Bedding is 1/3 dairy bedding and 2/3 composted mushroom manure. Bird habitat has been designed around the edges of the garden. Hoop houses provide shelter for early crops and also for protection from crows. All plants are now grown from seed – a lesson learned from disease imported through donated plants, which are no longer accepted. This garden has fruit trees also – peaches, plums, pears, apples. I caught a few variety names, Cherry (Stella and Ranec); Peach (Frost); Plum (Yellow Egg and Stanley); Asian Pears. They came to the garden as 3 year old wood and have had their first full winter; all are healthy and now in-bud. Early crop flowers are being grown for mason bees. The YWCA garden does not have its own hives, but the bees from the Vanc Convention Centre come to visit – they love the oregano! The original annual garden budget of \$3,000 is generally un-used and given back to the YWCA each year due to many donations. i.e. UBC donating irrigation, Gardenworks with soil, etc.

There are research and teaching opportunities at the garden for those interested, so please contact Ted to become involved. You could volunteer as content experts, mentors or put on workshops. They would like to do winter gardening and need volunteers for this effort. The garden is open to the general public from 8 to 8 Monday to Friday or weekends by invitation or pre-arranged tours for garden clubs.

Our second speaker was Emily Johnstone from the Edible Garden Project. The EGP began in 2006, operates out of the North Shore Neighbourhood House, currently maintains 7 gardens on the North Shore and offers about 20 workshops/year on a variety of topics for a low \$5 fee. In the year 2010, 800 lbs of homegrown produce was distributed from the gardens. Queen Mary School, the second community garden on the North Shore, has 58 plots with four used by the school and students. This garden was designed, built and paid for by the District. There are plans for beginning edible perennial garden i.e. rhubarb, asparagus, etc. The bee hives in the garden produced 400 lbs of honey in the first year, half of which was donated to the school and sold as fund-raiser. The school received \$1,000 from the 200 lbs they sold! There has never been a bee sting or incident at the site. Heather has enjoyed eating student grown salad with 60 elementary school kids. Another EGP project is the Community Orchard on a city right of way in North Vanc, size approximately 20 ft wide and 120 ft length. Volunteers designed the site, removed invasive species and planted apple, fig, kiwis, blueberries, asparagus and cranberries. This was all started thru the idea of a neighbor who thought the land could be put to better

use than a vacant area growing invasive species! *Look around you – what can you get started?!* EGP has plans for an allotment garden to be constructed this spring; there is a parking garage underneath which is being checked for structural soundness. EcoSoils of Surrey will provide the rooftop gardening soil mix. The

EGP project, Loutet Farm, North Vancouver's first urban farm, will have an April 30 launch celebration-mark your calendars and check the EGP website for further details at <http://www.ediblegardenproject.com/>.

-submitted by Judith Brook

Plant of the Month

Anemonella thalictroides
Rue Anemone

Anemonella thalictroides is a lovely little woodland perennial. Its reddish stems rise from the tuberous root in late winter – the leaves gradually turn green and are topped by small white flowers, about .75” across. It matures as a 6-8” wide and tall clump. If the conditions are right Rue Anemone will bloom until it warms up at the beginning of June when it will go dormant. It prefers constantly moist, humusy, well drained soil in part shade. If the tuber dries out the flower will stop and the plant will go dormant early.



Cari Winebery is looking for rental housing – main floor suite or small house – if you know of anything in Lynn Valley

A Wayside Garden

*Going to town, I pass each day,
A beautiful garden on my way,
All decked with flowers of every hue,
Where hummingbirds pause, and butterflies too.*



*I passed today, just after a shower
It seemed as if God had touched each flower.
And given them yet a brighter hue
Framed by a sky of heavenly blue.
To enhance the delightful colour there.
And brighten the day by its beauty rare.*

*For the little flowers are there to show
The pleasure in making a garden grow
What loving hands and tender care
Can yield from soil, that once was bare.
And the flowers in turn, pass joy along.
To cheer the hearts of the passing throng.*



author unknown
probably written about 1932
published in a Vancouver daily paper
submitted by Muriel van Laar

Maundy Thursday

Are you wondering why our Club is meeting a week earlier this month. It's because the Church uses its hall for Maundy Thursday observances.

Maundy Thursday is a Christian observance in Canada. The day, also known as Holy Thursday, occurs during Holy Week and falls on the Thursday before Good Friday. It commemorates Jesus Christ's last supper and the initiation of the Eucharist, which is observed in many Christian churches.

The Maundy Thursday celebrations in the United Kingdom today involve the Monarch (since 1952, Queen Elizabeth II) offering "alms" to deserving senior citizens (one man and one woman for each year of the sovereign's age). These coins, known as Maundy money or Royal Maundy, are distributed in red and white purses. This custom dates back to King Edward I. The red purse contains regular currency and is given in place of food and clothing. The white purse contains currency in the amount of one penny for each year of the Sovereign's age. Since 1822, rather than ordinary money, the Sovereign gives out Maundy coins.[40] which are specially minted 1, 2, 3 and 4 penny pieces, and are legal tender. The service at which this takes place rotates around English and Welsh churches, though in 2008 it took place for the first time in Northern Ireland at Armagh Cathedral. Until the death of King James II, the Monarch would also wash the feet of the selected poor people. There is an old sketch, done from life, of Queen Elizabeth I washing people's feet on Maundy Thursday.

submitted by Rosemarie Adams



Did You Know...

Lynn Valley's gardening history goes back to the 1860s settlers in the area, involved in the prospering lumber industry, who had to be largely self-sufficient to keep their families fed.

In 1911 North Vancouver held its first Horticultural Show, with support from North Vancouver Council. After World War 1 the timber trade declined, and a small fruit industry developed. Raspberries were a popular fruit to grow, much of it being shipped to Vancouver. The depression hit Lynn Valley settlers as much as elsewhere and in March 1930 the Lynn Valley and District School Garden committee devised a scheme to encourage homeowners to grow vegetables as well as flowers to provide more food for families. School children were given free packets of seeds to grow in their gardens, to compete against their parents in producing the biggest and best result.

In those years the supply of food was a priority for all, and Lynn Valley gardeners formed a garden club in 1943, which continued actively for almost 40 years, holding parlour shows, featuring contests for best vegetables and the prettiest flowers. In those days plant sales would raise a grand total of \$20.

However, in February of 1980 Mollie Nye, an active member of the club, whose family were pioneers in Lynn Valley, handed records over to the District Hall with a notation that the Lynn Valley Garden Club had been disbanded because of "diminishing membership, and the advancing age and decreasing energy of those who remained".

Fortunately in the late eighties, the Club was revived, and continues actively to this date, we usually have a waiting list for members. We have an annual plant sale each year, which is eagerly looked forward to by local residents, who know they can stock up on flowers, vegetables, and shrubs at bargain prices, (some of which are from heritage plants of those original settlers). When the homestead property on which Mollie Nye and her family lived was developed some years ago, the original house was preserved (and moved along the street) and many of the old original plants in her garden were dug up by our Club members, and subsequently replanted in the new location.

Some of the early members of the original Club are still active members of the present day Club.

submitted by Rosemarie Adams

Brian Minter is on CBC Radio 1 every other Thursday from 12:30 - 1:00 p.m. On April 14, he will have Sir Raymond Evison on the show. www.raymondevisonclematis.com

ABOUT TOWN

April 16 – **Vancouver Chrysanthemum sale** - sale of rooted chrysanthemum cuttings from 9 a.m. to noon. VanDusen Botanical Garden, lecture room.

April 18 – **Berries: New and Old Varieties to Grow** - 12 pm to 1 pm UBC Botanical Garden, \$5. with Tom Baumann (604) 822-3928

April 20 – **Vancouver Collectors' Plant Auction.** UBC Botanical Garden, \$150 - a major fundraiser for the UBC Botanical Garden (604) 822-3928

April 30 – **West Vancouver Garden Club's Plant Sale** - 9 am to 1 pm, St. David's United Church, 1525 Taylor Way.

April 30 – **Park & Tilford Garden's Spring Plant Sale** - 9 a.m. to 2 p.m, cash only.

Sunday, May 1 - **VanDusen Plant Sale** - 10-4

Sunday, May 1 - **Burnaby Rhododendron Festival** - 9-4 – Shadbolt Centre, 6450 Deer Lake Ave., Bby

May 1 – **Vancouver Rhododendron Society Show and Sale** - 10-3, Park & Tilford Gardens,

Saturday May 7 - **A Growing Affair** - 10am – 4pm at UBC Botanical Gardens, an updated event with plant sales and hands on workshops – 604-822-4529

May 7 – **Alpine Garden Club of B.C.'s Annual Spring Show** - free admission, 1-4 p.m. at St. David's United Church Hall, www.agc-bc.ca

May 7 – **South Surrey South Surrey Garden Club's Plant Sale** - 9 a.m. to noon, St. Mark's Church, 12953 20th Ave, Surrey. 604-597-3010.

May 7 – **Dogwood Garden Club's Annual Plant Sale** - free admission. 9 a.m. to 2 p.m. Centennial Room at the Dogwood Pavilion, 624 Poirier Street. Contact Shelley at 604-936-0874

May 7-8 – **Scandinavian Centre Plant Sale** - 10 a.m. to 3 p.m. 6540 Thomas Street, Burnaby. Info at 604-294-2777

May 14 – **Poco Garden Club plant sale** - 10am-1pm. Trinity United Church, Prairie and Shaughnessy.